

Products that DO NOT contain MILK PRODUCTS or LACTOSE

Dear Customer,

This is a list of M&S products that do not contain milk products or lactose as ingredients and these foods have been produced under controlled conditions to prevent cross contamination with these allergens.

This list of products has been divided into different food categories (such as bakery, meals and groceries) to make it easier to navigate through our ranges. This list does not contain categories such as basic fruit and vegetables, as these are the unprocessed raw products, or foods served at our fresh counters or and cafes due to the risk of cross contamination. Any of our M&S staff will be able to help you find products from this list in our stores.

Products on this list will not contain any ingredients containing or derived from milk or dairy products which includes milk, butter (butter fat and butter oil), margarine, yogurt, cream, milk powder, cheese, custard, sour cream and hydrolysed milk proteins.

These lists are updated on a monthly basis to capture new products and recipe changes. You can request a new list directly from nutrition@marksandspencer.com or download your own copy from www.marksandspencer.com/health

About Our Allergen Labelling

To help our customers identify whether a product is suitable for their diet, we label the following allergens on food and drink products:

Celery, crustaceans, eggs, gluten, fish, lupin, milk, molluscs, mustard, nuts (includes peanuts), sesame, soya, sulphites and yeast.

If any of the above allergens are present in our products as ingredients they will be found in **bold** in the ingredients list.



INGREDIENTS Chicken Breast (87%) · Onions · Single Cream (**Milk**) (18%) · Tomato Paste · Rapeseed Oil · Yogurt (**Milk**) · Low Fat Yogurt (**Milk**) · Unsalted Butter (**Milk**) · Ginger Puree · Lemon Juice · Cornflour · Salt · Garlic Puree · Coriander · Honey · Ground Coriander · Ground Cumin · Black Cardamom · Ground Black Pepper · Colour: Paprika Extract · Ground Turmeric · Ground Green Cardamom · Ground Mace · Whole Cumin Seeds · Chilli Powder · Ground Cinnamon · Paprika · Ground Ginger · Ground Fennel Seeds · Ground Cloves · Ground Nutmeg · Ground Bay Leaves · Chilli Extract.

For **allergens** see ingredients in **bold**.

Not suitable for **Nut** allergy sufferers due to manufacturing methods.

Where there is a risk of cross contamination with any of these allergens an additional statement will appear in the blue box stating 'Not suitable for X allergy sufferers due to manufacturing methods'. It is important that our customers take notice of these warning statements as a detailed risk assessment has been carried out before adding this statement.

It is best to always check the ingredients list before purchasing to help identify whether foods are suitable for your diet.

Further information

For further information or to request another list please get in touch directly at nutrition@marksandspencer.com or speak to our Customer Services team on 0845 302 1234.

For more information about allergies and intolerances please visit our health website www.marksandspencer.com/health

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Product	Product Code	Product	Product Code
Ambient Celebration F33A		Pear Christmas Trees	223980
Beer And Glass Gift	43885	Poisonous Scorpions	936750
Bucks Fizz Bears - Valentines Pick & Mix Love Sweets - Customise Boxes Of Sweets X10	290814	Prosecco Jellies	884082
Chewy Fruit Drops Tin - Sicilian Lemon, Spanish Peach, Italian Blood Orange	378345	Prosecco Jellies Cube - Presecco, Peach Bellini, Raspberry Bellini	378222
Christmas Prosecco Jelly Stars	289641	Sparkling Cocktail Collection	53785
Cider And Glass Gift	996600	Spook 'ems	730563
Classic Recipe 6 Months Matured Alcohol Free Christmas Pudding	994873	Spooky Ghosts & Vampire Bats	168298
Classic Recipe 6 Months Matured Christmas Pudding	686792	Spooky Ghosts And Vampire Bats	939386
Classic Recipe 6 Months Matured Christmas Pudding	421577	Spring Fruit Jellies	71246
Classic Recipe 6 Months Matured Christmas Pudding	421799	Summer Nougat - Lemon & Poppy Seed, Pistachio & Rose, Pistachio & Cashew, Turkish Apricot	378239
Classic Recipe 6 Months Matured Christmas Pudding	639071	Super Scary Fizzy Spiders	158732
Classic Recipe Gluten & Dairy Free Christmas Pudding	335591	Sweetie Selection Games Box	197076
Create Your Own Cranberry Vodka	280648	Teas Of The World	53822
Easter Jellies (carrots & Bunny's)	950596	The Collection Gluten Free Extremely Fruity Christmas Pudding	828147
Egg Hunt Activity Box	304184	Tropical Fish - Valentines Pick & Mix Love Sweets	290289
Extremely Fruity Gluten Free Christmas Pudding	49795	Turkish Delight	793063
Foam Bananas - Valentines Pick & Mix Love Sweets - Customise Boxes Of Sweets	290623	Turkish Delight In Wooden Gift Box	379779
Gold Gin And Tonic Cocktail Gift	280532	Union Jack Tea Caddy	235884
Handmade Nougat Egg	307468	Bakery F09A	
Italian Panforte	51262	10" Tortilla Wrap	241908
Jelly Fruits	564946	12 Small White Pittas	247245
Liquorice Allsorts	395397	12 Small Wholemeal Pittas	491044
Made Without Chocolates	291231	2 Gluten Free Teacakes	814744
Marzipan Spring Fruits	71192	2 Half Ciabatta	678773
Mini Wine Duo And Glasses Gift	940351	4 Banana & Honey Cakes	782548
Paddington Pals	197212	4 Ciabatta Rolls	423946
Paddington Treats In Printed Message Pouch	197373	4 Crusty White Morning Rolls	115940
		4 Green Olive Ciabatta Rolls	392990
		4 Hot Cross Buns	18593
		4 Panini	168144
		4 Seeded	964883

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Product	Product Code	Product	Product Code
5 Cinnamon & Raisin Bagels	286879	Kalamata Olive And Poppy Seed	64972
5 Mediterranean Wraps	392631	Little White Loaf	828062
5 Plain Bagels	192927	Made Without Brown Bloomer Slices	944175
5 Sesame Bagels	401470	Made Without Sliced White Boule	944182
5 Wholemeal Bagels	723893	Made Without Wheat Sourdough Thins	347099
50% Grainy Bloomer Slices	711548	Made Without Wheat Super Seeded Thins	346931
6 Beetroot Wraps	412858	Millers Loaf	90414
6 Half & Half ? Mini Wraps	964913	Mulled Wine Fruit Loaf	852814
6 Mediterranean Pitta	392167	Multi Seed Bloomer Slices	239219
6 Oat, Cranberry & Honey Pancakes	82334	Oaty Bloomer Slices	711562
6 Spinach Wraps	412872	Oaty Farmhouse 800g	162838
6 Super Soft White Baps	519083	Part Baked 4 Malted Grain Rolls	904254
6 Ultimate 5 Grain Crumpets	168069	Part Baked 6 Petit Pains	560139
6 Ultimate Crumpets	18166	Part Baked Seeded Baguettes	904315
7 Seeds & Grains Tortilla	964890	Part Baked White Half Baguettes	560115
Apple And Sultana Loaf	250962	Pizza Bases X 2	973731
Baguette	973786	Rosemary & Sea Salt Focaccia	982221
Banana & Blueberry Loaf Cake	330855	Sea Salt & Rosemary Focaccia	27120
Berry - Blueberry, Cranberry & Oat	964906	Seeded Pitta- Linseed, Sunflower & Chia	964920
Brown Rolls	731478	Sticky Tennessee Bbq Tear & Share	90445
Brown Seeded Loaf	731492	Sultana & Rye Sourdough	64965
Ciabatta	565370	Super Soft White And Seeded Twin Pack	785839
Ciabatta	973755	Super Soft White Medium Sliced 800g	358910
Crumpets	814720	Super Soft White Thick Sliced 800g	405799
Crusty White (400g)	299947	Super Soft Wholemeal Medium Sliced 800g	515221
Gap Fill Brown Supersoft Squares	930116	Super Soft Wholemeal Thick Sliced 800g	140164
Gap Fill Crustless Supersoft White	898799	Supersoft Half & Half (tm) Medium Sliced (800g)	964814
Gap Fill Crustless Supersoft White With Wholegrain	898805	Tea Cakes X 2	973779
Gap Fill Square White Wraps	911849	Thatcher's Loaf	90346
Gap Fill White Supersoft Squares	930130	White Loaf	731515
Ginger Cake	295420		
Gluten Free Fruit Bread	892643		
Green Olive Ciabatta Rolls X 2	973762		
Happy Birthday Candles	780957		
Hot Cross Loaf	448406		

Beers & Spirits F21A

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Product	Product Code	Product	Product Code
1 Litre 3 Year Old Brandy	655941	Cider In Can 4 X 440ml	679466
2 Hot Buttered Rums	891134	Cider In Can 440mls	679473
20cl 3 Year Old Brandy	655965	Citrus Vodka (boudier)	810975
20cl Spirit Of London Gin	888950	Classic English Single Malt 20cl	61612
31 Hop Ipa	89296	Classic English Single Malt Whisky	939768
4% Good Tier Lager 4 X 440ml Can	712170	Coconut And Banana Liqueur	89395
5 Hop Lager	54966	Coconut And Lime Rum	89401
70cl 3 Year Old Brandy	655958	Coffee Liqueur 35cl	886420
9 Hops Kent Pale Ale	24594	Cornish Cloudy Farmhouse Cider	24617
American Coconut Ipa	89432	Cornish Ipa Multipack Carrier X6	34135
American India Pale Ale	89289	Cucumber Martini	32704
American Pale (can)	893152	Czech Lager	691031
American Pale Ale	89357	Dabinett Single Varietal Cider	785815
Ash Brook Red Lager	39857	Devon Farmhouse Cider	861144
Battersea Rye	24662	Devon Farmhouse Cider With Elderflower Infusion	24648
Belgian Cherry Wheat Beer	679442	Devon Farmhouse Cider With Raspberry	24518
Belgian Lager Can 4 X 500ml	230773	Double Hopped Citra Ipa	39833
Belgian Lager Single Can	478984	Elderflower Liqueur 35cl	886390
Belgian Wheat Beer	679558	Espresso Martini	937986
Berry Liqueur	24525	Fenland Single Variety British Hop Sovereign Golden Ale	982931
Black Forest Gateaux Liqueur	50401	Ferrand Caribbean Plantation Xo Rum	905282
Black Ipa 330ml	50302	Ferrand Guatemalan Plantation Gran Reserva Rum	905275
Blackberry And Gin Fizz	938013	Five Hop Lager	24655
Bottle Conditioned Cornish Pale Ale	39888	Garden Pea And Mint Vodka	32674
Bottle Conditioned Cotswold Pale Ale	39802	Gift Box - Top Tier London Dry Gin	812542
Breton Cider	679534	Gin Selection	991117
Bristol Single Variety American Hop Simcoe Pale Ale	89364	Ginger Ale	740012
British Clipper Ipa	24600	Ginger Wine (boudier)	891530
Cassis De Dijon 35cl	886413	Gingerbread Rum (boudier)	895750
Cherry Brandy 35cl	886444	Glengoyne Single Malt Whisky	743822
Cheshire Chocolate Porter	679459	Good Tier Vodka 70cl	743891
Chocolate Opal	993067	Good/entry Gin - 70cl	743884
Christmas Cake Liqueur	993012	Greenwich Black Ipa	939676
Christmas Mince Pie Martini	50432		

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Product	Product Code	Product	Product Code
Greenwich British Single Variety Hop Boadicea Golden Ale	24624	Non Duty Stamped - Mid Tier London Dry Gin 1 Litre	810883
Hazerdine Orchard Vintage Cider	964258	Non Duty Stamped - Mid Tier Vodka 1 Litre	810937
Hot Chocolate Chilli Vodka	937993	Norfolk Bitter	561105
Inverglan Select Reserve Blended Scotch Malt Whisky Aged 12 Years	12720	Northumberland Single Variety American Hop Summit Ipa	94863
Irish Stout	407274	Nottinghamshire Single Variety British Hop Cascade Pale Ale	983389
Island Hopper Pale Ale	24532	Orange & Brandy Liqueur 35cl	886437
Island Hopper Pale Ale	54942	Passion Fruit Liqueur - 20%	922586
Italian Lager 4 X 330mls	680622	Pomegranate Liqueur -24%	922593
Italian Lager 50cl	430487	Raspberry Vodka	743853
Kenmore 1l	291514	Rhubarb Vodka	898089
Kenmore 20cl	291521	Scottish Lager	47418
Kenmore 70cl	386159	Six Isles Blended Malt Whisky	61650
Kenmore Whisky All Year Round Gift	682350	Sloe Gin	743846
London Porter	679480	Smoked Ruby	50395
Low Alcohol Czech Lager	918022	Somerset Oak Matured Vintage Cider	679541
Lowland Glen Amber	39864	Somerset Traditional Cider	679435
M&s Dark Rum	683418	Sorachi Saison	39871
M&s White Rum	683401	Southwold 2.7% Low Alcohol Beer	918077
Maritime Salted Caramel Porter	50333	Southwold Blonde Beer	861274
Marks & Spencer Brandy	642545	Southwold British Vodka In Gift Tube	891561
Marks & Spencer Whisky	642521	Southwold Christmas Ale	50357
Mid Tier Gin - 1 Litre	743921	Southwold Summer Ipa	805049
Mid Tier Gin - 20cl	743914	Southwold Winter Ipa	740036
Mid Tier Gin - 70cl	743938	Speyside 12 Year Old Single Malt	812498
Mid Tier Vodka 1 Litre	743945	Spiced Clementine Gin	50340
Mid Tier Vodka 20cl	743952	Staffordshire Ipa	407243
Mid Tier Vodka 70cl	743969	Suffolk Bitter	39840
Mint And Cucumber Gin	971959	Suffolk Single Variety British Hop Jester Ipa	24563
Monnet Cognac Barrel Aged Greenwich Ale	50258	Summer Cup	24549
Monnet Cognac Selection 3 X 5cle 40% Vol Monnet Vs Monnet Vsop Monnet Xo	42239	Sussex Bitter	561082
Monnet Cognac Vsop	477222	Think Pink Gin	743877
Mosaic Pale Ale	971782	Toffee Vodka (boudier)	810968

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Product	Product Code	Product	Product Code
Top Tier London Dry Gin	743990	British Southern Fried Chicken Drumsticks And Thighs	306690
Vermouth	971911		
Vintage Pear Cider	708456	Confectionery F13A	
Vodka Selection Pack	942836	American Hard Gums	50692
Warwickshire Amber Ale	39819	Assorted Fruit Sherbet	158039
Welsh Golden Ale	918053	British Pudding Sweets	28592
White Ipa	50296	Carnival Fire Crackers -	877008
Xo Monnet Cognac	50272	Cherry Jellies	88855
Yorkshire Bitter	561051	Chewy Fruits	992718
Yorkshire Golden Ale	24679	Chewy Mints	50722
Yorkshire Red	39796	Clear Fruits	808385
Biscuits F10A		Coconut Mushrooms	88725
8 Meringue Nests	393027	Coconut Mushrooms - 2 For ?1	812054
Apple & Strawberry Oat Bar	23993	Cola Bottles Cup	88718
Banana & Vanilla Oat Bar	24020	Curiously Strong Gum	901765
Belgian Dark Chocolate Rice Cakes	348171	Curiously Strong Mints	11501
Charcoal Biscuits	137966	Curiously Strong Mints Roll Pack	906562
Corn & Ancho Chilli Flatbread	845601	Dark Chocolate Bar With Mint Crunch	100519
High Bake Water Biscuits	701655	Dolly Mixtures	88749
Mini Coconut Macaroons	939096	Dolly Mixtures - 2 For ?1	812047
Mini Meringues	399777	Eat Well Cashew Nuts (tillpoint)	500128
Multiseed Wholegrain Flatbreads	139656	Firecrackers	397384
Pecan, Apricot & Peach Bar	401562	Fizzy Cola Bottles	89470
Rich Tea Biscuits	741316	Fizzy Fruit Slices	88831
Speciality Italian Hand-crafted Flatbreads	629386	Fizzy Pop Sweets	29551
Speciality Italian Hand-crafted Olive Flatbreads	629393	Foam Bananas & Monkeys	88701
Sweet Chilli, Pumpkin And Sesame Flatbreads	138581	Foam Bananas - 2 For ?1	812115
Sweet Potato And Orange	24044	Foam Lobsters	88824
Teething Ring Biscuit - Apple & Blueberry	24006	Foam Shrimps - 2 For ?1	812153
Teething Ring Biscuits - Raspberry & Mango	24013	Fruit Gums	375634
Unsalted Whole Grain Rice Cakes	363150	Fruit Gums	784382
Coated Protein & Fish F62C		Fruit Pastilles	784504
		Fruit Pastilles	375801
		Fruit Slices Cup	88695
		Fruity Jelly Beans	88763

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Product	Product Code	Product	Product Code
Gelatine Free Veggie Phizzy Wands	929097	Sugar Free Curiously Strong Mints	75060
Glacier Fruits	940849	Sugar Free Fruit Gums	20817
Glacier Mints	940832	Sugar Free Lemon & Strawberry Sherbets	23191
Jelly Babies	687010	Sugar Free Orange & Lemon Fruit Drops - Box	539517
Jelly Belly Sours	673389	Sugar Free Wine Gums	75077
Large Dark Chocolate Bar	974677	Super Sour Pastilles	992657
Lemon Mint Gum	901758	Super Sour Pastilles	896924
Lemon Sherbert Squares	88800	Terrance Turtles	439657
Liquorice Allsorts	786096	Tropical Fish	88862
Liquorice Catherine Wheels	29568	Tropical Fish Cup	88879
Made Without Dark Chocolate With Cocoa Nibs	101042	Veggie Fruit Gums	992640
Made Without Dark Chocolate With Orange Sugar Crunch	99974	Veggie Fruit Pastilles	992633
Mango And Lime Sugar Free Gums	75053	Veggie Gelatine Free Percy In A Twist	992725
Marshmallow Faces	89791	Veggie Wine Gums	992701
Marshmallows	471824	Wine Gums	784498
Midget Gems	88794	Wine Gums	375566
Midget Gems - 2 For ?1	812085	Wobbly Worms	886758
Mint Imperials	318518	Wobbly Worms - 2 For ?1	812160
Mixed Up Meerkats	89784	Cook F05C	
Mocktail Jellies	397360	Cajun Chicken	661461
Mocktail Jellies	87698	Chicken With A Honey, Soy And Ginger Glaze	815529
Peppermint Gum	673068	Leg Of Lamb With Wildflower Honey & Garlic Glaze	802826
Percy Pig Pen	992688	Moroccan Style Cod Stew	689427
Percys Pig Pen	929080	Scottish Lochmuir Salmon Fishcakes	524360
Pontefract Cakes	29582	Thai Style Fishcakes	534338
Red And Black Gums	50685	Trad Veg	482042
Reds & Blacks Sweet Suits	88688	Dairy F06C	
Rhubarb & Custards - 2 For ?1	812122	Almond Drink	996242
Sherbet Lemons - 2 For ?1	812146	Avocado Spread	328920
Soft Liquorice	678582	Coconut Cream	328937
Spearmint Gum	673051	Coconut Drink	972666
Spearmint Sugar Free Gum - (cup)	75084	Cornish Cove Snowflake	252430
Strawberry Laces	964012		
Strawberry Lances	964043		
Sugar Free Clear Mints	539494		

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Product	Product Code	Product	Product Code
Dairy Free Low Fat Sunflower Spread	565028	14 Month Matured Parma Ham (2)	547062
Oat Drink	972321	16 Mini Snack Eggs	465649
Plain Soya Pot	329149	16 Pigs In Blankets	39277
Raspberry Soya Pots	89593	18 Indian Style Snack Selection	309431
Rice Milk	972314	2 Boneless Roast Chicken Breast Fillets	253734
Soya Drink	869232	2 Ew Skinless Chicken Breast Fillets	607940
Sunflower Spread - 500g	338370	2 Mini Melton Mowbray Pork Pies	182355
Supergrain Drink	329217	2 Poached Salmon Fillets	547680
Vanilla Soya Pots	328951	2 Pork & Pickle Pies	332644
Delicatessen F04C		2 Pork Pies	196000
1 Boneless Roast Chicken Breast Fillet	258401	2 Roast Chicken Legs	650403
1 Roast Chicken Breast Portion	651301	24 Gefilte Fish Balls	974738
10 Crispy Breaded Tiger Prawns	953993	24 Mini Melton Mowbray Pork Pies	398541
10 Haggis, Neeps & Tatties	62534	24 Month Matured Prosciutto	302753
10 Handmade Tiger Prawn And Asparagus Crispy Balls	892490	24 Month Matured Special Reserve Parma Ham (With Consorzio Logo)	377744
10 Mini Buckets Of Southern Fried Chicken Chunks & Fries	62589	24 Sticky Asian Chicken Lollipops	973465
10 Sticky Chicken Yakitori Kebabs	906494	3 Antipasto Toscano Selection	791281
12 Cranberry And Port Pork Pies	66495	3 Italian Salami Selection	421287
12 Garlic And Coriander Filled Butterfly Prawns	819572	4 Boneless Roast Chicken Breast Fillets	255110
12 Handmade Prawn Toast Selection	944137	4 Chicken And Chorizo Empanadas	667180
12 Handmade Tiger Prawn Lollipops On Sugar Cane	821353	4 Mexican Chilli Beef Empanadas	712668
12 Handmade Tiger Prawn Selection	669993	4 Roast Chicken Breast Portions	567633
12 Handmade Vegetable Spring Roll Selection	670005	4 Spanish Chorizo Sausages	664967
12 Oriental Inspired Chicken Wing Lollipops	820431	50 Cocktail Sausages	228169
12 Oriental Vegetable Selection With A Thai Chilli Dip	570893	6 German Smoked Frankfurters	676786
12 Pack Mini Eggs Ri	273909	6 Handcrafted Stuffed Vine Leaves	231961
12 Red And Green Thai Crispy Dim Sum Prawn And Fish Selection	785099	6 Melton Mowbray Pork Pies	464345
12 Steamed Dim Sum Selection	820462	6 Mini Pork Pies	175579
14 Month Matured Parma Ham	236072	6 Onion Bhajis Child Spec	624725
		8 Falafels	352574
		8 Handmade Large Wrapped Tiger Prawns	774079
		9 Mini Cranberry & Port Topped Pies	66365

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Product	Product Code	Product	Product Code
Ancho Chilli Wings	975445	Chargrilled Calamari With Lime, Chilli & Mint	975551
Arbroath Smoked Loch Etive Trout	610995	Chargrilled Chicken Mini Fillets	138192
Asian Kebabs	975421	Chargrilled Madagascan Prawns	892223
Asian Style Sticky Chicken Kebabs	922838	Chargrilled Olives And Peppers	716550
Avocado Mayonnaise Child Spec	549912	Chargrilled Sweet And Smoky King Prawns	926249
Barbecue Roast Chicken Drumsticks	712477	Chargrilled Sweet And Smoky King Prawns 140g	981682
Bbq Chicken Kebabs	547666	Chargrilled Tandoori Style King Prawns	856003
Bbq Relish Child Spec	549936	Chicken Mini Fillets And A Sweet Chilli Dip	798303
Black Tiger Prawns	722971	Chicken Wing And Drumstick Platter	873680
Breaded Yorkshire Ham	865302	Chicken Wing Platter	973458
Bresaola	583060	Chicken, Bacon & Sweetcorn	205504
Brit Roast Wiltshire Ham	373913	Chilli & Coriander Prawns	709644
British Air Dried Cumbrian Style Ham	27007	Chilli & Corriander Honduran Prawns	236089
British Cumberland Style Salami	27274	Chilli Olives	864411
British Honey Roast Ham	610452	Chinese Chicken Drums	975438
British Outdoor Bred Mini Roast Ham	374545	Chinese Chicken Wings	386821
British Outdoor Bred Ready To Eat Honey And Mustard Glazed Ham	415545	Chorizo	516303
British Outdoor Bred Ready To Eat Sweetcure Ham	374552	Christmas Party Crudite Selection	244985
British Outdoor Bred Ready To Eat Wiltshire Cured Ham	528016	Christmas Pudding Pork Pie	66358
British Pigs In Blankets	197670	Chunky Layered Morrocan Style Houmous	465182
British Pulled Ham Hock	975162	Co Chicken Wing And Drum Pack	476256
Butternut And Chilli Harissa Dip	674591	Co Honduran King Prawn Platter	720731
C/o Antipasti Platter 480g	818193	Continental Meat Platter	640862
Caramelised Onion & Potato Tortilla	464383	Cook With M&s Tapas Spanish Chorizo	922883
Caramelised Onion Chutney Pork Pies	975360	Cranberry & Orange Hot Smoked Salmon	892230
Caramelsied Onion Houmous	862356	Cranberry Topped Pork Pie	181730
Cfto Whisky Gold Smoked Salmon Side	893022	Culatello Di Parma	61636
Chargrilled Calamari	798211	Cured Lattice Topped Slicing Pie	552547
Chargrilled Calamari Rings	804677	Danish Chopped Ham	259200
Chargrilled Calamari Rings	715959	Dip Selection - Stacker Pack	547116
Chargrilled Calamari Rings	981699		

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Dip To Share Houmous And Chilli And Herb	712484	Honey Roast Salmon Flakes	273664
Ew Prawn Cocktail	759397	Honey Roast Salmon Slices	437622
Extra Large Cured Pork Pie	574860	Hot & Spicy Sliced Chicken	421256
Extra Lean Corned Beef	312547	Hot And Spicy Chicken Wings	386838
Extra Lean Ham	256353	Hot Smoked Salmon & Prawn Slices	892247
Extra Lean Ham 25 Slices	610469	Hot Smoked Rainbow Trout	845328
Fiery Tomato Salsa	922760	Hot Smoked Salmon Selection Pack	454117
Food To Ordersliced Mexican Chilli And Chargrilled Chicken Platter	720465	Hot Smoked Salmon Slices	378154
Free Range Egg Mayonnaise Deli Filler 220g	728959	Hot Smoked Trout Small	464802
Frozen Oriental Prawn Selection	570183	Houmous 200g	607537
Fto 100 Cocktail Sausages	429603	Houmous 300g	234474
Fto Antipasti Selection From Our Special Reserva	860277	Houmous Eu	876247
Fto Bbq Wing & Drum Platter	942669	Houmous Selection Pack	862387
Fto Bresaola	860239	Ib?rico Ham. Jam?n De Cebo Ib?rico (50% Raza Ib?rica)	27304
Fto Parma Ham	864053	Indian-style Snack Selection	398428
Fto Sept - Mini Pork Pie Slices	818124	Indonesian Black Tiger Prawns With Orkney Crab Claws And Mango & Chilli Jam	716031
Game Pie	574877	International - 2 Roast Chicken Legs	887656
Game Pie	892773	Irish Breaded Ham	610438
Gap - Perfect Roast Duck	865548	Irish Extra Lean Ham	256353
Garlic & Parsley Honduran King Prawns 90g Promo Pack	682220	Irish Extra Lean Ham 25 Slice	610469
Garlic Sausage	265911	Irish Ham	610445
Gefilte Fishballs	441087	Irish Honey Coated Ham	610452
German Peppered Salami	716505	Italian Antipasto Tasting Selection	713023
Grilled Chorizo And Peppers	712811	Italian Antipasto Delicatessen Selection	585873
Guacamole	835848	Italian Antipasto Special Reserve Selection	790901
Honduran King Prawns	778886	Italian Cooked Ham	665162
Honduran King Prawns With A Basil Pesto Dressing	376150	Italian Cooked Meat Selection	863094
Honduran King Prawns With A Lemon Drizzle & Chragrilled Asparagus	25157	Italian Cooked Meat Selection	883900
Honey & Tequila Prawns	975599	Italian Diced Pancetta	571944
Honey Roast Ham	866217	Italian Pancetta Slices	616744
Honey Roast Lean Ham 10 Slices	127578	Jam?n De Bellota Ib?rico (100% Raza Ib?rica)	61629

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Product	Product Code	Product	Product Code
Just Add Bbq Chicken	864374	Melton Mowbray Pork Pie	503303
Just Add Chargrilled Chicken	355766	Melton Mowbray Pork Pie	862349
Just Add Chargrilled Scallops	922876	Melton Mowbray Pork Pies	800563
Just Add Moroccan Chicken	864343	Mini 21 Day Aged Sirloin Steak Sandwich	514736
Just Add Roast Plain Chicken	322027	Mini Cocktail Sausage Snack Pack X4	923477
Just Add Smokey Bbq Chicken Chunks	922890	Mini Hot Dogs	713030
Just Add Sweet And Smoky Chicken	795265	Mini Melton Mowbray Pork Pies	503310
Lamb Pastries	922388	Mini Pork Pie Selection	960618
Large British Breaded Ham	665124	Mini Pork Pie Selection	862295
Large Cranberry Topped Pork Pie	827317	Mini Snacking Salami	713054
Large Melton Mowbray Pork Pie	199162	Moroccan Style Chicken With Butternut And Chickpeas	922951
Large Wafer Thin Honey Roast Ham	616690	Moroccan Chicken Kebabs	506922
Lean Corned Beef 3 Slices	259309	Mortadella	863964
Lean Roast Chicken Breast	171243	Organic Houmous	302661
Lemon & Herb Poached Salmon	464789	Oriental Party Food Selection	37440
Lemon & Pepper Honduran King Prawns 90g Promo Pack	682244	Orkney Dressed Crab	499637
Lemon And Coriander Houmous	862363	Orkney White Crab Meat	334853
Lumpfish Caviar	245203	Peeled Large King Prawns	810807
Manzanilla Olives With Chorizo	797788	Peeled Large King Prawns 80g	687393
Marinated Antipasti Selection With Pitted Cuquillo Olives	701181	Peppered Smoked Mackerel	177566
Marinated Anchovy Fillets	701211	Peri Peri Chicken Wings	864381
Marinated Chilli & Coriander King Prawns 140g	981675	Piri Piri Houmous	922494
Marinated Flame Seared Italian Artichokes	465021	Pitted Full Flavoured Spanish Cuquillo Olives	26949
Marinated Garlic And Parsley King Prawns	981668	Pitted Lemon & Coriander Olives	26963
Marinated Garlic And Parsley King Prawns	509527	Pitted Mild & Fruity Halkidiki Olives & Tomatoes	862424
Marinated Grilled Peppers	701174	Pitted Piri Piri Olives	27045
Marinated Italian Slow Roasted Vine Tomatoes	622165	Pitted Spanish Mild Manzanilla & Full Flavoured Cuquillo Olives	701235
Marinated Italian Sundelisi Tm Tomatoes	922418	Pitted Spanish Mild Manzanilla Olives	546720
Marinated Vegetable Antipasti Selection	797689	Pitted Sweet & Smoky Chargrilled Olives	27250
Melton Mowbray Dinky Pork Pies	80958	Poached Salmon Fillet	856546
		Poached Salmon Flakes	283540

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Product	Product Code	Product	Product Code
Porchetta Toscana	791274	Scottish Lochmuir Salmon Bag For Home Freezing	671101
Pork & Egg Pie	197564	Scottish Smoked Salmon 6 Thin Slice	282178
Pork & Egg Slices	800532	Scottish Smoked Salmon Mild & Delicate	245043
Pork Lattice Slicing Pie	488631	Scottish Smoked Salmon Smoky & Robust	245050
Pork Pie 5oz	555678	Scottish Smoked Trout	944335
Pork Tongue	777797	Seafood Selection Platter	973571
Pork, Turkey And Stuffing Layered Pork Pie	827294	Seafood Sticks	236201
Prawn & Crab Cocktail	716079	Serrano Ham	415033
Prawn And Calamari Seafood Salad	797825	Serrano Ham	790833
Prosciutto Di San Daniele	863117	Serrano Ham Joint With Knife And Stand	232906
Prosciutto Toscano Dop	791267	Sharing Italian Antipasto Selection	449779
Ready To Eat British Suffolk Ale Cured Ham	952958	Single Malt Whisky Smoked Salmon 200g	892254
Ready To Eat Cured And Cooked Ham, Beef And Game Platter	574785	Skinny Egg Mayo	728935
Red Thai Chicken Triangles	975636	Skinny Houmous	145954
Roast Chicken Drumsticks	254090	Skinny Houmous X 3	516891
Roast Chicken Drumsticks	398503	Skinny Tuna And Sweetcorn	259972
Roast Chicken Jumbo Drumsticks	144117	Sliced Chicken	343299
Roast Chicken Slice X 3	373937	Sliced Turkey Breast	383455
Roast Chicken Slices Better Value Pack	531948	Sliced Turkey Breast Dual Tray Size	675574
Roast Chicken Thighs	264341	Smoked Mackerel	251914
Roast Red Pepper And Toasted Pine Nut Dip	797658	Smoked Sandwich Ham 8 Slices	775687
Roasted Butternut Squash And Chickpea Salad	862509	Smoked Spiced Prosciutto	717083
Roasted Pork Loin	118910	Smooth Duck & Orange Pate	574686
Rotisserie Whole Roast Chicken	925235	Soft Set Cumberland Scotch Egg	975377
Salami Milano 80g	208994	Spanish Chicken (tapas Range)	610650
Salami Milano 30g	646987	Spanish Style Chicken With Lima Beans And Roasted Red Pepper	922869
Salami Napoli	264587	Spec Cornish Smoked Sardines	611084
Scotch Eggs X2	198707	Special Reserve Italian Meat Selection	778558
Scottish Boneless Smoked Mackerel Fillets Fixed Weight	798440	Speciality Caramelised Bramley Apple Topped Cuxwold Pork Pies	547499
Scottish Boneless Smoked Peppered Mackerel Fillets Fixed Weight	798457	Spiced Chicken Pastries	797832
		Spicy Red Pepper Houmous	311304

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Product	Product Code	Product	Product Code
Spicy Spanish Chorizo Slices	922852	Yellow And Red Sunblush Tomatoes	797719
Sticky Bbq Chicken Drums	866903		
Sticky Bbq Chicken Wings	666046	Desserts F08C	
Sticky Chicken Yakitori Kebabs	973489	12 Rainbow Jellies - Customer Ordering	903714
Stone In Sweet & Buttery Italian Nocellara Olives	862493	3 Mini Retro Jellies (multipack)	863339
Stone In Basil & Garlic Marinated Olive Selection	398299	3 Raspberry Jellies	863360
Stone In Basil & Garlic Marinated Olive Selection	299596	Blackcurrant And Tahitian Vanilla Jelly	56144
Stone In Full Bodied Greek Kalamata Olives	231855	Christmas Compote	246019
Stuffed Olives With Garlic, Pimento & Jalapeno	712705	Cosmopolitan Jelly	864008
Stuffed Olives With Pimento	465571	Dessert Menu Summerfruit Compote 500g	68567
Sweet & Smoky Chicken Thighs	922821	Eat Well Berry & Cherry Jelly Terrine	559164
Sweet And Smoky Chicken Thighs (formally Sweet Chilli Thighs)	707589	Exotic Jelly Cubes	975063
Sweet Chilli Hot Smoked Salmon	976022	Freshly Squeezed Orange Juice Jelly	681292
Sweet Chilli Sliced Chicken	666053	Fruit Jellies	770477
Taramasalata	234368	Mojito Jelly	864015
Taramasalata Eu	876254	Passion Fruit & Orange Jelly	96737
Tequila & Lime Wings	975407	Peach Melba Jelly	681193
Tomato Salsa Dip	322171	Pineapple And Glitter Jelly Crown	852470
Tuna & Sweetcorn	188968	Pomegranate & Elderflower Jelly	771207
Unsmoked Bacon Strips	189095	Raspberry And Prosecco Spheres	842471
Vegetable Spring Roll	514828	Raspberry, Pomegranate And Elderflower Jelly	975117
Wafer Thin Breaded Ham	866651	Direct Hampers F18A	
Wafer Thin Breaded Ham 100g	775694	Beer Crate Gift	25829
Wafer Thin Ham 140g	615655	Create Your Own Blueberry Gin	12911
Wafer Thin Turkey	258098	Direct - Crack Open The Cava	905459
Whisky Gold Scottish Smoked Salmon	944250	Direct - Rise To The Occasion (Bread Making Gift)	907989
Whisky Smoked Scottish Salmon	909471	Direct -celebrate In Style - Ice Bucket And Cava	905992
Whole Roast Chicken (fixed Weight) 1.1kg	383264	Fathers Day Pork Pie And Treats Gift	919883
Whole Roast Chicken Catchweight	252935	Salmon And Champagne Gift	287012
Whole Salami Gap	864077	Valentines Pork Pie Gift	37051
X 20 Mini Pork Pie Slices	831277	Fish F62C	

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Product	Product Code	Product	Product Code
2 (skin On) Organic Scottish Salmon Fillets (c/w)	510332	2 Scottish Whole Rainbow Trout	440066
2 Asian Style Marinated Boneless Scottish Mackerel Fillets	796934	2 Sea Bass Fillets	473323
2 Breaded Chunky Cod (franchise)	864527	2 Skipjack Tuna Fishcakes	318860
2 Breaded Chunky Cod Fillets	341417	2 Smoked Haddock Fillet Fishcakes	436052
2 Breaded Cod Fillets	383530	2 Wild Pacific Salmon Fillets	434829
2 Breaded Haddock Fillets	352666	4 Breaded Cod Fillets	515559
2 Breaded Lemon Sole Fillets	663861	4 Breaded Haddock Fillets	608329
2 Breaded Scottish Haddock Fillets	516020	4 Breaded Scottish Haddock Fillets	104494
2 Chicken & Leek Crispbakes	124393	4 Lochmuir Scottish Salmon Fillets	196260
2 Cod Fillet Fishcakes	443906	4 Oat & Lemon Breaded Mackerel Fillets	804813
2 Cod Fillets With Tomato,lemon And Herb Marinade	794268	4 X Cod Fillets With A Sundried Tomato Dressing (co Brochure 2010)	720397
2 Corned Beef Crispbakes	74957	5 Breaded Plaice Fillets	668750
2 Cumberland Sausage Crispbakes	170383	6 Breaded Chunky Cod Fillets	510318
2 Gluten Free Breaded Cod Fillets	821230	8 Lochmuir Scottish Salmon Portions (bag)	370554
2 Gluten Free Chicken & Mushroom Crispbakes	348706	Alaskan Black Cod Fillet	24389
2 Gluten Free Cod Fillet Fishcakes	943741	Banded Pack Trout Fillets X 2	561891
2 Gluten Free Scottish Lochmuirtm Salmon Fillet Fishcakes	821209	Beer Battered Cod And Mushy Peas (dine In)	65467
2 Haddock Fillet Fishcakes	136280	Beer Battered Cod Fillet With Scraps	26093
2 Large Cod Fillets	498968	Beer Battered Haddock With Beef Dripping Chips	26109
2 Large Haddock Fillets	498869	Beer Battered Scottish Haddock With Scraps	26130
2 Large Lemon Sole Fillets	416085	Breaded Scottish Haddock & Chips	375788
2 Large Plaice Fillets	416078	Breaded Cod & Chips	375757
2 Large Smoked Haddock Fillets	498906	British Roe-off King Scallops	24419
2 Large Tuna Steaks	468770	British Roe-on King Scallops	24464
2 Lemon Sole With Tomato & Herb Melting Middle Fishcakes	794329	Chicken And Spiced Sweet Potato Crispbake	857574
2 Lochmuir Scottish Salmon Fillets	564465	Chunky Chips	696906
2 Lochmuir Scottish Salmon Fillets Promo	683036	Cider Battered Plaice	26116
2 Minced Beef Crispbakes	100731	Coconut Prawns	39246
2 Monkfish Fillets	372909	Cornish Sardines	915786
2 Scottish Loch Trout Fillets	329279	Crab & Hake Sliders	39222
2 Scottish Lochmuir Tm Salmon Fillet Fishcakes	441193	Crinkle Cut Chips	696890

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Product	Product Code	Product	Product Code
Deliciously Different- Wild Alaska Keta Salmon Fillets	835466	Lochmuir Scottish Salmon Fillet Joint	306782
Fish Snacking Platter	858663	Mediterranean Butterflied Seabass	978347
Fish Snacking Platter	906517	Mediterranean Butterflied Seabass	24433
Food To Order - Ayr Fish Snacking Platter	898195	Melt In The Middle 2 Crispy Pulled Pork & Stuffing Cakes	55994
Food To Order - Breaded Wholetail Scottish Scampi	898188	New Cod Fillets Bag X 6	551687
Fresh Brill	74438	New Smoked Haddock Fillets Bag X 6	551717
Fresh John Dory	74452	Pil Pil Prawn Skewers	974189
Fresh South Coast Hake	74445	Plaice Fish Fingers	26055
Fresh South Coast Lemon Sole	74469	Raw Honduran Prawns	541473
Fto 2 Gluten Free Chicken & Mushroom Crispbakes	860482	Raw Honduran Prawns With Chilli & Corinader Marinade	561853
Fto 2 Gluten Free Crumbed Cod Fillets	860529	Raw Indonesian Black Tiger Prawns	915779
Fto 2 Gluten Free Scottish Lochmuir Salmon Fishcakes	860512	Raw Scallops	201360
Fto 2 Lochmuir Salmon Fillets With Soy, Ginger And Chilli Marinade	837859	Raw Seafood Selection	720588
Fto Raw Honduran Prawns With Chilli & Corinader Marinade (banded Pack)	837897	Raw Seared Calamari Rings With Lime, Soy And Ginger Dressing	720595
Gap - Sea Bream	567718	Raw Seared Calamari Rings With Salt And Mixed Pepper Seasoning	720625
Gap Mini Cod Fishcakes	864633	Salt & Pepper Squid	39253
Haddock Loin Skin Pack	558013	Samphire	25775
Hake Fillets	862752	Scampi	820493
Hake Fillets	55277	Scottish Smoked Haddock	782708
Honduran King Prawns With Lemon And Black Pepper	857512	Sea Bass Bag Minimum 5 Fillets	600606
International - 2 Large Smoked Haddock Fillets	898928	Simply 2 Breaded Cod Portions	742207
International - Cod Loin Skin Packs	898959	Simply 2 Breaded Haddock Portions	742214
International - Haddock Loin Skin Packs	898966	Simply 4 Breaded Cod Portions	876339
King Prawns	716383	Simply 4 Breaded Haddock Portions	876315
Lemon Sole Goujons	129886	Simply 4 Breaded Pollock Fillets	864572
Lightly Smoked Lochmuir Salmon Bag Minimum 5 Fillets	558051	Simply Mini Cod Fish Fingers	867504
Lochmuir Salmon "try Me" Fillet 120g	593939	Single Smoked Haddock Fillet	707015
		Skipjack Tuna, Roasted Pepper And Chilli Fishcakes	857543
		Smoked Cod Fillets X 2 (dyed)	561884
		Smoked Haddock Loin Skin Pack	558020

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Product	Product Code	Product	Product Code
Smoked Lochmuir Tm Scottish Salmon	535175	Baked Falafels With Reduced Fat Houmous Dipper	979894
Smokey Bbq Burgers	867573	Bbq Pulled Pork Pasta Salad	969291
Tempura Prawns	92517	Beefburger Crisps	927741
Three Fish Roast	909464	Berries And Coconut Super Seeds	82730
Three Fish Roast With Scottish Lochmuir Salmon Cod And King Prawns	821131	Berry Medley	664103
Torbay Sole Fillets	513012	Blood Orange Sparkling Water	906388
Triple Cooked Chips	26123	Blt	62916
Undyed Smoked Haddock Fillets X 2	541404	Bombay Spice Super Seeds	82761
Whitebait	26062	British Chicken Bbq Bites	927598
Wholesale Scampi & Chips	26086	British Chicken, Bacon & Sweetcorn Pasta Salad	290609
Wild Madagascan Prawns	24488	California Roll Selection	624596
Wild Pacific Halibut Steaks X 2	513036	Californian Fish Roll Selection	273107
Food onthe Move F07C		Cashew Nut Fruit And Nut Bar	82211
(count On Us) Salt And Vinegar Baked Potato	498241	Cashew Nuts	462907
10 Cocktail Sausages Fotm	159098	Chargrilled Chicken & Rice	29940
100% Freshly Squeezed Orange Juice (with Bits)	117418	Chargrilled Chicken & Edamame Bean Protein Pot	78696
100% Freshly Squeezed Orange Juice Smooth	78948	Chargrilled Chicken Butternut & Pomegranite Leafy Salad Fotm	876407
2 Mini Melton Mowbray Pork Pies	934176	Cheerful Cherries	431668
3 Mini Roasts	709507	Cherry And Berry Cashews	82754
Active Health Juice Booster Apple, Cucumber & Mint	78870	Cherry And Cocoa Chunky Bar	82785
Agua Fresca Orange, Lemon & Mint	390354	Chicken & Bacon Sandwich Ftg	301350
Agua Fresca Watermelon & Lime	95518	Chicken & Stuffing Maylands Dual Tray Size	672696
Almonds	943222	Chicken & Super Grain	897150
Ancho Butternut Squash Wrap	982924	Chicken & Supergrain - Eu	951708
Apple & Mint Iced Tea	30069	Chicken And Vegetable Sushi Selection	29810
Apple And Cinnamon Super Seeds	82624	Chicken Miso Ramen Noodle Soup	690911
Apple And Sultana Chunky Bar	82594	Chicken Satay Dipper	930147
Apple, Coconut Water, Cucumber & Spinach	30014	Chili, Lime And Coconut Super Seeds	82686
Asian Beef Salad Lettuce Cup	658256	Chilli, Coriander And Coconut Nut Mix	82693
		Chorizo & Rice Salad (produce)	682787
		Classic Fruit Salad & Melon & Grape Munchies	925150

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Product	Product Code	Product	Product Code
Cocoa And Coconut Fruit And Nut Bar	82150	Eat Well Prawn & Mayonnaise Sandwich Ftg	185905
Cocoa And Orange Fruit And Nut Bar	82198	Eatwell Lightly Salted Coated Rice Cakes	99158
Cou Chicken & Mango Rice	649469	Elderflower Presse	32292
Cou Chilli Prawn Wrap	699730	Eu Ew Still 500ml	949927
Cou Crayfish & Mango Salad	784177	Eu Sparkling 500ml	949453
Cou Fish & Veg Sushi W Asian Style Lemon & Ginger Dip - Fotm	850834	Ew Chicken Salad Sandwich Ftg	981293
Cou King Prawns & Rocket With Pasta	649278	Ew Egg & Ham Roll Dual Tray Size	677691
Cou Orzo Pasta Dual Tray Size	688222	Festive Cranberry & Orange Sparkle Jelly	946803
Cou Orzo Pasta With Slow Roasted Tomatoes Ftg Large Salad	534765	Ffl Spanish Chicken & Bean Salad Fotm	907972
Cou Roasted Butternut Squash, Red Pepper Houmas Wrap	783231	Fish N' Chip Crisps	927659
Cou Sweet Chilli Veg Sushi Wrap	699792	Fotm Apple And Raspberry 500g	664110
Cou Teriyaki Tuna Sushi Wrap	699785	Fotm Bbq Wholegrain Snacks	909495
Cou Tuna Layer Dual Tray Size	688239	Fotm Big Crinkle Flame Grilled Steak	805612
Cracked Black Pepper & Salt Popped Potato Chips	99165	Fotm Big Crinkle Salt And Vinegar	805605
Cranberry And Blueberry Chunky Bar	82822	Fotm Cajun Spiced Plantain Chips	86936
Cranberry And Strawberry Chunky Bar	82860	Fotm Christmas Bag 2013	586498
Crayfish, Prawn & Rocket Wrap	729505	Fotm Cou Sweet Chilli Prawn Noodle Salad	907958
D&n Oriental Mix	968553	Fotm F&n Salad - Applewood Smoked Ham With Potato Salad & Autumn Fruit Chutney	818490
D&n Soy Seed & Nut Mix	968539	Fotm Grape Pot	989893
D&n Superberry Mix	968546	Fotm Hand Cooked Prawn Cocktail Crisps	869317
Darjeeling Tea With Raspberry Juice Infusion	30076	Fotm Miso Soup Hte	888479
Detox Fresh Juice - Apple, Grape, Mint, Dandelion & Nettle - Fotm	851732	Fotm S&v Chiplets	892865
Diet Cloudy Lemonade 500ml	741590	Fotm Sizzling Fruit Salad	908160
Diet Cola	172899	Fotm Small King Prawn And Noodle	795203
Diet Florida Orange	393072	Free Range Egg & Bacon	889858
Diet Ginger Beer 500ml	900027	Fresh Mango 180g	408219
Diet Lemonade 500ml	220347	Freshly Squeezed Orange Juice & Crushed Mango	434355
Diet Pink Cranberry Lemonade 500ml	866576	Freshly Squeezed Orange Juice & Crushed Mango	434362
E/w Tuna & Sweetcorn S/w Ftg	159715	Freshly Squeezed Pomegranate Juice	488532

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Product	Product Code	Product	Product Code
Freshly Squeezed Still Lemonade	464864	Ftg Sauvignon Blanc White Le Froglet To Go	863391
Freshly Squeezed Still Lemonade	117449		
Fruit Mix	878197	Ftg Seasonal Mix With Plum, Rocha Pear, Apple And Blackberry	621304
Fruit Salad	826402	Ftg Sfl King Prawn, Lentil & Wild Rice Salad	701983
Ftg 2 Chicken Drumsticks	396172		
Ftg A Taste Of Asia	716840	Ftg Summer Berry Medley	545112
Ftg Apple & Mango Juice	667579	Ftg The Big Crunch Grilled Beef And Onion	716758
Ftg Cou - Salad / King Prawn & Black Rice	606677	Ftg The Big Crunch Salt And Cider Vinegar	716772
Ftg Cou Sea Salt Crisps	280433	Ftg Tropical Fruit Sticks	619370
Ftg Deli Stack - British Salt Beef And Gherkin	614863	Ftg Watermelon	606516
Ftg Ew Cox's Apple	451642	Great British Summer Picnic Mat	870443
Ftg Fc Tropical Juice	664844	Green Chilli, Lime And Coriander Pea Snaps	842877
Ftg Festive Fruit And Nut Collection	515139	Guilt Free Lightly Salted Popchips	99189
Ftg Hand Wipes	470742	Ham Hock & Tewkesbury Mustard Hc Crisps - Xmas - Fotm	839884
Ftg Hc Light Salted Crisps	599320		
Ftg Hc Salt & Pepper Crisps	155656	Harissa Sweet Potato Handcooked Crisp	378635
Ftg Hc Salt & Vinegar Crisps	651851	Hoisin Duck Wrap	246118
Ftg Houmous & Carrot Dipper	619400	Hoisin Duck, Cucumber & Spring Onion Wrap Fotm Dual Upt	517119
Ftg Large Veg Samosa	545037		
Ftg Lightly Sea Salted Parsnip, Sweet Potato And Beetroot Mixed Vegetable Crisps	604024	Honey & Ginger Chicken Lettuce Cup	658300
Ftg Mango	599238	Japanese Style Rice Crackers	975988
Ftg Melon & Grape 200g	790222	King Prawn & Avocado Leafy Salads Fotm	876414
Ftg Orange Melon	606530	King Prawn & Cous Cous Salad	926201
Ftg Piel De Sapo Melon, Nectarine, Strawberry And Raspberry	619424	King Prawns & Noodles	29841
Ftg Pineapple, Watermelon, Nect, Cantaloupe	716826	Lemon & Lime Sparkling Water	348157
Ftg Pomegranate	599245	Lemon And Rosemary Olives	82846
Ftg Pomegranate And Raspberry Juice Drink	499491	Lightly Salted Air Popped Corn	82877
Ftg Pomegranate Juice	493239	Lightly Salted Multiseed Tortillas	82853
Ftg Pure Apple Juice From Concentrate	664820	Lightly Salted Pitta Chips	83126
Ftg Rose Le Froglet To Go	716994	Ltd Ed Fragrant Crayfish & Mango Ftg Salad	496384
Ftg Salad - Spicy British Chicken Pasta	629256	Made Without.. Chicken Salad Sw	981637
		Made Without.. Egg & Watercress Sw	981651
		Mango Fruit Bar	82235

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Product	Product Code	Product	Product Code
Mango, Pineapple & Passion Fruit Smoothie	778015	Pressed Pink Lady Apple Juice	472821
Mango, Pineapple & Passion Fruit Smoothie	666411	Pure Freshly Squeezed Orange Juice	944908
Maple Bacon Flavoured Popcorn	946728	Purely Coconut	978385
Marinated Chicken With A Fresh Cous Cous Salad	925617	Purely Mango	881302
Meat Sushi Selection	89906	Purely Pineapple	997669
Melon & Grape	790222	Rainbow Veg Sandwich	78726
Mixed Berry Fruit And Nut Bar	82297	Raspberry & Pomegranate Juice Drink	976862
Nectarine & Raspberry	808095	Red Pepper Pitta Chips	82938
Never From Concentrate Aloe Vera, Grape & Apple	78887	Refreshing Raspberry & Cranberry Juice Drink	831826
Never From Concentrate Coconut Water 250ml	978576	Roast Beef & Onion	301428
Nut Assortment	503051	Roast Chicken & Kale Leafy Salad	31523
Olives - Chilli	828994	Roast Chicken And Stuffing	380034
Orange Fruit Jewelled Jelly - Fotm	831758	Roast Chicken And Sweetcorn	170758
Paprika Handcooked Crisps	378703	Roasted & Salted Cashews And Peanuts	974776
Pea And Bean Super Seeds	83119	Roasted Red Pepper Cous Cous Chips	378741
Peach & Raspberry Still Water	466301	Salmon & Prawn Nigiri	943314
Pineapple, Mango, Kiwi & Blueberry Fruit Salad.	678858	Salted Popcorn	782869
Pineapple, Melon & Grape	661966	Sea Salt & Rosemary Focaccia Chips With Extra Virgin Olive Oil	378758
Pink Lady Apple Bag - Health - Fotm	786843	Sesame Chicken & Noodles	29919
Piri Piri Chicken	982917	Sesame King Prawn & Rice Salad With A Teriyaki Dressing	961004
Piri Piri Pea Snaps	842884	Sfl Fotm Thai Chicken Soup	911993
Prawn & Coconut Lollipops	89821	Simply Free Range Egg & Watercress On Malted Bread Sandwich	485289
Prawn & Mango Lettuce Cup	658317	Simply Smoked Ham & Mustard Mayo On Oatmeal Bread Sandwich	137607
Prawn Layered Salad	107310	Smoked Salt And Mixed Pepper Pea Snaps	842860
Prawns With Sweet Chilli Dip	699891	Soft Apricots	710084
Pressed & Crushed Apple, Pomegranate, Cherry & Acai Juice	976527	Spanish Peach Iced Tea	30045
Pressed & Crushed Pineapple, Golden Berry & Ginger Juice	30113	Sparkling Florida Orange 500ml	393041
Pressed & Crushed Pineapple, Watermelon & Aloe Vera Juice	976534	Sparkling Irish Natural Mineral Water	159852
Pressed Carrot Juice	92944	Spiced Seed And Nut Mix	83010
Pressed Greens	92951		

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Product	Product Code	Product	Product Code
Spicy Red Pepper Houmous & Crudite Dipper	619417	10 Mini Fruit Ice Lollies	32148
Still Irish Natural Mineral Water (1l)	925105	10 Mini Prawn Filo Pastry Tartlets	200226
Still Irish Natural Mineral Water (500ml)	654708	10 Potato Noodle Wrapped Tiger Prawns	993388
Strawberry & Banana Smoothie	23085	10 Tempura Tiger Prawns	610735
Strawberry Fruit Bar	82242	12 Crispy Thai Canapes	51958
Strawberry, Grape And Apple ?2	676533	12 Oriental Prawn Selection	683449
Summer Berry	808088	12 Smoky Bbq Chicken Sticks	53723
Summer Mexican Lime With A Hint Of Chilli Handcooked Potato Crisps	671057	12 Vegetable Spring Rolls	772150
Super Berry Smoothie	537797	2 Bake In Bag Cod And Tomato	808903
Super Berry Smoothie	544894	2 Breaded Cod Steaks	208802
Super Wholefood With Blueberries & Mango	671378	2 Breaded Haddock Steaks	208901
Superwholefood Shaker Salad	716963	2 Line Caught Natural Cod Fillets	935760
Sushi Salad Selection (Bento)	29834	2 Natural Salmon Fillets	935784
Sushi Snack	464079	2 Smoked Haddock Fillets	104517
Sweet & Salted Popcorn	854030	4 Breaded Cod Fillets	755535
Sweet Citrus Medley	76685	4 Breaded Whole Lemon Sole	150170
Sweet Potato Parsnip & Beetroot Hand Cooked Vegetable Crisps	120623	4 Breaded Whole Plaice	385985
Teriyaki Beef Wrap	786416	4 Chunky Breaded Cod Fillets	476270
Teriyaki Beef Salad Bites	658263	4 Chunky Breaded Haddock Fillets	475471
Tokyo Prawn & Salmon Nigiri	378017	6 Breaded Haddock Fillets	461696
Tom Yum Chicken And Rainbow Sushi Rice Salad	875608	6 Jumbo Fish Fingers	808910
Totally Tropical	854023	6 Jumbo Haddock Fish Fingers	881630
Tropical Medley Fotm	808675	6 Pineapple, Coconut & Lime Lollies	965941
Tropical Smoothie	23078	6 Valencia Orange Ice Lollies	419246
Tuna Nicoise	876384	9 Chunky Breaded Cod Fillet Fish Fingers	94986
Veggie Feast	850391	9 Chunky Breaded Cod Fillet Fish Fingers	343121
Vietnamese Chicken Wrap	78665	9 Gluten Free Fish Fingers	816564
Vietnamese Pork Salad Bites	925624	Alphonso Mango Sorbet	355841
Wasabi Popcorn	978613	Beef Stock	851848
Frozen F02F		Beer Battered Onion Rings	841962
(rm) Sweet Potato Fries	40099	British Broad Beans	689779
		British Raspberries	343015
		British Summer Fruit Selection	454278
		British Sweet Parsnip Chunks	586115

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Product	Product Code	Product	Product Code
Butternut Squash Chunks	687553	Frozen 4 British Beef Quarter Pounders	711470
Canadian Lobster Halves	63180	Frozen 4 Southern Fried Chicken Breast Fillets	708296
Canadian Lobster Tails	63197	Frozen 6 New Zealand Lamb Loin Chops	772051
Carrot, Onion & Celery Base Mix	849777	Frozen 8 Beef Burgers (ireland)	711494
Casserole Vegetable Mix	849906	Frozen 8 British Beef Burgers	711487
Chicken & Sausage Cassoulet	990547	Frozen Breaded Lemon Sole Goujons (new Size)	689878
Chicken Casserole With Sage & Onion Dumplings	990516	Frozen Breaded Whole Tail Scampi (new Size)	689861
Chicken Casserole With Sage & Onion Dumplings	990530	Frozen Coated Natural Chicken Chunks	595445
Chicken Stock	851855	Frozen Coated Whole Chicken Fillets	595476
Chicken Wing Selection	900829	Frozen Cooked Honduran King Prawns	712392
Chopped Basil	851862	Frozen Diced Oakham Chicken Breast Fillets	708302
Chopped Coriander	851879	Frozen Fish & Chips (family Favourites)	794282
Chopped Oregano	851916	Frozen New Zealand Half Leg Lamb	772068
Chopped Parsley	851817	Frozen Oakham Chicken Breast Fillets	708319
Cloudy Lemonade Lollies	712118	Frozen Oakham Chicken Thighs & Drumsticks	708326
Cod Nuggets	570121	Frozen Raw Honduran King Prawns	712385
Colin The Caterpillar Ice Lollies	796576	Frozen Sweet & Sour Chicken	776318
Cottage Pie With Root Vegetable Crush	990929	Garden Peas 500g	849807
Cottage Pie With Root Vegetable Crush	990868	Gluten Free Breaded Cod	935791
Crinkle Cut Chips	62886	Icelandic Cod Fillets X 6	457125
Diced Garlic	851794	Icelandic Smoked Haddock Fillets X 6 (500g)	156684
Diced Ginger	851886	Large Canadian Prawns	450102
Diced Red Chilli	851909	Lemon Sole Fillets	808897
Extra Chunky Chips	585781	Lemon Sorbet	657730
Extra Large Greenlandic Prawns	452472	Line Caught Icelandic Cod Fillets	809986
Family Favourites - Fish & Chips For 4	798242	Line Caught Icelandic Haddock Fillets	809993
Filo Pastry	849784	Made Without Dairy Coconut Milk Ice Cream	21647
Fish Pie Mix	808873		
Fish Stock	851923		
French Fries	585798		
Frozen 2 Breaded Lemons	686228		
Frozen 4 Beef Quarter Pounders (ireland)	711517		

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Product	Product Code	Product	Product Code
Maris Piper Crispy Wedges	312172	Super Bean Mix	151306
Maris Piper Onion Rosti	892308	Sweet Potato Chips	841955
Mediterranean Style Potatoes & Vegetables	689885	Sweetcorn	208352
Partridge In A Pear Tree	53730	T/a Colin The Caterpillar Ice Lolly	802086
Petits Pois & Sweetcorn	740739	Tomato Ragu Sauce	851893
Petits Pois 1kg	62770	Triple Cooked Chips	841979
Petits Pois 500g	930239	Valencia Orange Lolly	527491
Pineapple, Coconut & Lime Juice Lolly	30915	Vegetable Medley	741644
Puff Pastry	587617	Vegetable Stock	851947
Rice & Vegetable Mix X 4 Portions	849821	Venison & Beef Casserole With Sage & Onion Dumplings	54867
Rice & Vegetables	314237	Global Meal Solutions F03C	
Roasting Potatoes	312165	4 Garlic & Parsley Ciabatta Sticks	29100
Sauteed Onion	849791	4 Onion Bhajis	269360
Scallops	308717	4 Prawn Baguette Toasts (te)	709859
Scottish Raspberry & Blackcurrant Juice Lollies	21531	4 Vegetable Samosas	672610
Shepherds Pie With Minted Pea & Potato Crush	990905	6 Prawn Siu Mai Selection	600965
Shepherds Pie With Minted Pea & Potato Crush	990875	6 Vegetable Steamed Dim Sum (te)	709835
Shortcrust Pastry	587624	8 Poppadums	132619
Simply M&s 10 Haddock Chunky Fish Fingers	881623	Asian Rice	667470
Simply M&s 4 Frozen Pollock Fillets	900836	Asian Slaw	939843
Simply M&s Frozen Green Beans	889049	Aubergine Achari	815697
Simply M&s Frozen Spinach	889056	Bacon & Tomato Bucatini	787758
Simply M&s Fruit Lollies - 8 Pack	918381	Battered Crispy Prawns Dual Tray Sizes	679664
Simply Steak Cut Chips	841948	Battered Sweet & Sour Chicken Dual Tray Sizes	679701
Simply Steak Cut Chips	95020	Beef & Black Bean	283809
Simply Straight Cut Chips	95037	Beef Bolognese Sauce	635363
Simply Straight Cut Chips	323796	Beef In Black Bean & Rice In A Pot	815536
Sliced Peppers	849753	Black Bean Sauce	667463
Sliced Runner Beans	133838	Bombay Aloo	161213
Steam Veg Medley (broccoli / Carrot / Sweetcorn)	849838	Bombay Aloo Eu	903899
Steam Veg Medley (cauli/ Carrot/ Petit Pois)	849852	Bruschetta With Black Olive Tapenade	788694
		Cantonese Sweet & Sour Chicken With Rice Meal For One	506694

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Product	Product Code	Product	Product Code
Catalonia Patatas Bravas With Creamy Aioli	610551	Diavola Prawn Spaghetti	908214
Channa Masala	815628	Dual Tray Sizes Spaghetti Bolognese 400g	678957
Char Siu Roast Pork In A Chinese Style Bbq Sauce	846967	Egg Noodles	846950
Chargrilled Calamari & King Prawns	993579	Eu Channa Masala	816816
Chicken Chow Mein	655415	Firecracker Prawn Wrap	815604
Chicken Fillets In Sweet And Sour	528672	Flat Rice Noodles	667449
Chicken Noodle Pho	937689	Frites	253949
Chicken Pakoras	685184	Fto Seafood Paella	903981
Chicken Panang Banquet For One	194310	Fto Spaghetti Bolognese 1.5kg	860802
Chicken Patatas Bravas X1	856447	Gap - Prawn Vindaloo	859530
Chicken Yaki Udon In A Pot	815550	Garlic Mushrooms	622196
Chicken, Tomato & Basil	937641	Green Vegetable Stir Fry Pack	667425
Child File - Wok Toasted Sweetcorn Spring Roll	851213	Gunpowder Potatoes	939881
Child File - Crispy Prawn Wontons	788076	Hoi Sin Duck Noodle Bowl	706568
Child File - Prawn & Coriander Spring Roll	685238	Hoi Sin Duck Pizza	856652
Chilli King Prawn Bucatini	388092	Hoisin Duck Noodles	79112
Chunky Onion Rings	668132	Hot & Smoky Dip Selection	993371
Count On Us Jacket Potato Deep Filled With Chilli Con Carne	205450	Ifg Crispy Vegetable Ball	708500
Crab Linguine	522700	Ifg Prawn & Coriander Spring Roll	708517
Crispy Aromatic Duck	787871	Ifg Tarka Dahl F73c	988827
Crispy Aromatic Duck Dual Tray Size	679343	Indian Starter Selection	465311
Crispy Aromatic Half Duck	193702	Italian Style Pizza Bases (2 Pack)	771665
Crispy Battered King Prawns	646802	Italian Style Sausages With Pepperonata	827485
Crispy Calamari With A Sweet Chilli Dip	39406	King Prawn & Chicken Laksa	194846
Crispy Chicken Katsu + Rice	993555	King Prawn With Ginger & Spring Onion	911931
Crispy Chilli Beef	671583	Mini Onion Bhajis And Vegetable Pakoras	534468
Crispy Japanese Chicken	193801	Mini Spare Ribs	788373
Crispy Lemon Chicken	160032	Mixed Pepper Vegetable Pack	667371
Crispy Mushrooms	269612	Mixed Vegetable Masala	647458
Crispy Sweet Chilli Chicken	706537	Mushroom Onigiri	194020
Crispy Vegetable Ball	685191	Patatas Bravas	856324
Crispy Vegetable Chaat Selection	949804	Pizza Dough	962322
		Popcorn Chicken	716208

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Product	Product Code	Product	Product Code
Pork Pibil , Black Bean & Chipotle Taco	993234	Sweet Chilli Prawn Noodle Bowl Noodle	706599
Potato Gnocchi	856713	Sweet Chilli Sauce	667326
Prawn & Mangetout Gyoza	885584	Sweet Potato Bhajis	685269
Prawn & Vegetable Dim Sum Selection	618403	Tarka Dahl	369848
Prawn And Vegetable Rice Balls	788083	Tarka Dahl Eu	903844
Prawn Baguette Toast Starter Pack	911979	Tempura Prawns	193795
Promo 4 Pack Vegetable Spring Rolls	779975	Teriyaki Salmon With A Ponzu & Sesame Dressing	993623
Rice Pancake Vegetable Spring Roll	685245	Thai Chicken Curry Rice Bowl	775403
Roast Mushroom & Cauliflower Biryani	817868	Thai Red Fishcakes	885751
Salt Cod Fishcakes	916745	The Big Dipper	771252
Seafood Chow Mein	859516	Thick Egg Noodles With Parsley	668118
Seafood Paella X2	856393	Tomato & Basil Sauce	448727
Seafood Ragu	90773	Tomato & Basil Sauce (large)	643658
Shanghai Beef Noodles	419543	Tomato & Chilli Sauce	635387
Shellfish Spaghetti	635578	Tomato & Roasted Vegetable Sauce	460170
Sichuan Salt And Pepper Chicken Wings	815581	Triple Dippers	693936
Sicilian Lemon Chicken Skewers With Roastec Red Peppers	820103	Valencian Fideua Noodle Paella With Butafara Sausage & Chorizo 750	56045
Simply Tomato Sauce - Gap	867238	Vegetable Gyoza	39420
Singapore Noodles	250078	Vermicelli Egg Noodles	667302
Spaghetti & Meatballs	427722	Vietnamese Beef Wrap	815666
Spaghetti Bolognese	429405	Wok Fried Beef & Mushroom Noodles	20923
Spaghetti Bolognese 1.5kg	856614	Yakitori Chicken Skewers	993524
Spaghetti Bolognese 1kg	635714	Groceries F19A	
Spaghetti Puttanesca	692212	10 Apple, Sultana & Cinnamon Porridge Sachets	933520
Spanish Style Meatballs	713238	10 Golden Syrup Porridge Sachets	933506
Spicy Sweetcorn Fritters	39390	10 Peruvian Coffee Capsules	285629
Spicy Valencian Marinated Chicken With Pimenton Peppers & Fritada Sauce	56021	10 Porridge Sachets	933490
Steamed Prawn And Tomato Dim Sum	788052	10 Waffle Ice Cream Cones	738668
Sticky Bbq Wrap	817875	12 Mini Pavlova Nests	981934
Sticky Chilli Chicken	311113	12 Spice Indian Cooking Sauce 09	687478
Sweet & Sour Sauce	667333	160 Extra Strong Tea Bags	740531
		160 Extra Strong Teabags	859226

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Product	Product Code	Product	Product Code
160 Red Label Teabags	177054	Acacia Honey	818940
160 Red Label Teabags 2010	730846	Afternoon Blend 80s	285421
20 Lemon And Ginger	730662	Agen Prunes	981774
20 Pure Camomile Tea	730686	Albacore Tuna Fillets	809016
20 Pure Green Tea	730679	All Day Quarter Caf - Ground Coffee	994309
20 Pure Peppermint	730655	All Spice	914642
20 Reviving Teabags 2010	730730	Amarillo Chilli Relish	91527
20 Strawberry And Raspberry	730693	Ambient Breakfast Fruit Pots	809252
3 Easy Step Massaman Curry Kit	320139	Ancho Chilli Mole Sauce	722193
3 Easy Step Pad Thai Kit	320146	Apple & Cinnamon Flakes	818919
3 Easy Step Thai Green Curry Kit	320153	Apple Sauce	737012
3 Easy Step Tom Yum Soup Kit	320115	Apricot Compote	552684
3 Seed Granola	912754	Apricot Conserve	818933
4 Berry Muesli	937429	Apricot, Ginger & Sage Chutney	199681
4 Citrus Fruits Marmalade	847933	Apricots In Amaretto Syrup	993272
4 Grain Fruit, Nut & Seed Muesli	913744	Arrabiata Pasta Sauce	670319
4 Nut Granola	933216	Assam 50 Tea Bags	730877
4 Thai Green Curry Paste Shots	273732	Avocado Oil	568227
4 Thai Red Curry Paste Shots	273619	Avocado, Lime & Mint Dressing	428538
5 Spice Paste	620772	Baked Beans - 4 Pack	713979
6 Cookie Bags	843294	Baking Powder	568234
8 Soft Flour Tortillas (long Life)	722179	Balsamic Glaze	568241
80 Decaffeinated Tea Bags	334150	Balsamic Vinegar	234993
80 Extra Strong Tea Bags	740555	Balti Paste	568050
80 Extra Strong Teabags	716109	Balti Sauce	687423
A Terribly Clever "classic" Burger Starter Paste For Beef Mince	801614	Basil Infused Evoo 2011	793957
A Terribly Clever Aromatic Spiced Burger Starter Paste For Lamb Mince	800419	Basmati & Wild Rice	207669
A Terribly Clever Coronation Chicken Starter Paste	800464	Basmati Rice	538848
A Terribly Clever Hot & Spicy Burger Starter Paste For Beef Mince	800440	Basmati Rice 1000g	207553
A Terribly Clever San Marzano Tomato & Basil Starter Sauce For Fish	800495	Bay Leaves	568265
A Very British Spicy Tomato Sauce	738484	Beef Stock	568272
		Beetroot & Horseradish Chutney	738385
		Beetroot And Horseradish Chutney	24822
		Berries Cherries & Flakes	819077
		Berry & Orange Granola	818964

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Product	Product Code	Product	Product Code
Berry Burst Porridge	319218	Brown Sauce	818872
Bicarbonate Of Soda	914604	Bruschettine	730365
Bitter Sweet Seville Orange Marmalade	847957	Bucatini	20978
Black & White Chia Seeds	327343	Bulgar, Lentils & Barley	789219
Black Bean Sauce	706377	Bulgur Wheat	65184
Black Bean Sauce	331869	Burger Mayonnaise	497602
Black Forest Conserve	54058	Butter Beans In Tomato Sauce	730396
Black Onion Seeds	613934	Caf? Connoisseur Roast And Ground Coffee	730990
Black Peppercorn Grinder	919548	Caf? Noir	741415
Black Peppercorns	719582	Cafe 10 Coffee Capsules	995917
Black Tapenade	726504	Cafe Granules 200g	461801
Black Treacle And Porter Ale Marinade And Sauce	24853	Cajun Mayonnaise	91534
Black Turtle Beans	208659	Californian Walnut Halves	981767
Blackcurrant And Bramley Apple Coulis	25102	Calming Lavender, Limeflower & Camomile	328845
Blackcurrant Conserve	818971	Calming Teabags	730723
Blueberries	613279	Canned Apricot Halves	809375
Bolognese Pasta Sauce	670272	Canned Baked Beans	809382
Bombay Potatoes Spice Kit	574211	Canned Baked Beans Small Can	824590
Borrettane Onions	20961	Canned Beef Bolognese	809740
Bouquet Garni	568289	Canned Beef Casserole	809702
Brandy Snap Baskets	800365	Canned Beef Madras	809672
Brazilian Sul De Minas Ground Coffee	286176	Canned Beef Rendang	809641
Breakfast Blend 80 Teabags	740609	Canned Butter Beans	809184
British Baby Beetroot	738811	Canned Cannellini Beans	867191
British Caster Sugar	964197	Canned Chantenay Carrots	809351
British Cold Pressed Rapeseed Oil	813105	Canned Chick Peas	809368
British Duck Fat	893084	Canned Chicken Casserole	809757
British Duck Rillettes	199636	Canned Chicken Laksa	809733
British Free Range Goose Fat	823517	Canned Chicken Thai Green Curry	809696
British Pork Rillettes	199520	Canned Chilli Con Carne	809689
British Raspberry Soft Set Jam	738446	Canned Chunky Steak	809634
British Raspberry Soft Set Jam	819015	Canned Chunky Steak Small	809627
British Rhubarb And Ginger Jam	847971	Canned Garden Peas	809085
Brown Sauce	826723	Canned Hot Beef Curry	809894
		Canned Hot Chicken Curry	809849

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Product	Product Code	Product	Product Code
Canned Irish Stew	809771	Chicken Tikka Masala Spice Kit	574181
Canned Mandarins	808996	Chilli Con Carne Sauce	578608
Canned Mango Slices	809108	Chilli Flakes	613736
Canned Mild Chicken Curry	809856	Chilli Infused Evoo 2011	793926
Canned Minced Beef	809818	Chilli Pickle	689892
Canned Minced Beef Small	809764	Chinese Bbq Stir Fry Sauce	817486
Canned Minced Lamb	809887	Chipotle Chilli Flakes	970389
Canned Mixed Vegetable Curry	809825	Chipotle Chilli Paste	48620
Canned New Potatoes	823906	Chopped Mixed Nuts	574013
Canned Peach Slices	809030	Chopped Shallots	568159
Canned Pear Quarters	809092	Chowmein Stir Fry Sauce 2011	817530
Canned Pineapple Chunks	809009	Chowmein Stirfry Sauce - Pouch	700412
Canned Pineapple Rings	809115	Chunky Cajun Marinade	497589
Canned Red Kidney Beans	809054	Chunky Chicken & Vegetable Soup	816229
Canned Steak & Kidney	809863	Chunky Corned Beef	294126
Canned Tropical Mixed Fruit	809344	Chunky Lentil & Bacon	699945
Caper Berries	726511	Chunky Lentil & Bacon Soup	816311
Caponata	21104	Chunky Vegetable & 3 Bean Soup	816243
Caramel Syrup	994705	Chunky Vegetable Soup	816298
Caramelised Orange & Calvados Marmalade	823944	Cider Vinegar	793933
Cardamom Pods	613637	Cinnamon Sticks	568302
Caraway Seeds	613712	City Blend 40s	328791
Cashew Nuts	613385	City Blend 40s	740524
Ceylon 50 Teabags	730891	Classic 10 Coffee Capsules	995801
Chai Teabags 50	735292	Classic French Dressing	313896
Chargrilled Artichoke	727259	Classic Mayonnaise With Extra Virgin Olive Oil	448017
Cherry Tomato & Balsamic Pasta Sauce	790260	Classic Mincement	480093
Cherry Tomato Relish	722025	Classic Roast And Ground Coffee	730938
Cherry Tomatoes	937177	Classic Tea	372800
Chestnut Chutney	480062	Cloves	568319
Chestnut Chutney	224345	Coarse Ground Black Pepper	676748
Chicken Casserole	526425	Cocktail Cornichons	737142
Chicken Jalfrezi Spice Kit	574228	Coconut And Coriander Koftes With Brown Rice	264020
Chicken Noodle Soup	816434	Coconut Cream	959063
Chicken Stock	568296	Coconut Milk	568517

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Product	Product Code	Product	Product Code
Coffee Filters	741460	Cous Cous	573849
Colombian Antioquia	285940	Cranberries	613262
Columbian	994316	Cranberry & Orange Stuffing	894692
Columbian Ground Coffee	735315	Cranberry & Port Sauce	737456
Columbian 10 Coffee Capsules	995832	Cranberry & Pumpkin Seed Granola Mix	87063
Columbian Beans	735308	Cranberry And Blood Orange	162692
Columbian Decaf Ground Coffee	730983	Cranberry Sauce	737463
Columbian Microground Instant Coffee	285957	Cream Of Tartare	914611
Concentrated Beef Stock	163521	Creole Paste	91664
Concentrated Chicken Stock	163514	Crinkle Cut Beetroot	737500
Conchiglioni	671552	Crunchy Peanut Butter	819060
Cook With M&s Recipe Paste Classic Chilli For Minced Beef Or Veggies	935289	Cuban Black Bean Paste	91657
Cook With Recipe Paste Fire Roasted Tomato & Rosemary For Sausages & Fish	816052	Cucumber, Gin And Mint Relish	24877
Cook With Recipe Paste Paella For Chicken, Seafood Or Vegetables	800341	Cumin Seeds	613682
Cook With Recipe Paste Risotto For Chicken, Mushrooms	815833	Cured Chicken Breast 213g	788854
Cook With Recipe Paste Smokey Paprika & Lemon For Chicken Or Lamb	816045	Cured Ox Tongue 184g	788892
Cook With Recipe Paste Soy, Ginger & Chilli For Salmon Or Chicken	800501	Cured Turkey Breast 213g	788922
Cook With Recipe Paste Spanish Casserole For Chicken Or Fish	817417	Damson & Port Chutney	820929
Cook With Recipe Paste Stroganoff For Beef, Pork Or Mushroom	815864	Damson & Sloe Gin Conserve	823968
Cook With Rhubarb Compote	738514	Danish Lean Ham 213g	788878
Cook With Sage & Onion Stuffing Mix	738262	Danish Mackerel Fillets In Olive Oil	809160
Coriander Seeds	613675	Danish Mackerel Fillets In Tomato Sauce	809245
Corn Bread Mix	91671	Darjeeling Teabags	735421
Cou Smoky Chipotle Chilli Con Carne	955034	Dark Muscavado Sugar	568531
Cou Three Bean Chilli (smaller Can)	809788	Dark Seville Orange Marmalade - Extra Coarse Cut	847896
Count On Us Jalfrezi Sauce	910972	Decaf 80	740586
Count On Us Sweet And Sour Sauce	910989	Deliciously Crunchy Cashew Butter	998109
		Deliciously Nutty Crunch	819046
		Deliciously Versatile Hoisin & Plum	273688
		Deliciously Versatile Miso & Ponzu	274296
		Deliciously Versatile Spiced Soy And Garlic	273701
		Deliciously Versatileteriyaki	273640
		Dessicated Coconut	613378
		Detox Teabags	735339

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Product	Product Code	Product	Product Code
Dijon Mustard	738460	Extra Strong 240	740548
Dipping Oil. Extra Virgin Olive Oil, Chilli & Garlic	549677	Extra Strong Loose Tea	741965
Dried Ancho Chillies	573870	Extra Strong One Cup Teabags 2010	740562
Dried Basil -jar	739863	Extra Virgin Olive Oil	549233
Dried Cayenne Pepper - Jar	739924	Fairtrade Demerara Sugar	542265
Dried Chinese 5 Spices - Jar	739955	Fairtrade Golden Granulated Sugar	542272
Dried Chives - Jar	739931	Fajita Spice Mix	722261
Dried Coriander Leaf - Jar	739894	Farfalle	671606
Dried Cumin - Jar	739948	Fennel Seeds	613729
Dried Ground Coriander - Jar	739900	Fenugreek	613743
Dried Italian Herb Seasoning- Jar	739856	Fine Egg Noodles	532006
Dried Mixed Fruit	701648	Fiorelli	671613
Dried Mixed Herbs Jar	676724	Fire Roasted Piri Piri & Citrus Dressing	722001
Dried Parsley Herb Jar	676717	Fish Stock	568388
Dried Porcini Mushrooms	573856	Flaked Californian Almonds	574020
Dried Sage - Jar	739917	French Lavender Honey	850308
Dried Thyme - Jar	739870	French Style Mayonnaise	43717
Earl Grey Green Tea Bags	285339	Fruit & Fibre Muesli	819039
Easy Ginger	568142	Fruit & Nut Muesli	819282
Easycook Long Grain Rice 1kg	109482	Fruit Tea Selection Pack 2010	735384
Eat Well Hand Cut Grapefruit Segments In Juice	525930	Fruity Amarillo Dressing	915182
Elderberry And Blackcurrant Jelly	162517	Fruity Couscous	863803
Empress Grey 50 Tea Bags	735346	Fusilli	671620
Enchilada Cooking Sauce	722209	Garlic Infused EVOO 2011	793902
Enchilada Kit	48484	Garlic Stuffed Halkadiki Olive	730402
English Breakfast 50 Tea Bags	730853	Giant Wholewheat Couscous	65139
English Breakfast Muffin Mix	87216	Ginger Crumble Mix	994248
Espresso R&g Coffee	196932	Glace Cherries	568470
Espresso Roast And Ground Coffee	731003	Gluten Free Flour	620833
Ethiopian Sidamo Coffee Beans	286152	Gold	741361
Ethiopian Sidamo Ground Coffee	285964	Gold	741323
Etna Olives	730464	Gold Decaf	741378
Ew Tuna Steak In Spring Water 3 X 80g	534970	Gold Decaf Premium Instant Coffee	741385
Ew Tuna Steak In Spring Water 4 X 200g	534963	Gold Loose Tea	730860
		Golden Caster Sugar	568500

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Product	Product Code	Product	Product Code
Golden Flaxseed	327374	Hot & Fruity Mango Marinade	790215
Golden Syrup	570831	Hot & Spicy Fajita Kit	725545
Greek Extra Virgin Olive Oil	336611	Hot Chilli Powder	919494
Greek Kalamata Olives	986816	Hot English	738064
Greek Olives With Herbs	986861	Hot Smokey Barbecue Marinade & Sauce	863698
Green & Jasmine	730716	House Blend Mexican Spices	970365
Green & Lemon	735391	House Decaf 10 Coffee Capsules	995863
Green Lentils	573733	Hummus	727167
Green Olives Stuffed With Sundried Tomato	504362	Icing Sugar	568555
Green Tea Everyday Blend 80 Teabags 2010	740579	Instant Coffee	741408
Green Thai Curry Sauce	331739	Instant Coffee	741392
Green Thai Paste	706438	Italian	741491
Ground Almonds	919944	Italian	741507
Ground Black Pepper	919487	Italian 10 Coffee Capsules	995757
Ground Cinnamon	619325	Italian Beans	731010
Ground Cloves	919449	Italian Extra Virgin Olive Oil	336628
Ground Coffee	30106	Italian Grain Pot	208697
Ground Ginger	619189	Italian Kvi Spaghetti	671644
Ground Nutmeg	676731	Italian Mixed Peel	87230
Ground White Pepper	914628	Italian Risotto Rice	618434
Habanero Hot Sauce	48545	Italian Roast And Ground Coffee	730914
Hand Packed Cured Ox Tongue	44974	Italian Tomato Passata	821933
Harissa Paste	727303	Italian Tomato Passata With Red Chilli, Herbs And Olive Oil	821971
Harissa, Red Pepper And Rasel Hanout, Bulgar Wheat, Cracked Frekah And Chickpea Grain Mix	208710	Jalfrezi Curry Paste	48583
Harvey's Very British Breakfast Sauce	738477	Jalfrezi Sauce	483414
Hedgerow (gamekeepers) Xmas Line	739184	Jalfrezi Sauce	687430
Herbes De Provence	914635	Japanese Sencha Infusion	285124
High Fibre Fusilloni	89241	Jasmine Pearls & Green Tea	285131
Hoisin Sauce	568401	Jazzie Sprinkles	25034
Honduras Ground Coffee	285612	Juniper Berries	613750
Honey & Mustard Marinade	308519	Kaffir Lime Leaves	613651
Honey And Mustard Dressing	270359	Katsu Curry Paste	73707
		Kenyan 50 Teabags	730884
		Kenyan Ground Coffee	730945
		Ketjap Manis	568418

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Product	Product Code	Product	Product Code
Korma Curry Paste	568111	M&s Cafe - Ground Coffee For Cafetiere & Filter	994644
Korma Spice Mix	689847	M&s Cafe Coffee Beans	994668
Kvi Curry Cooking Sauce 09	687485	M&s Cafe Hazelnut Syrup	994736
Kvi Mayonnaise	497596	M&s Cafe Tin	981477
Lamb Rogan Josh Spice Kit	574198	M&s Simply No Peel Seville Marmalade.	881937
Large Gherkins	738071	M&s Simply Pure Honey	819268
Lasagne Sheets	692137	M&s Simply Strawberry Jam	881944
Lazy Weekend 10 Coffee Capsules	995818	Macadamia Halves	981811
Lazy Weekend Roast And Ground Coffee	735407	Madagascan Vanilla Extract	568562
Leaf Gelatine	568425	Made Without Rice Porridge	18999
Lemon & Lime Marmalade	940214	Made Without Wheat 3 Fruit, Nut & Seed Granola	77828
Lemon Infused Evoo 2011	793896	Made Without Wheat 7 Fruit, Nut & Seed Muesli	78085
Lemon Mayo	25096	Made Without Wheat Baking Powder	77996
Lemongrass & Chilli Low Fat Dressing	863858	Made Without Wheat Gluten Free Penne	811064
Light Muscavado Sugar	580564	Made Without Wheat Lasagne	989312
Lime Juice From Concentrate	870245	Made Without Wheat Porridge	80095
Lime Pickle	689830	Made Without Wheat Self Raising Flour	78023
Linguine	671651	Made Without Wheat Spaghetti	811071
Long Grain & Wild Micro Rice	849425	Made Without Wheat Victoria Sponge Mix	78016
Long Grain Micro Rice	380188	Made Without Wheat White Bread Mix	78030
Loose Assam Golden Tippy Tea	285636	Made Without Wheat Xanthan Gum	78009
Loose Earl Grey Tea	735438	Madras Indian Paste	694452
Loose English Breakfast	735445	Madras Sauce	687454
Loose Kenyan Golden Pekoe Tea	285674	Make It Your Own Multigrain Muesli	847049
Loose Leaf Earl Grey Tea	188098	Make It Your Own Multigrain Porridge	846776
Loose Leaf Luxury Gold Tea	188104	Make It Your Own Multiseed Granola	849364
Loose Leaf Rwandan Tea With Safflower Petals	188067	Malagueta Chilli Sauce	915199
Loose Rwandan Tea With Safflowers	285438	Mandarin Marmalade	847865
Low Fat Mayonnaise Jar	84345		
Luxury 8 Fruit, Nut & Seed	819565		
Luxury Gold 160 Tea Bags	730808		
Luxury Gold 80 Tea Bags	730792		
Luxury Gold Teabag 240s	288033		
Luxury Mincemeat	480086		

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Product	Product Code	Product	Product Code
Mango & Sweet Chilli Dipping Sauce	696678	Mulled Fruit Conserve	742061
Margherita Pizza Sauce	790277	Mulled Fruit Infusion	993487
Marrakech Olives	730433	Mulled Wine Spices	513234
Masala Ketchup	48569	Mulligatawny	698504
Mayonnaise (squeezy)	819213	Multi Colour Sugar Strands	940719
Mayonnaise With Cold Pressed Rapeseed Oil	819299	Mustard & Dill Sauce	939423
Meaty Mustard	162715	Mustard Seeds	613699
Medium Curry Powder	919432	Nam Pla Fish Sauce	568371
Medium Egg Noodles	616263	Napoletana Pasta Sauce	21029
Medium Roast Instant Decaffeinated Coffee	741354	New York Roast And Ground Coffee	730952
Meringue Nests 2011 Promo	804011	No Knead Italian Dough	87193
Messicani	671668	No Knead Sourdough	87148
Mexican Grain Pot	208734	Non Pareille Capers	870085
Mexican Potato Wedge Seasoning	48637	Non Pareille Capers In Salt	870115
Microwavable Basmati Rice	380171	Nuoc Cham Dipping Sauce	71529
Microwave Wholegrain Rice	849456	Nutmeg	568487
Mild Chilli Powder	616195	Oatbran Gapfill	886703
Milled Golden Flaxseed	327350	Oaty Crumble Mix	738149
Milled Hemp & Cocoa	327336	Olive & Tomato Italian Paste	301343
Milled Nuts & Flaxseed	327305	Olive Oil - Wise Buy 2011	549226
Milled Seeds & Berries	327312	One Cup Classic Filters	730969
Mint	919425	One Cup Columbian Filters	741477
Mint Jelly	738835	One Cup Decaf Filters	731027
Mint Jelly	162500	One Cup Italian Filters	730976
Mint Sauce	738125	Orange, Fig & Hazelnut Mincemeat	50135
Mixed Antipasti	20992	Oregano	619073
Mixed Beans In Water	954730	Organic Italian Ewoo 2011	805834
Mixed Peppercorn Grinder	914666	Organic Italian Extra Virgin Olive Oil	313742
Mixed Spice	613804	Organic Pasta Flour	919623
Mixed Stuffed Olives	986823	Organic Rye Flour	919616
Morello Cherries In Kirsch	897136	Organic Virgin Coconut Oil	959070
Morello Cherry Conserve	993685	Organic Wholegrain Spelt Flour	919609
Morroccan Mint Infusion	994675	Orzo Pasta	20985
Mulled Berry Conserve	993357	Oxtail	698290
		Oxtail Soup	816267

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Product	Product Code	Product	Product Code
Pad Thai Noodles Paste	706360	Plum Tomatoes	821926
Pad Thai Rice Noodles	359955	Poached Blackberry & Apple	738491
Pappardelle	671569	Poponcini With Goat's Cheese	727129
Passata	548663	Poppy Seeds	87025
Pavlova	981910	Porridge Oats	819367
Pea & Ham	698221	Portuguese Sardines In Olive Oil	708005
Pea & Ham Soup	816335	Portuguese Sardines In Olive Oil	809221
Peaches In Brandy Syrup	993395	Portuguese Sardines In Tomato Sauce	809238
Peanut Butter With Maple Pecan Crunch	998093	Posh Dog Mustard	91640
Peanut Satay Sauce	274326	Potted Beef 35g	708227
Pear & Honey (dairymans) Xmas Line	739191	Potted Beef 35g	788816
Pecan Halves	981804	Potted Beef 75g	788786
Penne	816687	Potted Beef 75g	708449
Authentic Italian Pasta		Potted Chicken	323352
Penne Pasta	124089	Potted Chicken 75g	788762
Peri Peri Mayo	722070	Power Berry Teabags	285117
Peruvian Ground Coffee	994293	Prime Corned Beef	294133
Peruvian Soy & Chilli Stir Fry Sauce	91688	Prime Corned Beef 198g	788779
Petit Pois	310352	Prime Corned Beef 340g	788830
Pho Noodle Pot	72847	Provender Balsamic Vinegar	481359
Picalilli	738156	Pudding Rice	568692
Pickled Onions	568937	Pure Acacia Honeycomb	848039
Pilau Rice	364102	Purple Tea & Blueberry	285667
Pimento Stuffed Halkadiki Olive	730440	Puttanesca Pasta Sauce	670302
Pine Nut Kernals	574044	Puy Lentils	789196
Pineapple, Chilli & Mint Salsa	91633	Puy Lentils With Sun Dried Tomatoes & Basil	789202
Pitted Black Olives	730457	Quinoa	65160
Pitted Dates	981781	Ramen Noodle Pot	72861
Pitted Green Olives With Red Pepper	986809	Rapeseed Oil	615341
Pitted Hojiblanca (green) Olives	730495	Raspberry Conserve	819473
Pitted Prunes In Apple Juice	867214	Ready To Roll Marzipan	574143
Ploughmans Chutney	738187	Ready To Roll Soft Icing	574136
Plum & Hoisin Stirfry Sauce - Pouch	700443	Really Raspberry Sauce	550925
Plum (soft Set Jam)	739207	Recipe Paste Moroccan Tagine	727310
Plum Dipping Sauce	846769	Red & White Quinoa	789226

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Product	Product Code	Product	Product Code
Red Cabbage - Large Jar	772372	Roasted Peppers With Rosemary	727280
Red Jalapenos	63203	Roasted Red Pepper & Sherry Vinegar Dressing	789615
Red Label 80	730822	Roasted Vegetable, Olive & Lemon Bulgar Wheat And Lentile Grain Mix	208727
Red Lentils	573740	Rocoto Chilli Jam	91497
Red Onion, Tomato And Mint Relish	54102	Rogan Josh Sauce	687447
Red Salsa	722117	Romesco Sauce	727136
Red Thai Curry Sauce	331876	Roobios And Vanilla	735452
Red Thai Paste	706384	Rosemary	619080
Redbush 40 Teabags	735469	Rough Cut Sugar Cubes	742016
Redcurrant Jelly	739238	Ruby Red Grapefruit Marmalade	847964
Redcurrant Sauce	738231	Rwandan Ground Coffee	285551
Reduced Fat Coconut Milk	622288	Saffron	568609
Reduced Fat French	209854	Salad Cream	819541
Reduced Fat Mayo With Extra Virgin Olive Oil	448024	Salad Cream	946056
Reduced Fat Mayonnaise	982412	Sandwich Pickle- Pickled Onions	738279
Reduced Sugar Strawberry Jam	940238	Scotch Broth Soup	816373
Refresh Teabags	285322	Scoth Broth	698313
Re-fried Beans	722148	Sea Salt	719599
Re-fried Beans	77859	Sea Salt Grinder	914659
Rendang Paste 2010	706391	Sea Saly Anglesey	389334
Rhubarb & Vanilla (soft Set Jam)	738248	Seeded Crumble Mix	994217
Rhubarb Conserve	993678	Seedless Raspberry Conserve	940207
Rice Vermicelli Noodles	568456	Selection Of Fruit & Herbal Infusions	189064
Rich Meat Gravy	497718	Semi Dried Cherry Tomatoes	727297
Rich Poultry Gravy	497701	Seville Olives	730426
Rigatoni	671682	Seville Orange & Stem Ginger Marmalade	847940
Risotto Mix With Porcini Mushrooms	621144	Shelled Pistachios	981798
Roasted Garam Masala	919470	Sicilian Lemon Juice	87223
Roasted Garlic Mayo	819596	Silky Teabags Darjeeling 2010	735483
Roasted Garlic Mayo	722063	Silky Teabags Gunpowder Green & Mint 2010	735490
Roasted House Blend Curry Powder	919524	Silky Teabags Lapsang Souchong 2010	735506
Roasted Mixed Peppers	727235		
Roasted Moroccan Spice Blend	919517		
Roasted Pepper & Tomato	23726		

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Product	Product Code	Product	Product Code
Simply 4 Pack Canned Chopped Tomatoes	900379	Sliced Green Jalapenos	722155
Simply Bbq Sauce	907897	Sliced Mangoes	541787
Simply Bran Flakes	878098	Smoked Chilli And Garlic Grinder	605182
Simply British Granulated Sugar	963602	Smoked Paprika	568616
Simply Fruit And Fibre Cereal	882255	Smoked/ Toasted Quinoa	208666
Simply Fruit Muesli	882286	Smokey Bbq Fajita Kit	725538
Simply Grapefruit Segments	809078	Smokey Chipotle Greek Olives	986854
Simply Macaroni Kvi (gap)	878609	Smokey Chipotle Salsa	722131
Simply Malt Vinegar	620796	Smokey Pepper And Chilli Sizzle And Drizzle	25119
Simply Peach Halves	907705	Smoky Chipotle Dip	809566
Simply Plain Flour	250252	Smooth Peanut Butter	819602
Simply Self Raising Flour	250269	Smooth Quince Paste	54041
Simply Sliced Carrots	77835	Soba Noodles	913775
Simply Strong Wholemeal Flour	620888	Soft Set Scottish Marmalade With Heather Honey	24952
Simply Tuna Chunks In Sunflower Oil	935272	Soft Tacos	48514
Singapore Noodles Paste	817042	Soy Sauce	455916
Single Origin Ceylon Teabags	188647	Spaghetti Authentic Italian Pasta	816717
Single Origin Columbian Coffee Beans.	188487	Spaghetti 1kg	878081
Single Origin Ethiopian Coffee.	188333	Spanish Apricot & Amaretto Jam	847995
Single Origin Green Jasmine Teabags	188074	Spanish Extra Virgin Olive Oil	729635
Single Origin Guest Coffees	994651	Spanish Paella Rice	798235
Single Origin Kenyan Teabags	188050	Sparkling Peach & Prosecco Conserve	189248
Single Origin Tea Selection	189293	Speciality Balsamic Vinegar	569026
Skinless Anchovy Fillets In Extra Virgin Olive Oil	388924	Speciality Sicilian Dop Extra Virgin Olive Oil	642699
Skipjack Tuna Chunks In Spring Water	813815	Spelt Rigatini	89210
Skipjack Tuna In Water 4x200g	813808	Spiced Marmalade	224161
Skipjack Tuna Steak In Spring Water	813822	Spiced Marmalade	519700
Skipjack Tuna Steak In Spring Water 3x80g	813839	Spiced Couscous	863797
Skipjack Tuna Steak In Sunflower Oil	813846	Spiced Orange (stockmans) Xmas Line	739245
Sliced Bamboo Shoots	846530	Spiced Peach Chutney	993241
Sliced Gherkins	971300	Spiced Seville Marmalade Xmas 2010	685566
		Spiced Tea	50104

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Product	Product Code	Product	Product Code
Spicy Chipotle, Coriander& Lime, Quinoa, Black Bean And Wheatberry Grain Mix	208895	Sweet Chilli Dipping Sauce	456012
Spicy Mango Chutney	693752	Sweet Chilli, Ginger & Garlic Sauce	331906
Spicy N'duja & Tomato Pasta Sauce	21043	Sweet Chilli, Ginger & Garlic Sauce	817462
Spicy Sweet & Sour Cooking Sauce 2010	700474	Sweet Jalapeno Chilli Sauce	48491
Sriracha Sauce	274319	Sweet Mango Chutney	693769
Star Anise	613705	Sweet Orange Marmalade	847841
Sticky Bbq Marinade	308489	Sweet Paprika	919456
Sticky Fig & Balsamic Chutney	820998	Sweetcorn	147538
Sticky Tomato & Chilli Chutney	823524	Sweetcorn And Fireroasted Pepper Burger Relish	24945
Sticky Tomato & Chilli Chutney Ayr	743617	Sweetcorn Tetrapack	809047
Strawberry & Almond Crunch	819527	Tabbouleh/ Moroccan Grain Pot	208703
Strawberry & Champagne Conserve	151269	Taco Kit	48644
Strawberry (soft Set Jam)	739252	Taco Seasoning	48576
Strawberry Conserve	819626	Tagliatelle	671590
Strawberry Mousse	738217	Taka Dhal Soup	851985
Strong White Bread Flour	568722	Tamarind Paste	927420
Sumac	970372	Tandoori Indian Paste	694445
Summer Fruit Compote	738507	Tarragon	619141
Sun Dried Tomato & Basil	23702	Tartare Sauce	738330
Sun Dried Tomato Stuffed Halkadiki Olive	738545	Tc Honey & Mustard Glaze For Root Vegetables	815970
Sundried Tomatoes	727242	Thai Green Paste	568197
Sunflower Seeds	574082	Thai Jasmine Rice	613873
Super Grain Mix	208918	Thai Massaman Curry Paste	970327
Super Green Tea Bags	285261	Thompson Raisins	701617
Super Mini Coconut Meringues	878685	Tikka Curry Paste	568203
Super Mini Lemon Meringue	25003	Toasted Sesame Oil	336710
Sweet & Sour Sauce	331852	Tom Yum Noodle Pot	72854
Sweet & Sour Sauce	700481	Tomato & Basil	698252
Sweet & Sour Chicken	444651	Tomato & Basil Bruschetta Topping	727112
Sweet & Sour Stirfry Sauce - Pouch	700498	Tomato & Basil Pasta Sauce	670227
Sweet & Spicy Pork With Wild Rice	264402	Tomato & Herb Pasta Sauce	670241
Sweet Chilli & Ginger Stirfry Sauce - Pouch	700511	Tomato & Porcini Mushroom Pasta Sauce	670197
		Tomato & Sausage With Fennel And Barolo Wine	89227

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Product	Product Code	Product	Product Code
Tomato & Spicy Italian Sausage Pasta Sauce	670180	Wheat Biscuits	819411
Tomato & Sweet Garlic Pasta Sauce	670326	White Bread Mix	573948
Tomato Chutney	915694	White Breadcrumbs	573764
Tomato Ketchup	819589	White Tea & Raspberry	735513
Tomato Ketchup	946605	Whole Apricots	575898
Tomato Passata With Basil & Olive Oil	821940	Wholegrain Micro Rice	486682
Tomato Puree	821919	Wholegrain Mustard	738361
Tomato, Garlic & Chilli Stir In Sauce	89197	Wholegrain Rice	538831
Traditional Fruit Chutney	738347	Wholegrain Rice, Red Rice & Quinoa	65146
Treacle	621038	Wholewheat Cavatappi	89180
Trifle Fingers	629409	Wholewheat Penne	671729
Triple Mint Infusion	285605	Wholewheat Spaghetti	671736
Tuna Chunks In Spring Water	671811	Wild Alaskan Red Salmon 105g	807418
Tuna Steak In Spring Water	867207	Wild Alaskan Red Salmon 213g	809122
Tuna Steak In Sunflower Oil	707978	Wild Alaskan Red Salmon 2x213g	809153
Turkey Gravy	893077	Wild Alaskan Red Salmon S&b 180g	809207
Turkish Black Cherry & Vanilla Jam	848046	Wild Alaskan Red Salmon S&b 2x180g	809146
Turkish Sultanas	701624	Wild Canadian Red Salmon 105g	807401
Turkish Sultanas	573986	Wild Canadian Red Salmon S&b 105g	809191
Turmeric	619172	Wild Flower Honey	819671
Tuscan Evoo 2011	951203	Windfall Chutney (apple & Pear)	738378
Tuscan Evoo 2011 (olitalia)	806404	Winter Berry Chutney	50098
Udon Noodles	913768	Zesty Chicken Tagine With Chickpeas	264327
Vanilla Pods	568647		
Vanilla Syrup	994682	Healthy Meal Solutions F64C	
Vegetable Curry	526418	Banana Porridge	961585
Vegetable Stock	568661	Beef In Red Wine Casserole	783057
Ventresca Tuna Fillets	809139	Bfy Chicken, Prawn & Chorizo Paella	497251
Vine Ripened Tomato Paste	904209	Bfy Red Thai Curry	466820
Vostizza Currants	645737	Bfy Spicy Chicken Noodles	14915
Walnut Oil	574129	Bfy Thai Green Curry	709583
Walnut Pieces	574112	Braised British Steak	206778
Wasabi Mayo	970396	Butternut Squash And Cod Croquettes With Peas And Sweetcorn	870948
Water Chestnuts	846516		

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Product	Product Code	Product	Product Code
Chicken & Noodle Laksa Soup	702188	Ew Spiced Chicken With Minted Grain Pilaff	674782
Chicken Arrabbiata	14724	FI 2 Slow Cooked Chicken Legs In A Smokey Tomato & White Wine Sauce	912792
Chicken Bites & Fries	222662	FI Cod Rogan Balti	907248
Chicken Penne Arrabiatta	702126	FI Naked Burger, Wedges And Relish	14793
Chicken Teddies	204224	FI Piri Piri Chicken, Wedges And Corn	14946
Chilli Beef Noodles	14960	FI Superfood Kerelan Chicken Curry With Chard	14809
Chilli Con Carne	269636	FI Tamarind Chilli Chicken Noodles	939621
Cottage Pie With Sweet Potato	961974	Flspanish Slow Cooked Pork	939607
Cou 2 Breadcrumbed Chicken Breasts	807845	Forever Fishes Breaded Cod Fish Shapes	870962
Cou Bengali Cod Curry	907217	Fruity Mango Dessert	961950
Cou Bolognese Fusilli Snackpot	783101	Kids Turkey Meatballs With Spaghetti	488105
Cou Breaded Cod,chips And Peas	847087	Meat Free Cumberland Sausages	794558
Cou Chicken Casserole	605885	Meatballs & Spaghetti Snackpot	771245
Cou Chicken Tagliatelle	458603	Med Veg Pasta With Red Pepper Sauce	470179
Cou Lamb Hotpot	654616	Mexican Bean & Butternut Chilli Snackpot	794824
Cou Mediterranean Style Chicken And Roasted Vegetable Pasta	771276	Mighty Meaty Pasta	392891
Cou Minted Lamb With Spring Veg	492164	Oakhm Chicken Caterpillars	806145
Cou Pepperonata Chicken Pasta	913973	Organic Broccoli, Pea, Parsnip With A Hint Of Pear	965897
Cou Persian Duck With Basmati Rice And Roasted Butternut	928878	Organic Chicken & Tomato Pasta With A Hint Of Chilli	967396
Cou Seafood Paella	783095	Organic Chunky Vegetable & Chicken Casserole	967389
Cou Shanghai Beef	458290	Organic Italian Bean Ragu	965859
Cou Shepherds Pie With Rosti Top	14786	Organic Mighty Meaty Pasta	965880
Cou Spaghetti And Meatballs	294492	Organic Sweet Potato & Beef Casserole With Rice	967365
Cou Sweet And Sour Chicken With Vegetable Rice	671477	Organic Tomato & Basil Chicken	965873
Count On Us Beef Casserole With Dumplings	220378	Pure Apple Juice (kids Range)	492539
Count On Us Chicken, Tomato And Basil	138109	Roast Pork Loin In Gravy	702362
Count On Us Prawns And Noodles In Sweet Chilli Sauce	213134	Roasted Beef Meatballs With Spaghetti	702225
Count On Us Spaghetti Bolognese	322461		
Ew Children's Chicken Burger And Chips	244763		
Ew Children's Nice Rice Chicken	300278		
Ew Oakham Chicken Christmas Trees	654081		

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Product	Product Code	Product	Product Code
Sausages & Beans Snackpot	770637	Agua Fresca Pineapple	89562
Sfl Chicken & Vegetable Hot Pot	774666	Agua Fresca Watermelon & Lime	89555
Sfl Chinese Style Chicken & Mushroom Rice	794800	Aloe Vera, Grape & Apple Juice	71543
Sfl Dine In Roasted Steak Meatballs With Spaghetti	866897	Apple Asparagus & Lemon Rainbow Juice	916578
Sfl Hoisin Duck Noodles	525558	Apple Blackcurrant, Fig & Carrot Juice	50562
Sfl Superbean And Ham In Smoky Tomato Sauce	889674	Apple Juice	138239
Sfl Sweet Chilli Chicken Noodles	725033	Apple, Beetroot & Blackcurrant Juice	707466
Slow Cooked Chicken In Red Wine With Baby Roasted New Potatoes & Green Beans	847223	Apple, Blood Orange & Butternut Squash Juice	71642
Smoky Cajun Chicken Jambalaya	702317	Apple, Pea, Lime & Mint	13079
Spaghetti & Meatballs In Tomato Sauce	711814	Apple, Pear & Asparagus	20220
Spaghetti Bolognese	280525	Apple, Pear & Brussel Sprout Juice	993746
Spiced Red Lentil Kofte With Tabbouleh	794794	Apple, Pineapple, Mango & Coconut Water Juice A Vibrant,wonderfully Refreshing Drink To Enjoy Chilled	916592
Tuscan Bean,pasta And Vegetable Stew	811798	Berries & Beets Smoothie	71536
Juice F30C		Blackberry, Redcurrant & Blackcurrant Juice Drink	50623
1 Litre Fresh Squeezed Clementine Juice	381949	British Pressed Pear & Blackcurrant Juice	50555
100% Freshly Squeezed Orange Juice Smooth	530507	Cherry Juice Drink	711708
100% Freshly Squeezed Orange Juice With Juicy Bits	945257	Coconut Water	974110
Active Health Apple & Fig Juice With Prune And Added Vitamins C & E	939485	Coconut Water With Pineapple	974127
Active Health Delicious Food With Added Benefits Juice Booster Apple, Cucumber & Mint With Guarana & Spirulina	71550	Cranberry & Raspberry Juice Drink	385329
Active Health Delicious Food With Added Benefits Juice Booster Orange & Lemon Juice With Ginger	11853	Cranberry & Redcurrant Smoothie	50586
Active Health Delicious Food With Added Benefits Juice Booster Raspberry & Redcurrant With Baobab	11860	Cranberry Juice Drink	255493
Agua Fresca Cucumber & Lemon	89524	Cucumber, Avocado & Lime Smoothie	89579
Agua Fresca Orange, Lemon & Mint 750ml	377294	Freshly Squeezed Still Lemonade	652742
		Freshly Squeezed Valencia Orange Juice (750ml Smooth)	860918
		Freshly Squeezed Valencia Orange Juice (750ml With Juice Bits)	860901
		Mango, Pineapple & Passion Fruit Smoothie	866125
		Mojito Juice Drink	802833
		Mulled Citrus Warmer	199766
		Mulled Winter Warmer	940627

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Product	Product Code	Product	Product Code
Nas Apple & Raspberry Juice Drink	257084	Pressed Costa Rican Pineapple With A Hint Of Lime Juice Never From Concentrate	186803
Nas Cranberry & Raspberry Juice Drink	71604	Pressed Greens	88916
Nas Mulled British Apple & Pear Warmer	199780	Pressed Pineapple, Peach & Passion Fruit Juice	390811
Nas Pomegranate & Raspberry Juice Drink	233040	Pressed Pink Lady Apple Juice	470957
Never From Concentrate Apple & Mango Juice	356398	Promo Peach & Grape Nfc X 2 Pack	696937
Never From Concentrate Pressed Pink Lady? Apple Juice	988315	Pure Squeezed Florida Pink Grapefruit Juice With Juicy Bits	358002
Never From Concentrate Pure Red Grape, Pomegranate & Blackcurrant Juice	529570	Rhubarb & Ginger Lemonade	50616
Never From Concentrate Pure Squeezed Florida Orange Juice Smooth	416696	Simply Orange Juice With Juicy Bits	232852
Never From Concentrate Pure Squeezed Florida Orange Juice With Juicy Bits	322881	Sloe Berry Sling Juice Drink	50647
Never From Concentrate Pure Squeezed Spanish Valencia Orange Juice With Juicy Bits	539265	Smooth Orange Juice	765893
Never From Concentrate Pure Squeezed Spanish Valencia Orange Juice With Juicy Bits	487191	Spanish Clementine Juice	463348
Never From Concentrate Squeezed Sicilian Blood Orange Juice	985956	Spiced British Apple Juice	993739
Orange, Carrot & Mango Smoothie	71574	Squeezed Orange & Lime Juice With Juniper Berries	888660
Parsnip In A Pear Tree	50579	Still Lemonade	802864
Pear To The Throne	935098	Still Ginger Lemonade	802857
Pina Colada Juice Drink	802840	Still Lemonade Juice Drink Nfc	611527
Pineapple Juice	524742	Still Raspberry Lemonade	802871
Pressed Apple, Pineapple, Mango, Passion Fruit & Kale	974097	Strawberry & Banana Smoothie	11839
Pressed Beetroot Juice 750ml	88893	Summer Sour	89500
Pressed British Apple & Pear Juice	664424	Super Berry Smoothie	866118
Pressed British Apple Juice	942638	Tomato, Celery, Red Pepper & Lime	89678
Pressed British Cox Apple Juice (1 Litre)	493246	Trebbiano White Grape Juice	916660
Pressed British Gala & Bramley Apple Juice	931489	Tropical Juice	451604
Pressed Carrot & Orange Juice	707473	Meat F38C	
Pressed Carrot Juice	88909	10 Pork Chipolata Sausages	416214
		12 Beef Meatballs	693219
		12 Pork Meatballs	963848
		12 Posh Puppies	972956
		2 Barnsley Lamb Chops	604208
		2 Cajun Pork Leg Steaks	998499
		2 Devilled Steaks	36283
		2 Gloucester Old Spot Burgers	864497

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Product	Product Code	Product	Product Code
2 Gloucester Old Spot Pork Rib Eye Steak	998451	8 Pork Chipolata Sausages Dual Tray Size	677233
2 Haggis Slices	988292	8 Pork Sausages (wisebuy)	83744
2 Hampshire Pork Belly Squares	48828	8 Premium Pork Chipolata Sausages	83850
2 Hampshire Pork Chops	48811	8 Premium Pork Sausages	85236
2 Hampshire Pork Rib Eye Steaks	48842	8 Reduced Fat Butchers Choice Pork Sausages	106306
2 Large Lamb Loin Chops	693158	8 Smoked Garlic, Lemon & Parsley Chicken Thigh Fillets	36306
2 Odb U/s Bacon Chops	713818	8 Ultimate Steak Burgers	926744
2 Pepper Crusted Pork Loin Steaks	998475	Aa Beef & Pepper Sausage	819848
2 Pork Steaks	972987	Aberdeen Angus Beef Casserole Steak	293525
2 Pulled Brisket Burgers With Gravy Dip 'n' Drizzle	55185	Aberdeen Angus Beef Casserole Steak-eu	895491
2 Racks Of Bbq Ribs	975698	Aberdeen Angus Beef Fillet Steak	361965
2 Smkd Gammon Steaks	280457	Aberdeen Angus Beef Fillet Steak-eu	895439
2 U/s Gammon Steaks	86363	Aberdeen Angus Beef Fillet Steak-fw	902151
2 Ultimate Steak Burgers	864688	Aberdeen Angus Beef Joint	140249
24 Pork Cocktail Sausages	374781	Aberdeen Angus Beef Mince Extra Lean	417884
4 Aberdeen Angus Beef Burgers	225380	Aberdeen Angus Beef Mince Extra Lean-eu	895002
4 Bbq Chicken Breast Escalopes	796606	Aberdeen Angus Beef Rump Steak	362009
4 Lamb Shish Kebabs	582605	Aberdeen Angus Beef Rump Steak-fw	902144
4 Lamb Shish Kebabs	685559	Aberdeen Angus Beef Sirloin Steak	121699
4 Piri Piri Chicken Breast Escalopes	923798	Aberdeen Angus Beef Sirloin Steak-eu	895453
4 Skinny Burgers	84925	Aberdeen Angus Beef Sirloin Steak-fw	902328
4 Teriyaki Beef Skewers	973014	Aberdeen Angus Braising Steak	185400
6 Black Pudding Slices	84215	Aberdeen Angus Fillet Steak Dual Tray Size	677240
6 Chicken Posh Dogs Tm	36177	Aberdeen Angus Lean Beef Mince	307895
6 Posh Dogs	923804	Aberdeen Angus Lean Beef Mince-eu	894999
6 Sweet Chilli Chicken Strips	725460	Aberdeen Angus Lean Beef Mince-franchise	902342
6 Venison Sausages	408073		
8 Butchers Classic Pork Sausages	60738		
8 Chicken Sliders	36160		
8 Cumberland Pork Sausages	197045		
8 Honey & Mustard Pork Shoulder Steak Strips	36337		
8 Lincolnshire Pork Sausages	646321		
8 Mini Beef Burgers	728386		
8 Morroccan Lamb Chipolata Sausages	773805		

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Product	Product Code	Product	Product Code
Aberdeen Angus Lean Mince (ltv) 400g	677257	Boneless Rolled Shoulder Of Lamb	944694
Aberdeen Angus Peppered Rump Steak	458177	Boneless Salt & Pepper Lamb Leg Joint-eu	895514
Aberdeen Angus Peppered Rump Steak-eu	895460	Bp Sirloin Steak X2	563413
Aberdeen Angus Ribeye Steak	458160	Brecknock Lamb Half Leg	377249
Aberdeen Angus Ribeye Steak-eu	895484	Brecknock Lamb Leg Steaks	377263
Aberdeen Angus Ribeye Steak-fw	902335	Brecknock Lamb Loin Chops	340816
Aberdeen Angus Sirloin Steak Dual Tray Size	677295	Brecknock Rack Of Lamb	340755
Aberdeen Angus Steak Burgers	875370	Brisket Of Beef Joint	604185
Ayr C/o Sugar Glazed Gammon Joint	658027	British 36 Cocktail Sausages	84659
Bacon Belly Rib Strips With A Blackberry Bbq Sauce	36368	British Outdoor Bred Hampshire Pork Crackling Leg With A Bramley Apple Sauce	409810
Basted Lamb Leg Joint	485494	British / New Zealand Lamb Shoulder Boneless	867818
Basted Pork Loin Joint	924160	British / New Zealand Lamb Shoulder With Salt And Pepper Bone In	563260
Bbq Beef Brisket	46404	British / New Zealand 1/2 Leg Of Lamb Bone In	144025
Bbq Beef Brisket	973137	British / New Zealand Lamb Leg With Salt And Pepper Boneless	826495
Bbq Beef Ribs	943642	British / New Zealand Whole Leg Of Lamb Bone In	521017
Beef And Pork Meatloaf	995481	British / Scotch Beef Rump Rolled	943789
Beef Basted Topside	943826	British / Scotch Topside Of Beef	522816
Beef Braising Steak	33046	British Aberdeen Angus / N. Irish / Irish Aberdeen Angus Topside Of Beef	646291
Beef Fillet Steak	164108	British Bacon Wrapped Pork Chipolatas	529280
Beef Joint	513609	British Beef Denver Steak	943819
Beef Meatloaf With Tomato Sauce	670814	British Beef Ranch Steak	943864
Beef Mince	590273	British Beef Ribeye Steak	251068
Beef Roasting Joint	417440	British Beef Sirloin Steak (single Fw)	781169
Beef Rump Steak	155106	British Beef Sirloin Steak Thin Cut (in A Bag)	179324
Beef Sirloin Steak	155090	British Beef Topside With Mustard & Herb Basting Fat	784412
Beef Steaks With A Mustard And Herb Melt	995580	British Beef Topside With Mustard & Herb Basting Fat	770811
Beef Strips	911368		
Big Texas Beef Rib	926812		
Black Pudding Chubb	777759		
Boneless Beef Shin Steaks With Bacon Lardons And A Rich Red Wine Sauce	55215		
Boneless Leg Of Lamb	944571		

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Product	Product Code	Product	Product Code
British Dry Cured Apple, Cranberry & Ruby Port Loin	826587	British Outdoor Bredready To Cookhoney & Mustard Gammon	590426
British Frying Steaks X 2 (fw)	826556	British Outdoor Bredready To Cookhoney & Mustard Gammon	590433
British Honey Cured Gammon	274005	British Outdoor Bredready To Cookorange Glazed Gammon	773324
British Honey Cured Gammon 1.3kg	210546	British Outdoor Bredready To Cookorange Glazed Gammon	773348
British Lamb Cutlets	638562	British Outdoor Bredready To Cooksugar Baked Gammon	948340
British Lamb Cutlets Cw	981828	British Outdoor Reared Breckland White Porchetta Joint With Garlic, Lemon & Sage	252126
British Lamb Leg Steaks	105149	British 'porchetta' Hampshire Pork Belly & Shoulder Joint With Lemon, Garlic And Herbs	64224
British Lamb Liver	242417	'british Ready To Cook Crackling Gammon	770866
British Lamb Mince	34944	British Ready To Cook Crackling Gammon 1.7kg	770781
British Lamb Mince Twin Pack	648660	British Rib Eye Steak (fw)	826594
British Lamb Rack	105460	British Rose Veal Breaded Escalope X 2	797757
British Lean Beef Mince 250g	645089	British Single Forerib Of Beef	252188
British Organic 8 Chipolata Pork Sausages	526289	British Sirloin Of Beef	694551
British Outdoor Bred 2 Pork Steak	977838	British Smoked Back Bacon	230650
British Outdoor Bred 6 Pork And Bramley Apple Sausages	318655	British Smoked Back Bacon Dual Tray Size	677226
British Outdoor Bred 6 Pork Sausages	416269	British Smoked Cured Loin 550g	239646
British Outdoor Bred Black Pepper Bacon	904131	British Smoked Cured Loin 900g	240000
British Outdoor Bred Dry Cured Smoked Back Bacon	566049	British Smoked Cured Pork Loin	240000
British Outdoor Bred Pork 6 Chorizo Sausages	263443	British Smoked Streaky Bacon	623612
British Outdoor Bred Pork Belly Joint	664493	British Thin And Crispy Smoked Streaky Bacon	199216
British Outdoor Bred Pork Crackling Leg Joint	522397	British Turkey Breast Basted For Extra Succulence Serves 4-6	773782
British Outdoor Bred Pork Loin Joint	510080	British Turkey Breast Basted For Extra Succulence Serves 6-8	140027
British Outdoor Bred Pork Sausagemeat	88077	British Unsmoked Back Bacon	230643
British Outdoor Bred Pork Shoulder Steaks	604161	British Unsmoked Back Bacon Dual Tray Size	677202
British Outdoor Bredready To Cook Dry Cured Gammon	252072	British Unsmoked Extra Thick Back Bacon	516167
British Outdoor Bredready To Cookdry Cured Gammon	63074	British Unsmoked Gammon	378314
British Outdoor Bredready To Cookdry Cured Gammon	125284		

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Product	Product Code	Product	Product Code
British Unsmoked Streaky Bacon	623537	Collections British Outdoor Bred Dry Cured Christmas Spiced Bacon Lardons	785228
British/ Irish/ N. Irish Aberdeen Angus Beef Roasting Joint	705554	Collections British Rib Of Beef Boneless	899567
British/ Scotch Topside Of Beef	164696	Collections British Wing Rib Of Beef	902380
British/ Scotch/ N. Irish Beef Roasting Joint	92531	Cook With M&s Pork Strips	911375
British/ Scotch/ N. Irish/ Irish Topside Of Beef	38140	Cumberland Whorl With Apple, Cider & Mustard Glaze	36245
Britishbeef Fillet	455848	Cured Loin Joint - Xmas Small	239646
Britishbeef Fillet	784559	Diced Beef	995498
Britishoak Smoked Gammon	786959	Diced Chicken	995474
Britishrib Of Beef Dry Aged For 28 Days For Succulence & Full Flavour	784436	Diced Irish Lamb	929233
Britishsirloin Of Beefdry Aged	478489	Diced Lamb	589444
Britishunsmoked Gammon	607292	Diced Lamb-eu	895415
British Rose Veal Escalopes	773867	Diced Pork	995559
Bubblin' Ginger Beer Chicken Breast Escalopes	36252	D-in British Rib Eye Steaks	795081
Carvery Leg Of Lamb Large	944700	Dine In Rump Steaks	678872
Casserole Beef	592468	Dine In Sirloin Steaks	678865
Casserole Beef Dual Tray Size	677301	Dry Aged Four -wing Rib Of Beef - Serves 8-10	925709
Cfto Collections British Outdoor Bred Sugar Baked Gammon	949149	Dry Aged Ribeye Steak	578448
Cfto Dry Cured Gammon Joint With Ginger Beer & Orchard Fruits	826563	Dry Aged Sirloin Steak	578479
Char Sui Pork Stir Fry	693257	Dry Aged Two Wing Rib Of Beef - Serves 4-6	925716
Chicken Breast Strips	911399	Dry Cured Gammon	388429
Chicken Sausage	904179	Extra Lean Beef Mince	489126
Collection Dry Aged Tomahawk Joint	784443	Extra Lean British Beef Escalopes-Gap	867832
Collection' Easy carve Leg Of Lamb With Cranberry & Clementine & Pomegrante Stuffing	770552	Extra Lean Mince (ltv) 450g	677332
Collection' Easy carve Leg Of Lamb With Cranberry & Clementine & Pomegrante Stuffing	999892	Extra Trimmed Lamb Loin	920407
Collection Rump Of Venison	838436	Extra Trimmed Rump Steak	780162
'collection" British Ready To Cook Scrumpy Cider & Apple Gammon 1.5kg	904216	Family Favourite 20 Butchers Choice Pork Sausages	728775
'collection" British Ready To Cook Scrumpy Cider & Apple Gammon 750g	904759	Fillet Steak Dual Tray Size	677356
		Flat Iron Steak- Gap	867825
		Food To Order	944649
		Medium Boneless Rolled Rib Of Beef	

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Product	Product Code	Product	Product Code
Food To Order Large Boneless Rolled Rib Of Beef	944663	Fto Dry Cured Gammon Joint With Ginger Beer & Orchard Fruits	876490
Food To Order Extra Trimmed Rump Steak	944632	Fto Lamb Cutlets	945004
Food To Order Thin Cut Steak	944762	Fto New Zealand Whole Lamb Leg	838191
Food To Order Thin Cut Sirloin Steak	944717	Fto Orange Marmelade Gammon (large)	838238
Food To Order Thick Cut Bone Steak	944724	Fto Organic Whole Lamb Leg	953986
Food To Order Large Sirloin Joint Of Beef	944809	Fto Pork Rib Rack With Winter Fruits Stuffing	904261
Food To Order Large Topside Joint Of Beef	944793	Fto Ready To Roast Honey Glazed Gammon Serves 2 - 3	838207
Food To Order Large Topside Roasting Joint With Fat	944823	Fto Sirloin Of Beef With Pancetta & Chesnut Stuffing With Red Wine Jus	897686
Food To Order Medium Rolled Rump Joint	944915	Fto Special Reserve Fillet Steak	838306
Food To Order Medium Topside Joint Of Beef	944939	Fto Special Reserve Ribeye Steak	838313
Food To Order Medium Topside Roasting Joint With Fat	944830	Fto Speciality 28 Day Matured Sirloin Beef Joint	838290
Food To Order Medium Sirloin Joint Of Beef	944878	Fto Sunday Topside Joint	838320
Food To Order Large Rolled Rump Joint	944816	Fto Zingy Ginger, Lime & Coriander Chicken Strips	875387
Food To Order 4 Thin Cut Ribeye Steaks	944946	Gammon With Honey Glaze	126809
Fto 28 Day Special Reserve Dry Aged Wing Rib Of Beef	897679	Gammon With Honey Glaze	670845
Fto 8 Chicken & Chorizo Kebabs	879378	Garlic And Herb Chicken	471886
Fto Bbq Pork Joint	875974	Gos Boneless Leg Of Pork	946834
Fto Boneless Butterflied Lamb Leg	931649	Gos Boneless Leg Of Pork	948388
Fto British Lamb Rack	840378	Gos Boneless Pork Loin Joint	946841
Fto British Rose Veal Chop	838412	Gos Pork Belly Joint	864480
Fto British Rose Veal Escalopes	838368	Gos Pork Chop X 2	864770
		Gos Pork Fillet Medallions	864503
		Gos Pork Leg Joint	865005
		Gos Pork Loin Joint	864992
		Gos Pork Loin Rack	948371
		Gos Pork Sausages	864862
		Haggis 908g	846905
		Ham Hock With Apple Sauce	943604
		Hampshire Pork Fillet Medallions	48859
		Hampshire Pork Leg Joint	48866
		Hampshire Pork Loin Joint	48804

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Product	Product Code	Product	Product Code
Hot & Fruity Bbq Pork Bullet Belt Riblets	36269	Italian Style Sausages	923774
Irish 6 Pork And Black Pepper Thick Sausages	706230	Jamaican Jerk Spatchies	197526
Irish 6 Pork And Herb Thick Sausages	706247	Kentish Cider Cured Applewood Smoked Back Bacon	39369
Irish 6 Thick Pork Sausages	706254	Lamb Garl/ros Chipolata	819831
Irish 8 Thin Pork Sausages	706261	Lamb Guard Of Honour With A Pea & Mint Crust	875332
Irish Angus Casserole Steak	929219	Lamb Guard Of Honour With Caramalised Onion Crust With Red Wine Sauce	840637
Irish Angus Fillet Steak	928519	Lamb Half Leg - Eu	895422
Irish Angus Rib Eye Steak	928526	Lamb Leg Steaks - Eu	895408
Irish Angus Rump Steak	928540	Lamb Loin Chops	944953
Irish Angus Sirloin Steak	928533	Lamb Loin Chops-eu	906289
Irish Beef Braising Steak	929226	Lamb Loin Noisettes	944960
Irish Beef Fillet Steak X 1	928397	Lamb Mince - Eu	895446
Irish Beef Fillet Steaks X 2	928434	Lamb Roasting Joint	418355
Irish Beef Flat Iron Steak	928458	Lamb Rump Steak X 2-gap	920414
Irish Beef Frying Steak	928502	Lamb Rump Steaks	944977
Irish Beef Rib Eye Steak X 1	928410	Lamb Saddle	944991
Irish Beef Rib Eye Steaks X 2	928427	Lamb Shoulder With Honey & Balsamic	899635
Irish Beef Rump Steak X 1	928465	Lamb Steak With Crushed Pepper And Rosemary	652261
Irish Beef Rump Steaks X 2	928403	Lazy Beer Can Half Chicken	864817
Irish Beef Sirloin Steak X 1	928441	Lean Beef Mince	778985
Irish Casserole Steak	929325	Lean Mince (Itv) 450g	677349
Irish Extra Lean Beef Minute Steak	928489	Leg Of Venison	455183
Irish Hand Cut Lamb Loin Chops X 2	929349	Lo Salt Smoked Bacon Rasher	826969
Irish Herby Lamb Leg Steaks X 2	929356	Louisiana Barbecue Chicken Flattiestm	92524
Irish Lamb Leg Steaks X 2	929424	Louisiana Bbq Chicken Flatties	93408
Irish Lamb Loin Chops X 4	929363	Louisiana Bbq Chicken Flatties (dine In)	92616
Irish Lamb Rack	105460	Low Salt Unsmoked Bacon Rashers	826976
Irish Lamb Rack - Cap On	622370	Mango & Coconut Chicken Flatties	925228
Irish Lamb Shanks X 2	929479	Maple & Beechwood Smoked Gammon	126694
Irish Organic Casserole Steak	929547	Meatballs	995573
Irish Organic Fillet Steak	928625	Mini Rump Bag 750g	479868
Irish Organic Rib Eye Steak	928618		
Irish Organic Rump Steak	928557		
Irish Organic Sirloin Steak	928564		

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Product	Product Code	Product	Product Code
Minted Lamb Leg Steak	920438	Organic Lamb Loin Chops	221436
Moroccan Spiced Lamb Leg Steaks	55260	Organic Rack Of Lamb	221481
Mulled Wine Gammon	828161	Organic Smoked Bacon	623742
New Zealand Lamb Half Leg On The Bone	39499	Outdoor Bred Pork Fillet	469937
O/b Cumberland Sausage	481724	Outdoor Bred Pork Loin Steaks Twin Pack	648783
O/b Supreme Chipolata	454513	Outdoor Bred Pork Loin Steaks X2	469920
O/b Sweet Chilli Sausage	629218	Outdoor Bred Pork Mince	589253
Odb Ayresshire Middle	819787	Outdoor Bred Pork Shoulder-gap	863919
Odb Great British Banger	995528	Outdoor Bred Thick Cut Pork Chops (x2)	469951
Odb Lincolnshire Sausage	486255	Outdoor Bred Thinly Sliced Pork Escalopes	589239
Odb Pork & Caramelised Onion Sausage	995634	Outdoor Bred Tuscan Style Pork Rib Rack	820288
Odb Pork & Leek Sausage	819855	Peppered Rump Steak	103985
Odb Pork Loin Steak X 1- Gap	693264	Piri Piri Chicken Flattie	36221
Odb Pork Rib Rack-gap	863179	Porchetta Joint With Lemon, Garlic & Herbs	904247
Odb Smk Back Bacon 400g	788274	Pork Barrel Joint	943802
Odb Smoked Streaky Bacon	566247	Pork Belly Slices	563253
Odb Thick Cut Smk Back Bacon 300g	516150	Pork Crackling Joint - Leave It To Us	507462
Odb Thin & Crispy Unsmk Bacon 275g	190947	Pork Meatballs	820295
Odb U/s Back Bacon 400g	906524	Pork Rib Rack	973212
Odb Unsmkd Strky Bacon	566292	Pork Rib Rack With Pork, Apricot And Date Stuffing	821278
Odb Unsmoked Back Bacon	566278	Promo 4 Thin Cut Lamb Loin Chops 335g	788298
Oh-so Tender Lamb Ribs With A Sticky Beer Glaze	36399	Promo Pack Thick Cut Unsmoked Bacon X10 Rashers	779852
Old English Farmhouse Sausage	39352	Quick Cook Aromatic Thai Green Prawns	851626
Organic Beef Casserole Steak	127592	Quick Cook Ginger, Lime & Coriander Prawns	851619
Organic Beef Fillet Steak	221375	Quick Cook Sweet Chilli Steak Strips	851350
Organic Beef Joint	221412	Quick Cook Teriyaki Steak Strips	851343
Organic Beef Mince	221344	Rack Of Venison With A Rich Game Jus	252393
Organic Beef Ribeye Steak	221351	Ready To Roast Chicken Breast Serves 4	255431
Organic Beef Rump Steak-gap	221399		
Organic Beef Sirloin Steak	221368		
Organic Lamb Leg	221467		
Organic Lamb Leg Steaks	221450		

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Product	Product Code	Product	Product Code
Ready To Roast Boneless Turkey Breast Joint	353991	Speciality Lamb Loin Chops With Rosemary	317498
Ready To Roast Boneless Turkey Breast Joint	5432	Speciality Lamb Rack	319614
Ready To Roast Chicken Breast Serves 2	404358	Speciality Part Boned Leg Of Lamb With Rosemary & Garlic	345835
Ready To Roast Lamb & Rosemary - Serves 5	813631	Spiced Vegetable & Lentil Haggis	786966
Rotisserie Chicken Drums & Thighs	614207	Spicy Malaguetta Chicken Tenders	92586
Rtr Herb Crusted Aromatic Pork Belly	864541	Spicy Mexican Chicken Wings	36603
Rump Of Venison With Red Wine And Cherry Sauce 0.75kg	770842	Steak & Kidney-gap	604352
Saddle Of Lamb	943857	Sticky Pork Belly	671392
Saddle Of Lamb	902281	Sugar Glazedtopside 1.5kg	126687
Salt & Pepper Lamb Shoulder Joint-eu	895392	Tender Topside Gammon Steak With London Ale Chutney	39338
Sausagemeat 908g	781435	Thick Cut Sirloin	944755
Scottish Haggis	104456	Thick-cut Fillet Steaks	944748
Scottish Lorne Slices	86691	Thick-cut Ribeye	944731
Shin Of Beef- Gap	604192	Thin Cut Steaks With Chimichurri Dressing	864879
Simply Beef Burger	645072	Thin Sliced Beef Twin Pack	604420
Single Fillet Steak	883566	Thinly Sliced Steak Twinpack Dual Tray Size	677288
Sirloin Of Beef	902359	Topside Beef Joint - Medium	164696
Sirloin Steak Dual Tray Size	677363	Toulouse Inspird Sausage	924122
Slow Cook Lamb Neck Fillet	696708	Treacle Cured Beechwood Smoked Streaky Bacon	39345
Slow Cook Lamb Shanks - Hp	523189	Turkey Strips	959179
Smk Lean Bacon 200g	455176	U/s Lean Bacon 200g	196970
Smoked Back Bacon	230650	Unsmoked Back Bacon	230643
Smoked Gammon Joint 750g	82501	Unsmoked Gammon 750g	82396
Smoked Pork Shoulder	973076	Welsh Boneless Rib Of Beef	907699
Smoked Pork Shoulder With Apple Bbq Sauce	46367	Welsh Fillet Steak	559355
Smokehouse Pork Shoulder With Rich & Dark Bbq Sauce	92661	Welsh Lamb 4 Loin Chops	570725
Souvlaki Kebab	864718	Welsh Lamb Half Leg	570763
Special Reserve Fillet Steak-cw	957342	Welsh Lamb Leg Steaks X2	570756
Speciality Carvery Leg Of Lamb With Rosemary And Garlic	444989	Welsh Lean Mince 500g	559270
Speciality Lamb Horseshoe Leg Steaks	316378	Welsh Rack Of Lamb	570770
		Welsh Sirloin Steak X2	559331
		Welsh Stewing Steak	559294

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Product	Product Code	Product	Product Code
Welsh Topside Joint	559409	British 2 Crispy Breaded Chicken Fillets	463737
White Pudding Chubb	774277	British 2 Duck Breasts	55727
Whole Fillet Beef - Serves 10	925693	British 2 Duck Breasts	55659
Whole Fillet Beef - Serves 4	366083	British 2 Duck Breasts	53297
Wiltshire Smkd Back Bacon	709606	British 2 Duck Fillets	957724
Wiltshire Unsmkd Back	709613	British 2 Duck Legs	682107
Poultry F01C		British 2 Southern Fried Chicken Fillets	300438
"british 2 Bird Roast Guinea Fowl & Duck Pork, Pheasant, Bacon & Apple Boneless	55642	British 4 Chicken Breast Steaks	239592
"british Oakham Turkey Crown On The Bone 8 - 10	771047	British 4 Oakham Poussins	893411
(franchise) British Medium Oakham Chicken	562553	British Bbq Piri Piri Chicken Chunks	24129
12 Lincolnshire Pork Stuffing Balls	826990	British Chicken Garlic Kiev	391733
2 British Partridges With A Pork, Mulled Cider And Apple Stuffing Serves 2	227612	British Chicken Goujons	818322
2 Chicken Breast Fillets In Farmhouse Crumb (dual Upt)	676861	British Chicken Munchies	787734
2 Chicken Thighs & 2 Chicken Drumsticks	403818	British Crispy Breaded Chicken Drums And Thighs	463515
2 Pheasant Fillets	908092	British Crispy Breaded Chicken Fillets	463621
4 British Quails Serves 4	227681	British Crispy Breaded Chicken Tenders	254243
4 Chicken Breast Steaks In Farmhouse Crumb (dual Upt)	676885	British Deep South Cajun Chicken Tenders	24068
4 Whole Partridge	948944	British Diced Turkey Breast Fillets	873741
6 Ginger, Lime & Coriander Chicken Strips	654814	British Diced Turkey Thigh	972680
British 4 Crispy Breaded Chicken Fillets	681551	British Duck Crown	826853
British Duck Crown Fresh Class A	957748	British Easy Carve Organic Pembrokeshire Bronze Turkey Breast Stock Basted 4-6	479233
British Duck Roast	53280	British EasyCarve Duck With Pork, Plum & Sloe Gin Stuffing Serves 4-6	310475
British Duck With Giblets Fresh Class A	962834	British Extra Large Oakham Chicken	727921
British Traditionally Hung Free Range Goose Serves 6 To 8	826952	British Farmed Free Range 6 Duck Eggs Class A	585965
British (dine In) Crispy Breaded Chicken Tenders With Smoky Mutha Bbq Sauce	73745	British Fiery Buffalo Chicken Wings	24112
British (dine In) Southern Fried Chicken Tenders	96034	British Free Range White Turkey With Giblets Fresh Class A	906593
		British Free Range White Turkey With Giblets Fresh Class A	999984
		British Free Range White Turkey With Giblets Fresh Class A	411950

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Product	Product Code	Product	Product Code
British Free Range White Turkey With Giblets Fresh Class A	203364	British Gluten Free Tempura Chicken Mini Fillets With Sweet Chilli Sauce	787130
British Free Range White Turkey With Giblets Fresh Class A	202893	British Heritage Chicken	865326
British Free Range White Turkey With Giblets Fresh Class A	411967	British Katsu Chicken Tenders	24075
British Free Range White Turkey With Giblets Fresh Class A	770965	British Large Oakham Chicken	15011
British Free Range 10 Mixed Size Eggs	671972	British Lincolnshire Pork Stuffingwrapped In Bacon 284g	903141
British Free Range Corn Fed	949057	British Medium Oakham Chicken	879217
British Free Range Pembrokeshire Bronze Turkey Crown On The Bone Serves 10-12	65078	British Oakham Chicken 1 Skinless Breast Fillet	776912
British Free Range Pembrokeshire Bronze Turkey Crown On The Bone Serves 8-10	63548	British Oakham Chicken 2 Skinless Breast Fillets	879200
British Free Range Pembrokeshire Bronze Turkey With Giblets	742382	British Oakham Chicken 2 Skinless Breast Fillets (2)	879224
British Free Range Pembrokeshire Bronze Turkey With Giblets	685993	British Oakham Chicken 3 Large Skinless Breast Fillets Eu	894326
British Free Range Pembrokeshire Bronze Turkey With Giblets	685986	British Oakham Chicken 3 Skinless Breast Fillets	567985
British Free Range Pembrokeshire Bronze Turkey With Giblets	685979	British Oakham Chicken Diced Breast Fillet	590303
British Free Range Pembrokeshire Bronze Turkey Crown On The Bone Serves 12-14	230001	British Oakham Chicken Piri Piri	995177
British Free Range Pembrokeshire Bronze Turkey Crown On The Bone Serves 6-8	64187	British Oakham Chicken Rotisserie	328364
British Free Range Pembrokeshire Bronze Turkey Serves 10-12	742405	British Oakham Chicken Rotisserie (dine In)	14649
British Free Range Pembrokeshire Bronze Turkey Serves 14-16	742412	British Oakham Chicken Skinless Breast Fillets (upt 4)	328364
British Free Range Pembrokeshire Bronze Turkey Serves 6-8	742399	British Oakham Chicken Skinless Breast Fillets (upt 8)	627351
British Free Range White Turkey With Giblets Fresh Class A 14-16	742375	British Oakham Chicken Thighs X 6 (fw)	879194
British Free-range Turkey Breast Basted For Extra Succulence Serves 8-10	311700	British Oakham Poussin	826846
British Gluten Free 2 Chicken Fillets	787079	British Oakham Turkey 2 Skinless Breast Fillets	83249
British Gluten Free Chicken Burgers	787123	British Oakham Turkey 4 Breast Steaks	972659
British Gluten Free Chicken Chunks	901802	British Oakham Turkey 98% Lean Breast Mince	83218
		British Oakham Turkey Breast Fillet Strips	83232
		British Oakham Turkey Crown On The Bone Serves 10-12	942898

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Product	Product Code	Product	Product Code
British Oakham Turkey Crown On The Bone Serves 4-6	625630	British Pembrokeshire Bronze Corn Fed Free Range Chicken Drumsticks Skin-on	17640
British Oakham Turkey Crown On The Bone Serves 6-10	685092	British Pembrokeshire Bronze Corn Fed Free Range Chicken Mini Fillets Skinless	17664
British Oakham Turkey Crown On The Bone Serves 6-8	942843	British Pembrokeshire Bronze Corn Fed Free Range Chicken Thighs Skin-on	17671
British Oakham? Poussin With Lemon & Thyme Stuffing	55666	British Pembrokeshire Corn Fed Mfree Range Chicken Thighs Skinless & Boneless	17657
British Organic 6 Large Eggs	222334	British Pembrokeshire Gold Free Range Corn Fed Chicken	48682
British Organic 6 Medium Eggs	222327	British Pigs In Blankets	998277
British Organic 6 Very Large Eggs	314817	British 'pigs In Blankets' Wrapped In Applewood & Chestnut Smoked Bacon	904353
British Organic Chicken Breast Chunks	56618	British Pork & Caramelised Red Onion 4 Oakham Turkey Breast Paupiettes	56373
British Organic Free Range Pembrokeshire Bronze Turkey Crown On The Bone Serves 6-10	999311	British Pork, Cranberry And Orange Stuffing 340g	742931
British Organic Free Range Pembrokeshire Bronze Turkey Crown On The Bone Serves 4-8	999304	British Seasoned Spatchcock Oakham Poussin	878180
British Organic Free Range Pembrokeshire Bronze Turkey With Giblets	383479	British Small Oakham Chicken	840460
British Organic Free Range Pembrokeshire Bronze Turkey With Giblets	411974	British Southern Fried Chicken Tenders	276832
British Organic Free-range Pembrokeshire Bronze Turkey Serves 10-12	334907	British Southern Fried Chicken Wings	24051
British Organic Free-range Pembrokeshire Bronze Turkey Serves 6-8	334860	British Sweet & Smoky Mexican Chicken Chunks	24167
British Organic Pembrokeshire Bronze Turkey With Giblets	411998	British Traditionally Dressed Free-range Devonshire Bronze Turkey Serves 8-10	842822
British Outdoor Bred Big Pigs In Blankets	61513	British Turkey Breast Basted For Extra Succulence Serves 6-8	140027
British Outdoor Bred Cocktail Sausage Selection	824873	British Turkey Breast Basted For Extra Succulence Serves 8-10	182294
British Outdoor Bred Honey Glazed Chestnut Stuffing With Pigs In Blankets	247436	British Turkey Skinless Breast	972673
British Outdoor Bred Pork & Roasted Red Onion Stuffing	742863	British Turkey Thinly Sliced Breast Escalopes	696623
British Pembrokeshire Bronze 2 Corn Fed Free Range Chicken Breast Fillets Skinless	19545	British Whole Duck	556835
British Pembrokeshire Bronze Corn Fed Free Range Chicken	19101	Cfto Cranberry Sauce	826983
		Cfto Posh Turkey Gravy	10719

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Product	Product Code	Product	Product Code
Chicken Breast Mini Fillets In Farmhouse Crumb (dual Upt)	676892	Free Range Oakham Chicken Mini Fillets	893381
Chicken Breast Mini Fillets In Lemon & Pepper Breadcrumbs 300g	676922	Fto 2 Whole Pheasant	948968
Chicken Drumsticks And Thighs 700g	995153	Fto 4 Pheasant Fillets	948937
Chicken Livers	876223	Fto Free Range Norfolk Cornfed Chicken	837903
Chicken Oakham Gold Drumsticks & Thighs	375412	Fto Oakham Extra Large Chicken	838085
Chicken Oakham White 4 Fillets Skin On	303095	Fto Organic British Chicken	837842
Co Free Range Turkey Serves 5-7 Thanks Giving	688598	Guinea Fowl	62503
Collections British Outdoor Reared Breckland White Pork Cocktail Sausages	61520	Lemon & Thyme Poussin	229593
Cranberry And Port Sauce 250g	130134	Louisiana Bbq Chicken	925211
Crispy Breaded Chicken Thighs With Panko Crumb	24099	Mutha Bbq Crispy Chicken Wings	24105
Diced Venison	943406	Oakham Chicken 2 Breast Fillets Skinless	210423
Dine In Small Oakham Chicken	368414	Oakham Chicken 3-5 Breast Fillets (bag)	696722
Duck Fillets	945813	Oakham Chicken Breast Fillets Skinless Eu	894289
Duck Fillets	250177	Oakham Chicken Drums And Thighs	945950
Duck Legs	945783	Oakham Chicken Legs Skin On	280150
Duck Mini Fillets	866880	Oakham Chicken Legs Skin On	56939
Free Range 12 British Large Eggs Class A Chicken Eggs	197946	Oakham Chicken Mini Breast Fillets	116329
Free Range 6 British Mixed Size Omega 3 Enriched Eggs Class A Chicken Eggs	166010	Oakham Chicken Skinless Thighs	598569
Free Range 6 British Large Eggs Class A Chicken Eggs	11600	Oakham Chicken Thighs	57189
Free Range 6 British Medium Eggs	11716	Oakham Large Chicken	9621
Free Range 6 British Mixed Size White Eggs Class A Chicken Eggs	695343	Oakham Medium Chicken	9515
Free Range 6 British Very Large Eggs Class A Chicken Eggs	178839	Oakham Part Boned Chicken Breast	868167
Free Range Drum And Thigh Pack	893558	Oakham Tm Chicken 2 Breast Fillets Skinless	676878
Free Range Norfolk Cornfed Chicken	486262	Organic British Chicken	211529
Free Range Oakham Chicken Legs	587891	Organic British Chicken Legs (cw)	818582
Free Range Oakham Chicken Legs	319881	Organic British Free Range 2 Chicken Breast Fillets	211536
		Organic British Free Range 2 Chicken Breast Fillets	676946
		Organic British Free Range 2 Chicken Legs	211543
		Organic British Free Range Chicken Mini Breast Fillets	322317
		Partridge	908047

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Product	Product Code	Product	Product Code
Pheasant & Rabbit Casserole	908108	Borlotti, Flageolet & Black Bean Salad Sop: 3 Bean Salad	537872
Rabbit Loin	948982	Brussels Sprout Slaw	997836
Sea Salt & Peppered Oakham Chicken Spatchcock	775168	Bunched Radish	869522
Seeded Breadcrumb Chicken Breast Mini Fillets 290g	787741	Carrot & Beetroot Ribbon Salad	968867
Simply British 2 Chicken Legs	587853	Celery Hearts	744263
Simply British Chicken 2 Skin On Breast Fillets	503471	Cherry Vine Toms Dual Tray Size	684682
Simply British Chicken Drumsticks	559997	Cherry Vine Toms Dual Tray Size	684699
Simply British Chicken Skin On Thighs	587860	Chorizo And Spicy Potato	797597
Simply British Turkey Thigh Mince	696647	Claret On The Vine	934756
Southern Fried Chicken Drumsticks	24082	Claret Tomatoes (Irish)	809450
Southern Fried Chicken Goujons	943376	Co Large Rainbow Deli Side	869492
Soy And Honey Crispy Chicken Chunks	24150	Coleslaw Co	401197
Sweet & Spicy Crispy Chicken Korean Wings	24174	Coleslaw Side	771467
Turkey Thigh Roasting Joint	709637	Continental Salad Onion	920155
Whole Duck	945776	Coronation Coleslaw	505833
Whole Pheasant	908061	Couscous And Roasted Vegetables	185677
Wood Pigeon Breasts	949071	Crayfish, Asian Style Vegetables Edamame & Noodle Salad (fop & Sop)	771146
Salads F16C		Cucumber	901383
Avocado Bowl	920353	Cucumber Portion	901604
Baby Cherry	902076	Deli - Arbroath Hot Smoked Salmon Nicoise	549981
Baby Cherry Large	166300	Deli - 'superfood' Salad	550239
Baby Cos	977715	Deli Coleslaw	349420
Baby Hass Avocado	229005	Deli Coleslaw	961127
Baby Leaf Herb Bag	919135	Deli Side Salad - Sprouting Seed	624121
Baby Red Salad Onions	178273	Discovery Seedless Red Pepper	846783
Baby Salad Onions	988650	Eat Well Carrot And Coriander Salad	156479
Balsamic Dressing	920025	Edamame And Sunflower Superbowl	798549
Beetroot Ribbon Salad	715539	Edamame Bean Salad Dual Tray Size	683067
Beetroot Salad	249270	Edamame Soybean Salad	505994
Beetroot, Apple & Pecan Salad With Scarlet Quinoa	969666	Ew Crunchy Rainbow Super Bowl	868341
Bistro Tomato Selection	771115	Ew Pomegranate And 3 Grain Super Bowl	868358

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Product	Product Code	Product	Product Code
Ew Raw Garden Super Bowl	868365	Iceberg Lettuce	151542
Ew Super Green Bowl	868372	Iceberg Lettuce Bag H/t	683074
Extra Large Avocado	818780	Just Add - Beetroot & Red Onion	973250
Extra Large Cucumber	630085	King Prawn, Hot Smoked Scottish Lochmuirtm Salmon, Quinoa & Couscous (fop & Sop)	705837
Extra Sweet Peppers	205887	Large Coleslaw Ht	683081
F&n Crayfish And Mango (duplicate Fotm)	963510	Large Piccolo On Vine	564380
Fat Free Mango And Chilli Dressing	870061	Large Santini Salad Bowl With French Dressing	920063
Forager's Choice Aromatic Salad	794930	Little Gem	900911
Forager's Choice French Country Salad	868471	Litu - Spanish Style Rice Salad	717601
Forager's Choice Garden Salad	794978	Litu Carrot Salad	671422
Fr Ham And Egg Salad	877046	Loose Beef Tomatoes	900256
Fr Italian Bag	876957	Loose Cherry On The Vine	642972
Fr Mixed Leaf Bag	876971	Mango, Mangetout & Coriander Salad Sop: Mango, Mangetout & Coriander Salad	920391
Fr Quinoa And Edamame Bean Deli Side	931922	Mexican Corn	919975
Fr Rainbow Deli Side	877398	Mexican Rice, Quinoa & Avocado Salad Sop: Mexican Grain & Avocado Salad	31615
Fr Sfl Crayfish And Noodles	877138	Mexican Style Roated Chicken With Spicy Roast Potatoes In A Honey And Ginger Dressing	715683
Fr Super Nutty Wholefood	877336	Mixed Leaf Duo Pack	868297
Franchise Store - Morroccan Cous Cous	701778	Mixed Leaf Salad Bag	780506
Franchise Trial - Ew Giant Cous Cous	701792	Mixed Sweet Pointed Peppers	562027
French Dressing	920056	Moroccan Style Couscous Salad Co	431415
Fto Forager's Choice Hot And Fiery Salad	925822	Moroccan Style Fruity Cous Cous	891615
Fto Large Santini Salad Bowl	975742	Multi Pack Peppers Dual Tray Size	683142
Fto Orzo Pasta Salad	975759	Multipack Peppers	905350
Garden Side	969673	New Potato & Free Range Egg Salad	605458
Giant Couscous & Wheatberries With Roasted Butternut Squash	495929	Organic Celery	224567
Growers Choice Salad Bag	773935	Organic Cucumber	981620
Ham, Omega-3 Egg & Tomato Salad With Vinaigrette Dressing	505871	Organic Multi Pack Pepper	313513
Hass Avocado Loose	903318	Organic Watercress, Spinach & Rocket	255202
Hot Rocket Salad	868464	Orzo Pasta Salad With Slow Roasted Tomatoes	564489
House Salad With Dressing	868549		
Iceberg	900706		

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Product	Product Code	Product	Product Code
Parmesan & Cherry Tomato Italian Salad	868853	Salad Bowls - House Salad	611251
Peashoots Bag	548106	Salad Bowls - Tomato And Red Pepper	659444
Pepper Wild Rocket, Watercress & Spinach	187879	Salad Onions	902182
Peppers For Rst	495714	Santa Baby Plum Tomatoes	901161
Peppery: Baby Leaf Rocket Salad	506397	Santa Baby Plum Tomatoes Eu	899413
Peppery: Italian Style Baby Leaf Salad	973151	Santa Large Plum Tomatoes	126977
Peppery: Italian Style Baby Leaf Salad	169042	Santini Large Plum Tomatoes	126977
Piccolini Cherry 250g (irish)	809498	Santini Salad Bowl 225	933377
Piccolini Cherry Tomato 250g (irish)	809474	Santini Tomato Side	539364
Pointed Red Peppers Eu	899192	Santini Tomatoes (irish)	877305
Pot Shots Soy And Ginger	920360	Santini Tray Dual Tray Size	683180
Potato And Egg Tray Dual Tray Size	683098	Sesame Chilli Chicken & Red Rice Salad With A Hot Sriracha Chilli Dressing	268363
Pp6 Toms Dual Tray Size	684705	Simply Frilly Mix.	919395
Prawn Cocktail Tray Salad	801492	Small House Salad Bowl	771528
Prawn Layered Salad	105903	Small Italian Salad Bag	685382
Prawn Layered Salad Dual Tray Size	106061	Solo: Lambs Lettuce	506250
Quinoa And Edamame Bean Deli Side	868617	Solo: Spinach	920124
Radish	910613	Solo: Watercress	902298
Rainbow Deli Side	619448	Solo: Wild Rocket	699211
Red And Gold Santini	482851	Solo: Wild Rocket	818650
Reduced Fat Coleslaw	319065	Sorrell Salad	868495
Reduced Fat French Dressing	354356	Spinach And Mizuna Super Salad With Dressing	868655
Reduced Fat House Salad Dressing	677493	Spring Onions Dual Tray Size	683111
Rice, Lentil & Roast Aubergine With A Garlic Dressing	898201	Super Green Salad	45681
Rosebud Baby Beetroot	645348	Super Nutty Wholefood	797016
Round Tomatoes Tray Pack (irish)	809481	Super Wholefood Salad With Basil And Mint Vinaigrette	547994
Ruby Salad	941846	Sweet Baby Leaf Twin Pack 2 X 50g	968874
Salad Bags - Wild Rocket And Red Chard	659666	Sweet Chili Rosebud Beetroot	868648
Salad Bowl Bag 100g	536745	Sweet Rosso Tomatoes	805544
Salad Bowl Bag 150g	459389	Sweet: Baby Leaf Salad	968843
Salad Bowls - Beetroot And Carrot	687621	Sweet: Rosa Verde Salad	506267
		Tomalini Tomatoes	715652
		Traditional Coleslaw	242769

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Product	Product Code	Product	Product Code
Traditional Coleslaw	302739	Fizz And Sparkle Bucks Fizz And Sparkle Hand Cooked Potato Crisps	218351
Traditional Coleslaw	951531	Flame Grilled Steak Big Crinkle Crisps	805407
Traditional Salad Bowl	920377	Fof Thai Sweet Chilli Crisps	722735
Tuna Nicoise Salad With Charlotte Potatoes, Free Range Gg Olives And Fresh Basil And Msutard Seed Dressing	715706	Fof Wasabi & Spring Onion Crisps	876032
Watercress Spinach And Rocket Super Salad With Dressing	868693	Garam Masala Spiced Nut Mix	969543
Whole Cucumber Eu	899185	Giant Japanese Style Crackers	891608
Whole Cucumbers Dual Tray Size	683128	Guilt Free Cracked Black Pepper & Salt Popchips	99226
Wsr Active Health	919418	Guilt Free Lightly Salted Popchips	99141
Zesty Orange Salad With Crimson Sparks	794923	Guilt Free Mini Dark Chocolate Rice Cakes	99219
Savoury Snacks F12A		Harissa Sweet Potato Handcooked Crisps	378727
5 Fruit Bars	965606	Hc Ham Hock & Teweksbury Mustard	824088
5 Seed Mix	852043	Hc Lightly Salted X6 Multipack	722872
6 Bags Assorted Popcorn	446150	Honey Barbecue Wholegrain Snacks	776226
6 Bags Salted Popcorn	776431	Honey Bbq	659031
6 Bags Sweet & Salty Popcorn	899710	Honey Roast Gammon And Winter Chutney	636384
6 Bags Sweet Popcorn	16940	Honey Roast Ham	722704
6 Bags Sweet Potato Parsnip & Beetroot Hand Cooked Vegetable Crisps	372060	Honey Roast Ham	492713
Bbq Jerk Jumbo Coated Peanuts	845502	Honey Seed Mix	964326
Belgian Dark Chocolate Rice Cakes	99080	Iberico Ham Handcooked Crisps	378666
Black Pepper Combo	630078	Italian Black Olive Stiratini	140461
Bloody Mary Hand Cooked Crisps	796842	Italian Flatbread	780988
Cajun Spiced Plantain Chipsv	845564	Italian Herb & Lemon Seed Mix	964289
Caramelised Pecans With Cranberries And Orange	994439	Italian Torinesi Breadsticks	738767
Chimichurri Nut Mix	845618	Jalapeno Flavour Giant Corn	43649
Cinnamon Sugar Tortilla Rolls	217309	Jalapeno, Keylime & Coconut Cashews	845588
Coconut & Chilli Cashews	969536	Japanese Rice Crackers (gap)	876063
Cracked Black Pepper & Salt Flavour Popped Potato Chips	848312	Katsu Curry Flavour Sticky Rice Chips	44028
Crispy Coated Chickpeas With Moroccan Spices	378673	Kentucky Bourbon Bbq Corn Chips	845427
Edamame Beans	662048	Large Bag Roasted & Salted Peanuts	680226
Fire Roasted Pepper Salsa Dip	358934		

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Product	Product Code	Product	Product Code
Large Roasted And Salted Peanuts 200g	764001	Oriental Snack Mix	964388
Lightly Salted Giant Pretzel	355780	Original Salted Popped Potato Chips - Share Bag	859936
Lightly Salted	722803	Oven Roasted Mixed Nuts With Himalayan Sea Salt And Pink Peppercorn	51163
Lightly Salted Baked Potato Crisps	946575	Paprika Handcooked Crisps	378659
Lightly Salted Cantina Tortilla	44196	Parsnip Crisps With Honey And Black Pepper	555982
Lightly Salted Carnival Mix	845533	Pea & Mint - Core	845694
Lightly Salted Combo Mix	372084	Peruvian Pepper Coated Cashews	85298
Lightly Salted Crisps Multipack (x6 Lightly Salted)	879408	Pork Crackling (clip Strip)	904377
Lightly Salted Giant Corn	43618	Prawn Cocktail	865203
Lightly Salted Pitta Chip	439220	Pumpkin Mix Seed Pot	853743
Lightly Salted Pitta Chips	940863	Ready Salted Crinkles	492676
Lightly Salted Pretzel Sticks	608343	Red Pepper And Szechwan Cracker	591294
Lightly Salted Tortilla	974745	Red Pepper Pitta Chip	439251
Lightly Salted Tortillas	414234	Red Salsa Dip	809559
Lightly Salted Wholegrain Rice Cakes	99103	Roast Beef & Onion	722674
Lightly Salted, X12	404136	Roasted & Salted Almonds	915342
Lightly Salted habas Fritas	43632	Roasted & Salted Cashews	47708
Lightly Sea Salted	722681	Roasted & Salted Cashews	934206
Lime Salsa Chickpea And Cumin Tortilla Scoops	969437	Roasted & Salted Cashews 250g	404570
Luxury Nut Assortment	937900	Roasted & Salted Luxury Nut Assortment	405614
Maple & Cinnamon Walnuts With Apricots & Gold Shimmer	51354	Roasted & Salted Peanuts	740135
Maple Bacon	28387	Roasted & Salted Pistachios	515900
Maple Bacon Popcorn	415705	Roasted & Salted Pistachios	764988
Maple Bacon Tortilla Rolls	372077	Roasted Red Pepper Cous Cous Chips	378680
Mediterranean Snack Mix	964319	Salt & Black Pepper	213431
Mini Multigrain Tortillas	28042	Salt & Black Pepper	722834
Miso, Soy And Ginger Parsnip Crisps	217262	Salt & Pepper Pretzels (up)	221191
Multi Pack Lightly Sea Salted X6	463751	Salt & Vinegar	492720
New Chilli	73448	Salt & Vinegar Chiplets 50g	762724
New Sweet & Smokey Bbq	66549	Salt & Vinegar Coated Nuts	43175
No Added Salt	722889	Salt & Vinegar Peanuts	876049
Olive Flatbread	780995	Salt & Vinegar Popped Potato Chips - Share Bags	859721

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Product	Product Code	Product	Product Code
Salt & Vinegar Twists	496070	Wildflower Honey And Spiced Nut Mix	824675
Salt And Vinegar Crunchy Combo	547475	Wiltshire Ham & Picalilli - Core	84567
Salted Mini Pretzels	515764	Worcester Sauce	876025
Salted Popcorn	805452	Xmas Tree And Shooting Star Snack Mix	994453
Salted Wholegrain	659017	Soft Drinks F22A	
Scottish Heather Honey And Mustard Roasted Cashews	30854	American Ginger Ale	557061
Sea Salt & Malt Vinegar	722698	Apple & Mango High Juice	710701
Sea Salt & Rosemary Focaccia Chips With Extra Virgin Olive Oil	378642	Apple Juice From Concentrate	497336
Sea Salt & Vinegar	722810	Blackcurrant & Liquorice	818438
Sea Salt And Balsamic Vinegar Lentil Curls	912938	Blood Orange Sparkling Water 1 Litre	901390
Seed And Nut Mix	662062	Brazilian Orange & Alphonso Mango Sparkling Presse	89340
Sicilian Lemon, Pistachio & Chilli Peanuts & Cashews	378734	British Apple, Blackberry & Elderflower Cordial No Added Sugar	75121
Smoked Chipotle Chilli Nuts	969420	British Elderflower Cordial	797412
Smokey Bacon Lentil Tube	912921	British Rhubarb Cordial With Ginger	23443
Smokey Bbq	722896	Cloudy Lemonade	547765
Smokey Bbq Full On Flavour	498302	Coffee Spritzer	378024
Smokey Bbq Hand Cooked Crisps	712057	Cranberry Juice Drink (fc)	774314
Smokey Tennessee Ribs	268349	Cranberry Juice Drink 250ml Carton	663946
Smokey Tennessee Ribs	845519	Diet Pink Cranberry Lemonade	918688
St Clements Cashews And Almonds	28721	Diet American Ginger Ale	557078
Superberry & Almond Mix	964210	Diet Bitter Lemon	557122
Sweet & Salty Nut Clusters	51255	Diet Cloudy Lemonade 1 Litre	50654
Sweet & Salty Popcorn	805476	Diet Ginger Beer 1 Litre	50678
Sweet Popcorn	415712	Diet Indian Tonic Water	557030
Teriyaki Crackers	796859	Diet Sparkling Cloudy Apple 1 Litre	232494
Thai Sweet Chilli Jumbo Coated Peanuts	43199	Diet Sparkling Florida Orange	771344
Tortilla Trees	51576	Diet Sparkling Lemon & Lime	771382
Tropical Fruit & Honey Nut Mix	964333	Diet Sparkling Mango & Passion Fruit	918817
Unsalted Wholegrain Rice Cakes	99097	Diet Sparkling Red Cherry	51378
Vanilla Pumpkin Seed Pot	852050	Dine In Coffee Spritzer	418003
Wasabi Crackers & Peanuts	881739	Dine In Mexican Lime And Lemongrass Presse	929813
Wasabi Peas	665469		

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Product	Product Code	Product	Product Code
Dine In Sangria Presse	418027	Rhubarb & Custard	818469
Dine In Sparkling British Blackberry And British Elderflower	31936	Scottish Raspberry Cordial	771726
Dine In Sparkling British Rhubarb Presse With Ginger	31950	Scottish Sparkling Water 6 X 500ml	642729
Dine In Sparkling Lemon & Rose Presse	418065	Scottish Still Water 6 X 500ml	626477
Eat Well Orange Juice	498012	Sicilian Cloudy Lemonade	797467
Fiery Ginger Beer	797436	Simply Diet Lemonade	557108
Florida Orange High Juice	387286	Simply Irish Sparkling Water 2 L	909181
Indian Tonic Water	557047	Simply Irish Sparkling Water 2l X 4	909167
Kids Tropical Juice Fc 2	797337	Simply Irish Sparkling Water 6 X 500ml	647908
Lemon & Green Tea 750ml	875172	Simply Irish Still Water 2l	909174
Lemon & Lime Sparkling Water	901369	Simply Irish Still Water 6 X 500ml	314848
Lemon Flavoured Diet Indian Tonic Water	797399	Simply Lemonade	557092
Lemon Sherbet	818445	Simply Tropical Juice	993883
Mango & Passion Fruit Mat? Tea	893367	Soda Water	557085
Mexican Lime & Lemongrass Sparkling Presse	919814	Sparkling Brazilian Orange & Alphonso Mango Press?	89272
Mulled Punch	785518	Sparkling Brazilian Pink Guava & Asian Yuzu Presse	972871
Nas Apple & Elderflower High Juice	232395	Sparkling British Apple & Sloe Berry Presse With Elderberry	50227
Nas Apple & Mango High Juice	918756	Sparkling British Apple And British Cucumber Presse	23771
Nas Blackcurrant High Juice	524889	Sparkling British Blackberry & Elderflower Presse	23368
Nas Cranberry & Raspberry High Juice	232692	Sparkling British Clementine & Cranberry Presse	992992
Nas Florida Orange High Juice	498074	Sparkling British Cox Apple Presse	797511
Nas Florida Pink Grapefruit High Juice	232746	Sparkling British Elderflower Presse No Added Sugar	75114
Nas Lemon & Lime High Juice	232821	Sparkling British Elderflower Presse	797443
Nas Passionfruit Soda	89302	Sparkling British Rhubarb Press? With Ginger	23856
Nfc Triple Apple/mang.	663953	Sparkling Elderflower Soda	812344
Nfc Triple Orange Pack.	431859	Sparkling Florida Orange 1 Litre	771573
No Added Sugar Sparkling Raspberry & Lemon Soda	75190	Sparkling Juice Non Alcoholic Apple, Mango & Passion Fruit	972857
Peach, Camomile & Green Tea	875141	Sparkling Juice Non Alcoholic Normandy Apple	812351
Pear Drops	867283	Sparkling Juice Non Alcoholic Normandy Apple & Pear	888608
Percy Pig Grape & Raspb. Triples	797276		
Pineapple Chunks	818452		

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Product	Product Code	Product	Product Code
Sparkling Juice Non Alcoholic Rose Grape	812375	Triple Apple Pack.	431866
Sparkling Juice Non Alcoholic White Grape	812436	Triple Pack 3 X 250ml Tropical Juice Nfc	772853
Sparkling Lemon & Ginger Soda	888653	Watermelon And Coconut White Tea	972895
Sparkling Lemon & Rose Press?	378031	White Grape & Elderflower Sparkling Water 1 Litre	901376
Sparkling Lemon, Lime & Mint Soda	972888	Traditional Meal Sol F63C	
Sparkling Mandarin	378406	Aberdeen Angus Steak And Kidney Pie	635998
Sparkling 'sangria' Inspired Spritzer	378185	Aberdeen Angus Steak And Kidney Pudding	576215
Sparkling Scottish Raspberry & British Pear Presse	797450	Beef And Dumpling Casserole	118231
Sparkling Sicilian Lemon & Grapefruit	378093	Beef Casserole	305051
Sparkling Spiced Apple Juice	993074	Beef Casserole	90162
Speciality Elderflower Cordial	670418	Beef Goulash Casserole	813730
Speciality Ginger & Lemongrass Presse	673556	Braised Vegetable Casserole With Mini Parsley Dumplings	644631
Speciality Organic Pear And Ginger Cordial	566827	Butternut Squash, Pepper And Red Onion For Roasting	59824
Speciality Organic Pear And Ginger Presse	566841	Carrot & Coriander Soup	151351
Speciality Raspberry & Pear Presse	667692	Cassoulet	773577
Speciality Sparkling Elderflower Presse	670425	Cassoulet Soup	811828
Still British Apple And British Blackcurrant Juice Dual Pack	87513	Cfto Gastro Collections Lamb Shanks	950503
Still British Conference & Comice Pear Juice	992930	Chicken & Dumpling Casserole	773447
Still British Conference & Comice Pear Juice Dual Pack	87520	Chicken & Red Wine Casserole	97833
Still British Cox Apple Juice	992923	Chicken & Red Wine Casserole	573467
Still British Cox Apple Juice Dual Pack	87483	Chicken & Super Grain Soup	894531
Still Mixed Berry Juice Drink X 4	918831	Chicken And Butter Bean Casserole	813761
Still Orange Mango & Passion Fruit Juice Drink X 4	918824	Chicken Casserole And Dumplings	399807
Tomato Juice 1 Litre	717229	Chicken Hash	94740
Traditional Cream Soda	547772	Chicken Kiev	35934
Traditional Dandelion & Burdock	547789	Chicken Provencale	461290
Traditional Extremely Fiery Ginger Beer	547819	Chicken, Edamame Bean & Miso Soup	70805
		Chilli Con Carne	17619
		Chilli Con Carne & Rice - Dual Tray Size	692366
		Chkn Red Wine Onion Gravy	997454

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Product	Product Code	Product	Product Code
Chkn Sweet Chilli Sauce	997423	Navarin Of Lamb	55529
Confit Of Chicken Cassoulet	814423	Portobello Mushroom & Red Onion Roast	943062
Crispy Potato Slices	59701	Red Cabbage And Honey Roasted Carrots 600g (xmas)	901222
Dine In Chunky Chips	874502	Red Cabbage, Honey Roasted Carrots	894647
Dine In Frites 200g	689465	Red Lentil & Smoked Bacon Soup	941471
Festive Parsnip And Mulled Red Onion Roast	77002	Roast Beef Dinner	284066
Fish & Chips	461955	Roast Lamb Dinner	339827
Fto 4 Gammon Shanks	926300	Roast Potato With Beef Dripping - Dual Tray Size	694100
Fto Chilli	926294	Roasted Butternut & Carrot Topped Mash	708401
Fto Confit Of Chicken Cassoulet	840323	Savoury Vegetable Rice	162180
Fto Gastro Lamb Shanks	838696	Scotch Broth Soup	649445
Fto Lamb Shanks	926317	Slow Cooked Beef And Roasted Onion Pithivier	773645
Fto Red Cabbage And Honey Roasted Carrots	900263	Slow Cooked Lamb Shank	889582
Fto Runny Scotch Eggs	926331	Slow Cooked Lamb Shanks	220453
Fto Salt And Vinegar Chips	926362	Spicy Chicken Oriental Broth	690706
Game Pie	576284	Spicy Lentil Soup	220552
Gammon Shanks	902762	Steak & Ale Casserole With Dumplings	480994
Gastro Chips With Beef Dripping	466950	Steak & Kidney Casserole	150972
Gastro Confit Lemon Chicken	857659	Steak And Ale Soup	641906
Gastro Lamb Shanks - Dual Tray Size	684583	Steak Parmentier	773676
Gastro Salt & Vinegar Chips	898300	Suet Pastry Steak & Kidney Pudding 425g	182874
Haggis , Neeps And Tatties Croquettes	59572	Summer Minestrone	857673
Lamb & Rosemary Casserole	303125	Super Beans And Orzo Pasta	60431
Lambs Liver & Bacon	203470	Super Beetroot Soup	772334
Lancashire Hotpot	220415	Super Green Soup	690362
Meatballs In Tomato And Chorizo Sauce And Spicy Potatoes	353267	Super Sweet Potato & Black Bean Soup	150613
Minced Beef Hotpot	413398	Super Tomato, Chickpea & Spinach Soup	70799
Minced Beef Hotpot	371636	Superbean Lentil & Barley Soup	953061
Minced Lamb Hotpot	196635	Thai Chicken Soup	641128
Minced Lamb Hotpot	682329	Tomato & Basil Soup	151344
Minestrone Soup With Bacon	242905		
Mini Favourites Minced Beef Casserole	249249		

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Tomato, Borlotti Bean & Kale Soup	946636	Cava Heretat El Paruell Brut	872331
Trad Roasting Vegetables	59756	Cava Prestige Medium Dry	195263
Turkey Feast Soup	649452	Chateauneuf Du Pape 50cl	799973
Tuscan Bean Soup	641111	Chocolate Ruby (zgm)	817219
Tuscan Inspired Sausage & Bean Soup	953054	Citrus Vodka	642491
Twin Steak Kidney Pudding	823425	Classic Claret 50cl	800075
Vegetarian Roasted Butternut Squash & Red Onion Tagine With Cous Cous	937009	Clementine & Cassis Bucks Fizz	50388
		Clementine & Pomegranate Fizz	886659
		Clementine, Cranberry & Pomegranate Bucks Fizz - 4%	993043
Wines F20A			
20cl Cava	227735	Corbi?res	464048
20cl Rosada Cava	501965	Cosmo 25cl In Can Ea	983365
20cl Sparkling Lambrusco	352086	Cosmopolitan Fizz	740050
4 Pack Gin & Tonic 25cl In Can	913003	Cote De Gascogne Rose	716918
4 Pack Gin & Tonic 25cl In Can Ea	983327	Domaine Bailly Quincy	549356
4 Pack Pina Colada 25cl In Can Ea	983518	Domaine Bunan Bandol	423632
Aigle Noir Pinot Noir	594059	Domaine De Fontseque Corbi?res	408745
Amontillado Sherry	442503	Domaine De La Curniere Vacqueyras	334044
Amoroso	480031	Don Cristobal	642811
Aperitivo Spritz	971737	Elderflower, Cucumber & Gin Fizz	32698
Barossa Mattiske Road Shiraz	832953	Fairtrade Six Hats Shiraz	823647
Barossa Petit Verdot	832977	Finest Reserve Port	393157
Bottle Conditioned Cornish Ipa	604376	Fitou Beau Moulin	886376
Bottle Conditioned Cornish Red Ale 500ml	861137	Flaxbourne Sauvignon Blanc	646833
British Southwold Beer Selection	802765	Flaxbourne Sauvignon Blanc 50 Cl	800082
British Vintage Cider Selection	862776	Fleurie 50cl	800020
Caipirinha	975940	Froglet Rose 50cl	800037
Caipirinha Fizz	971942	Garganega Pinot Grigio 50cl	800174
California Colombard Chardonnay	687058	Gascogne Cuvee Speciale Red	666466
Cambridgeshire Single Variety American Hop Citra Ipa	982955	Gascogne Cuvee Speciale White	551595
Cape Quarter Colombard/chardonnay	275040	Gaston De Veau Blanc	397254
Cape Quarter Ros?	338806	Gaston De Veau Red Pouch	798341
Cassidy's Irish Whisky	173117	Gaston De Veau Rouge	397285
Cava Brut	472067	Gaston De Veau White Pouch	798372
		Gers	111737
		Gin & Diet Tonic 25cl In Can	913034

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Product	Product Code	Product	Product Code
Gin & Tonic	563116	Mw Champagne Tin	813440
Gin & Tonic 25cl In Can	913058	Norfolk Bitter	561105
Gluten Free Belgian Golden Ale	971775	Okhre Organic Cava	537735
Gluten Free Belgium Premium Pilsner	971676	Orpale Grand Cru	51613
Gold G&tea	992985	Oudinot Brut	335317
Green Ginger Wine	675505	Pale Cream Sherry	442510
Guava And Lime Caipirinha Fizz	89449	Peach Bellini 75cl	358996
Harrowgate Victoria Shiraz	435949	Pemberton Pinot Noir	832991
Harvey Wallbanger 25cl In Can Ea	983310	Petillant White	804783
Hay Station Chardonnay	310239	Petit Chablis	121231
Hay Station Ranch Cabernet Sauvignon	310208	Pina Colada 25cl In Can Ea	983495
Hock 75cl	550246	Pineapple & Lime Daiquiri Fizz	888462
House Ros?	501958	Pink Fizz	675529
Kenmore Scotch Whisky & American Dry Ginger In Can	913133	Pink Grapefruit Mimosa	32667
Kenmore Scotch Whisky & Cola 25cl In Can	743259	Pink Port	594837
Kenmore Whisky Liqueur	446440	Plan De Dieu Cotes Du Rhone Villages - Domaine Meynarde	334020
Kenmore Whisky Miniature	563956	Pomegranate & Raspberry Fizz	549073
Kir Royale 75cl	275897	Port Decanter Large	206341
L.b.v. Port	549837	Pouilly Fume - Domaine Favray	190022
La Fiole Du Pape	888523	Pouilly Fume Les Fouinelles	780926
Le Froglet Shiraz	483100	Pouilly Fume Cailbourdin	685467
Lost Sheep Merlot 50cl	799904	Premium Bucks Fizz 75cl	275880
Macon Villages 50cl	799911	R?serve Da La Saurine Red	671491
Mai Tai Apple Fizz	922524	R?serve De La Saurine White	671507
Margaret River Cabernet / Shiraz	493468	R?serve Du Boulas Laudun C?tes Du Rh?ne Villages	349697
M'huudi Sauvignon Blanc	523295	Red Mulled Wine 75cl	155991
Mojito 25cl In Can	913140	Reserve De La Saurine Rose	721813
Mojito 25cl In Can	743266	Reserve Du Boulas Cotes Du Rhone Rose	801201
Mojito 25cl In Can Ea	983464	Rich Cream Sherry	442480
Mojito Fizz	707510	Ros? D'anjou 75cl	666442
Monteflores Malbec	853682	Rose Mulled Wine	993081
Montepulciano 50cl	799836	Rose Spritzer With A Twist Of Blackberry	922548
Mulled Rum Punch	889780	Rum & Cola 25cl In Can	912990
Muscat De Beaumes De Venise	880855	Rum & Cola 25cl In Can Ea	983433

PLEASE NOTE: This list was correct on the day of printing, however recipes may change from time to time and therefore, we advise that you check the ingredient list on the product at the time of purchase. Care and attention has gone into ensuring that the listed products are free from the above to the best of our knowledge. We cannot however guarantee that trace amounts may not have been present at some point during the ingredient manufacturing process.

Product	Product Code	Product	Product Code
Saint Joseph	278652	Vodka And Tonic Can 25cl	510189
Saint Mont	464413	White Wine Spritzer With A Twist Of Peach	922531
Sancerre 50cl	799850	White Zinfandel Rose 50cl	799966
Sancerre Domaine Bailly	680189	Yorkshire Bitter	561051
Sancerre Domaine Hubert Brochard	319959	Zamora Zinfandel	271561
Sancerre Les Ruettes	555012		
Sancerre Ros?	483810		
Sancerre Rouge	549493		
Sangria	424592		
Sauvignon Blanc White Wine Spritzer	802789		
Sauvignon Blanc With Apple	872485		
Scotch Whisky & American Dry	563000		
Scottish Ale	561099		
Shiraz Rose Wine Spritzer 75cl	436472		
Sloe Gin Fizz	50289		
Spanish White Pouch	798365		
Sparkling Lambrusco	111782		
Spiced Apple Pie Martini	993050		
St Aubin Blanc Champtirant	695862		
St Gall Blanc De Blancs, Premier Cru	553636		
St Gall Premier Cru Brut	358439		
St Gall Vintage , Grand Cru	553858		
Standard Bucks Fizz 75cl	260701		
Still Mulled Cider	642125		
Think Pink Gin & Tonic In A Can	913102		
Think Pink Gin & Tonic In A Can	811132		
Think Pink Gin With Natural Cranberry Flavour Miniature	563970		
Toffee Vodka	675482		
Valentines Vintage Rosada Cava	658362		
Vintage Cava	195270		
Vintage Rosado Cava	608121		
Vodka & Cranberry 25cl Can	913072		
Vodka & Orange In Can	913089		
Vodka & Tonic 25cl In Can	913119		