



M&S Product List

Products That Are Suitable for VEGETARIANS

Dear customer,

This list has been designed to help make it easier to find foods suitable for a vegetarian diet across our stores.

This list of products has been divided into food categories (e.g. global meals and desserts) to make it easier to navigate through our ranges. This list doesn't include foods which are inherently suitable for a vegan diet, such as fruit and vegetables, tea or pasta, or foods served at our fresh counters or cafes due to risk of cross contamination. Many of our Beers, Wines and Spirits are suitable for vegetarian diets and relevant bottles will carry the 'suitable for vegetarian diets' statement on the back of pack. Any of our M&S staff will be able to help you find products from the list in store.

These lists are updated on a monthly basis to capture new products and recipe changes. You can request a new list directly from nutrition@marksandspencer.com or download your own copy from www.marksandspencer.com/health

Products on this list will not contain any of the following ingredients and have been made under controlled conditions to prevent contamination with these ingredients.

Products on this list will not contain any of the following ingredients:

- Meat, fish or poultry protein or any products derived from slaughtered animals (e.g. animal lecithin, animal rennet)
- Animal carcass fats (including suet, lard or dripping)
- Meat, fish or bone stock
- Gelatine, aspic, cochineal or carmine

Labelling

Look out for the vegetarian logo and vegetarian statement on back of pack to help find suitable products for your diet.

Further information

For further information or to request another list please get in touch directly at

nutrition@marksandspencer.com or speak to our Customer Services team on 0333 014 8555.

For more information about vegetarian diets please visit our health website www.marksandspencer.com/health

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Product	Product Code	Product	Product Code
B W S F20A		8 All Butter Kitchen Sink Cookie Dunkers	11761
Cherry Brandy	886444	8 All Butter Stem Ginger Cookie Dunkers	11815
Biscuits F10A		8 Meringue Nests	393027
10 All Butter Easter Cookies	343435	9 All Butter Chocolate Chip Shortbread Rounds	319584
10 Crunchy All Butter Reduced Fat Belgian White Chocolate Chunk Cookies	11792	9 All Butter Shortbread Rounds	319928
10 Crunchy All Butter Belgian Chocolate Chunk Cookies	11679	9 Caramel Wafers	623957
10 Crunchy All Butter Belgian White Chocolate Chunk Cookies	11693	9 Gingerbread Men Biscuits	702089
10 Crunchy All Butter Cranberry & Orange Cookies	11730	A/b Jam Roly Poly Swirls	30892
10 Crunchy All Butter Pistachio & Almond Cookies	11723	Active Health...5 Almond & Acacia Honey Multiflake Cereal Bars	729352
10 Crunchy All Butter Rduced Fat Belgian Chocolate Chunk Cookies	117746	Active Health...5 Cranberry & Blueberry Oat Bars	729369
10 Crunchy All Butter Reduced Fat Stem Ginger Cookies	11778	Active Health...5 Crunchy Nut & Seed Cereal Bars	854412
10 Crunchy All Butter Stem Ginger Cookies	11754	Active Health...5 Wholegrain & Raisin Breakfast Biscuit Bars	854405
10 Crunchy All Butter Triple Belgian Chocolate Chunk Cookies	11747	Alfajores	86929
15 Crunchy All Butter Sultana Cookies	11686	All Butter Biscuits	423069
18 All Butter Sweet Pastry Tartlets	555654	All Butter Belgian Choc Chip Rounds	672542
3 Cranberry And Raspberry Oaty Bakes	82181	All Butter Chocolate Chunk Cookies	155755
3 Honey Oaty Bakes	82273	All Butter Cinnamon Sugar Palmiers	379700
3 Sultana, Apple And Cinnamon Oaty Bakes	82228	All Butter Cornish Cruncher Biscuits	439701
4 Granola - Oats, Sultanas, Sunflower Kernels, Pumpkin Seeds And Cranberries	23146	All Butter Finger	672566
4 Maple & Pecan	23092	All Butter Fruity Flapjack Cookies	151245
4 Raspberry, Belgian White Chocolate & Coconut	23139	All Butter Goats Cheese Straws	217477
4 Salted Caramel & Belgian Milk Chocolate Chunk	23108	All Butter Home Baked Squares	706742
4 Triple Belgian Chocolate	23115	All Butter Lemon Rounds	28028
5 Bags Mini Choc Chip Cookies	833332	All Butter Lemon Shortbread Thins	706681
5 Bags Mini Jaffa Cakes	833349	All Butter Mini Shortbread Trees	219532
6 All Butter Tartlets	919968	All Butter Palmiers	379465
6 Savoury Pastry Cases	555661	All Butter Pastry Case	509176
8 All Butter Choc & Nut Cookie Dunkers	11808	All Butter Pecan And Toffee Rounds	28271
		All Butter Roly Poly Swirls	47302
		All Butter Rosemary & Sea Salt Straws	217415
		All Butter Rounds	672573
		All Butter Shortbread Thins 160g	889919
		All Butter Stem Ginger Rounds	28417
		All Butter Stilton Biscuits	218290

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Product	Product Code	Product	Product Code
All Butter Sultana Cookies	151207	Chocolate Chip Cookies	469265
All Butter Viennese Passion Fruit Creams	28301	Chocolate Chip Cookies (200g)	469258
All Butter Viennese Raspberry Creams	28356	Chocolate Chunk Cookies (reduced Fat Logo)	498319
All Butter White Chocolate Chunk Cookies	706780	Chocolate Sandwich	42802
Almond Biscuits	379953	Chocolate Sandwich	46893
Apple & Strawberry Oat Bar	23993	Christmas Pudding Biscuits	217552
Banana & Vanilla Oat Bar	24020	Christmas Pudding Cookies	994446
Banoffee Swirls	845663	Clementine And White Chocolate Cookie	218368
Battenburg	28608	Cocoa Vanilla Cream	886710
Battenburg	47296	Coconut & Raspberry Homebaked Style Shortbread Fingers	379199
Belgian Dark Chocolate Rice Cakes	348171	Coconut And Choc Cookie Bite	404877
Belgian Dark Chocolate, Ginger & Pear Flavour Biscuits	727587	Coconut, Pineapple & White Chocolate Cookies	969512
Belgian Milk Chocolate & Toffee Biscuits	727570	Coffee & Walnut Shortbread	843034
Belgian Milk Chocolate Rice Cakes	348102	Cookie Tin	864404
Biscuits For Cheese Selection	157636	Corn & Ancho Chilli Flatbread	845601
Biscuits For Cheese Selection	886673	Cornish Cruncher And Pear Biscuits	137829
Black Pepper & Sea Salt Twists	379687	Cornish Cruncher Cheddar Cheese Straws	994422
Bourbon Tin	796736	Cranberry & Raspberry Breakfast Biscuit	964425
Brazil Nut, Chilli, Coconut & Chocolate Florentines	845526	Dark Chocolate Jaffa Cakes (banded Pack)	877503
Butter Puffs	743136	Dark Chocolate & Cherry Jaffa Cakes (twinpack)	821506
Caramel Waffles	824385	Date & Walnut Toast	37174
Caramelised Orange, Fig & Hazelnut Shortbread Rounds	51040	Date & Walnut Toasts	28035
Carnival Cookies (mango, Pineapple, Papaya, Brazil Nuts, Pecans, Chocolate Chunks)	845571	Date, Honey & Walnut Cookies	379014
Cc Thins With Chilli	28288	Earl Grey & Lemon	28547
Cc Thins With Rd Onion Marmalade	28424	Easter Bunny Rounds	71475
Charcoal Biscuits	137966	Extremely Chocolatey 6 Individually Wrapped Milk Chocolate Biscuit Bars	701143
Cheese And Multigrain Cracker (gluten Free)	138352	Extremely Chocolatey Dark Chocolate Ginger Biscuits	747219
Cheese Crackers	939065	Extremely Chocolatey Dark Chocolate Rings	587730
Chewy Fruity Flapjack Cookie	319782	Extremely Chocolatey Milk Chocolate Rounds	343114
Chick Pea Crackers (gluten Free)	139557	Extremely Chocolatey Mini Milk Chocolate Rounds	441278
Chilli And Sundried Tomato Rounds	938860	Extremely Chocolatey Orange Biscuits	415019
Chipotle Chilli & Ecuadorian Dark Chocolate Cookies	845335	Extremely Chocolatey White Chocolate Rounds	365376
Chocolate Button Biscuits	160452		
Chocolate Chip & Hazelnut Cookies	11785		
Chocolate Chip Cookie Dunkers	446211		

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Product	Product Code	Product	Product Code
Fairtrade All Butter Brazil Nut Cookies	587761	Mini Meringues	399777
Fairtrade All Butter Double Choc Chip Cookies	601474	Mini Oat Biscuits	798105
Fruit And Nut Cookie Bite	404891	Mini Percy Biscuits	159968
Fruit Crunch Biscuits	137928	Mini Shortbread Fingers	706759
Fruit Shrewsbury Biscuits	706650	Mini White Chocolate Biscuit Bites	909365
Ginger Snap Biscs	741538	Monteray Jack & Smoked Paprika Flatbread	84550
Gingerbread Viennese Creams	217460	Monteray Jack And Smoked Paprika Flatbreads	139632
Hello Kitty Biscuits	879590	Morello Cherry & White Chocolate Cookies	51217
High Bake Water Biscuits	701655	Multiseed Wholegrain Flatbreads	139656
Highland Shorties	888783	Neapolitan Cookies	915229
Honey & Oat Breakfast Biscuits	964395	Oat And Walnut Hexagonals	938815
Honey Roast Cashew & Seville Orange Cookies	378765	Oat Crunch Biscuits	615792
Indulgent Chocolate Cookeis	879323	Oat, Cheddar And Nigella Seed Rectangles	938969
Indulgent Raspberry & White Chocolate Cookies	879347	Oatcakes	303705
Indulgent Stem Ginger Dark Chocolate Fully Coated Cookies	879330	Oaty Bear Biscuits	160353
Indulgent Toffee Milk Chocoalte Fully Coated Cookies	879354	Orange Choc Cookie Bite	409636
Italian Cantuccini	994408	Peanut Butter Cookies	257336
Jam Sandwich Creams - Banded Pack For Promo	579445	Peanut Butter Cookies	86905
Jam Swich Biscs	744706	Pecan, Apricot & Peach Bar	401562
Jazzie Biscuits (kids)	880503	Percy & Penny Biscuits	160506
Large Gingerbread Man With Candy Coated Buttons	127257	Percy Pig (biscuits)	702072
Lemon And Lime Jaffa Cake Single	379724	Pitkeathly Biscuits	706667
Lemon And Lime Jaffa Cake Twin	379113	Raspberry Sandwich	696821
Lemon And White Chocolate Wafer Fingers	810517	Regional Biscuit Carton - Shrewsbury, Cornish Fairings, Essex Shortcake	28585
Made Without Wheat Lemon Shortbread	939126	Rhubarb & Orange All Butter Shortbread Rounds	379595
Made Without Wheat Orange And Polenta Biscuits	939119	Rich Tea Biscuits	741316
Made Without Wheat Spiced Cookies	994460	Rosemary & Apricot Toast	37181
Malted Milk Biscuits	706858	Rosemary & Apricot Toasts	28264
Milk Chocolate Chunk Cookie	319720	Rosemary Rounds	938747
Mini Animal Biscuits	463713	Rye Biscuits	138932
Mini Caramel Waffles	824408	Sea Salt And Cracked Green Pepper Rounds	938891
Mini Choc Chip Cookies	871099	Seeded Oatcakes	964371
Mini Coconut Macaroons	939096	Seeded Spelt Squares	938778
Mini Gingerbread Friends	160377	Sicilian Lemon And White Choc Cookies	378819
Mini Gingerbread Men (ayr)	790819	Single Cranberry & Cashew Cereal Bar 45g	590761
		Snowflake Shortbread Thins	219815

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Product	Product Code	Product	Product Code
Speciality Italian Hand-crafted Flatbreads	629386	British Pudding Sweets	28592
Speciality Italian Hand-crafted Olive Flatbreads	629393	British Pudding Whips	816625
Stem Ginger Snaps	939140	British Pudding Whips Franchise	91756
Stollen Cookies	51132	Bubbly Milk Chocolate	52269
Strawberry And Cream Wafer Cubes	810494	Butter Mintoes	785181
Sultana, Apple & Cinnamon Breakfast Biscuits	964449	Butter Mints	785297
Summer Trifle	30908	Butterscotch	679152
Sundried Tomato And Black Olive Tapenade Biscuits	138550	Candy Coated Chocolate Buttons	936583
Sweet Chilli, Pumpkin And Sesame Flatbreads	138581	Cappuccino 3 Pack	963985
Sweet Potato And Orange	24044	Cappuccino Bar	429535
Teatime Biscuit Selection	992282	Caramel Filled Milk Chocolate	52382
Teething Ring Biscuit - Apple & Blueberry	24006	Carbon Neutral Dark Chocolate 60%	801065
Teething Ring Biscuits - Raspberry & Mango	24013	Carbon Neutral Dark Chocolate 70%	801072
Triple Choc Cookie Bite	404914	Carbon Neutral Milk Chocolate	801089
Triple Chocolate Chunk Cookies	939133	Carnival Fire Crackers -	877008
Unsalted Whole Grain Rice Cakes	363150	Character Lolly	638678
Viennese - Milk Chocolate Swirls 99p	780773	Character Lolly X 3	683951
Yorkshire Parkin	30830	Cherry Jellies	88855
Confectionery F13A		Chewy Fruits	992718
"dulce De Leche Chocolate - Loaded With Salted Popcorn	98014	Chewy Mints	50722
3 Chocolate Fudge Whips	816618	Chocolate Eclairs	785730
3 Pack Madagscan Vanilla Fudge Indulgent Bar	847759	Chocolate Flake, Raisin & Fudge Crunchies	917599
3 Pack Turkish Delight Indulgent Bar	518956	Chocolate Made With Creamy Coconut Milk	97994
3 Salted Caramel Whips	816601	Chocolate Popcorn Honeycomb Crunch	917766
8 Pack Promotional Walnut Whips	454537	Chocolate Pretzel & Caramel Clusters	917575
Acai, Raspberry & Quinoa Dark Chocolate Bar	85274	Classic 3 Pack	646789
American Hard Gums	50692	Classic 3 Pack Franchise	783255
Apricot Marzipan Bar	16964	Clear Fruits	808385
Apricot Marzipan Bar Single Bar	20022	Clotted Cream Fudge	992664
Assorted Fruit Sherbet	158039	Cola Bottles Cup	88718
Belgian Chocolate Covered Cashews	87353	Colin Caterpillar - Veggie Butterflies	785280
Belgian Milk Chocolate Covered Marzipan Balls	87322	Colin Caterpillar 25 Years	494922
		Colin The Caterpillar Net	964029
		Colin The Caterpillar Tin	964005
		Cookie Dough Bites	873192
		Crazy Orange Loaded Bar	873697
		Crispy Fudge Bar	849357
		Crispy Fudge Bar Single Bar	20008

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Product	Product Code	Product	Product Code
Curiously Strong Gum	901765	Ft Dark Chocolate With Espresso	938198
Dark Choc Salted	808347	Ft Milk Chocolate With Raisins & Toasted Almonds	938167
Dark Chocolate Bar With Mint Crunch	100519	Ft Milk Chocolate With Roasted Hazelnuts	938204
Dark Chocolate Loaded With Crunchy, Spicy Cajun Plantain Chips	98007	Ft Milk Chocolate With Sicilian Sea Salt	938136
Dark Chocolate Protein Pulse Mix	85267	Fudge Bar	847766
Dark Chocolate Seed Mix	85281	Gelatine Free Veggie Phizzy Wands	929097
Deliciously Soft Caramels	248228	Glacier Fruits	940849
Deliciously Soft Caramels	58117	Glacier Mints	940832
Dominican Republic 32% Milk Mint	938099	Goji, Cranberries & Flaxseed Dark Chocolate Bar	85243
Dominican Republic 32% Milk Salted Butterscotch & Maple Syrup	938181	Hello Kitty - Individual Licensed Lollipop	823432
Dominican Republic 46% Milk	938150	Hello Kitty Lollipops X 4 - Clipstrip	791175
Dominican Republic 46% Milk 35g Bar	217729	Hello Kitty Smooth Milk Chocolate Balls	823463
Double Chocolate Eclairs	808316	Hello Kitty Solid Milk Chocolate Lollipop	823456
Double Devon Toffees	785624	Jelly Belly Sours	673389
Earl Grey Almonds	28783	Jersey Milk Chocolate	28653
Eat Well Cashew Nuts (tillpoint)	500128	Large Dark Chocolate Bar	974677
Eclair Assortment	58124	Latte Coffee Kick Bars	903134
Eclair Assortment	346603	Lemon Mint Gum	901758
Ecuador 52% Dark Chilli (jalapeno)	217934	Lemon Mousse Indulgent Bar	572262
Ecuador 52% Dark Ginger & Lemon	938211	Lemon Sherbert Squares	88800
Ecuador 72% Dark	938105	License - Princess And The Frog - Lollipops X 4	701051
Ecuador 72% Dark 35g Bar	218214	Limited Edition Peruvian 52% Dark Grapefruit & Pink Peppercorns	217927
Elderflower Raspberries	28851	Limited Edition Peruvian 52% Dark Licorice & Blackcurrant	217750
Espresso Coffee Kick Bars	90308	Made Without Dark Chocolate With Cocoa Nibs	101042
Fairtrade 70% Dark Chocolate Bar	486293	Made Without Dark Chocolate With Orange Sugar Crunch	99974
Firecrackers	397384	Malted Milk Chocolate	28677
Fizzy Cola Bottles	89470	Mango And Lime Sugar Free Gums	75053
Fizzy Fruit Slices	88831	Marzipan Indulgent Bar	283519
Fizzy Pop Sweets	29551	Milk Buttons	687027
Fran Salted Caramel Whip	20763	Milk Chocolate And Jalapeno Tortilla Chocolate Bar	87766
Fran Salted Caramel Whip(3 Pk)	20770	Milk Chocolate Bar	382816
Fruit & Nut Milk Chocolate Mountain Bar	52320	Milk Chocolate Min 36% Cocoa	678988
Fruit Gums	375634	Milk Chocolate Roll Ems	88817
Fruit Jellies	28714	Milk Chocolate Smothered Corn	87773
Fruit Pastilles	375801		
Fruit Slices Cup	88695		
Fruity Coconut & Chocolate Crunch	969499		
Fruity Jelly Beans	88763		

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Product	Product Code	Product	Product Code
Milk Chocolate With Raspberry	705967	Rhubarb & Custards - 2 For ?1	812122
Milk Dark & White Chocolate Coated Biscuit Balls	16957	Rhubarb And Custard	28820
Milk, Dark And White Chocolate	52351	Rose And Violet Dark Chocolate	30847
Mini Milk Chocolate Coated Pretzels	907620	Sherbet Lemons - 2 For ?1	812146
Mint Assortment	785402	Single Origin Colombian Panela Sugar Dark Chocolate Bar	87681
Mint Assortment	375849	Single Origin Colombian Panela Sugar Milk Chocolate Bar	87704
Mint Humbugs	785075	Single Walnut Whip	209649
Mint Imperials	318518	Soft Liquorice	678582
Mint Truffle Indulgent Bar	429504	Spearmint Gum	673051
Mint Whip - 3 Pack	925761	Spearmint Sugar Free Gum - (cup)	75084
Mint Whip - Franchise	964241	Strawberry & Cream Fudge	28707
Minty Dark Chocolate Bar	16971	Strawberry Laces	964012
Minty Dark Chocolate Bar Single Bar	200196	Strawberry Lances	964043
Mixed Up Meerkats	89784	Sugar Free Butter Toffees	901772
Mmm 200g Chocolate Bar	917414	Sugar Free Butterscotch	581172
Mocktail Jellies	87698	Sugar Free Clear Mints	539494
Mocktail Jellies	397360	Sugar Free Curiously Strong Mints	75060
Orange Truffle Indulgent Bar	964050	Sugar Free Lemon & Strawberry Sherbets	23191
Peaches And Cream Fudge	28813	Sugar Free Mint Humbugs	23207
Penuche Style Fudges	87841	Sugar Free Orange & Lemon Fruit Drops - Box	539517
Peppermint Gum	673068	Sugar Free Rhubarb & Custard Sweets	901819
Percy Pig & Pals	390248	Sugar Free Strawberries & Cream Sweets	673396
Percy Pig Lolly	964036	Summer Fruits	28745
Percy Pig Pen	992688	Summer Lollipops X 4 Clipstrip	859882
Percy Pig Tin	963992	Super Sour Pastilles	992657
Percy Piglets	390194	Swiss Chocolate Extra Fine Bubbly Milk	434089
Percy's Percynalities	98939	Swiss Chocolate Extra Fine Dark 125g	434010
Peru 52% Dark Clementine	938143	Swiss Chocolate Extra Fine Dark Discs	434164
Peru 52% Dark Clementine 35g Bar	217941	Swiss Chocolate Extra Fine Milk 125g	433990
Peru 52% Dark Raspberries	218146	Swiss Chocolate Extra Fine Milk Discs	434157
Peru 85% Dark	938112	Swiss Chocolate Extra Fine Milk With Hazelnuts 200g	434034
Peru Dark Chocolate	678650	Swiss Chocolate Extra Fine Mini Mountain Bars Milk	434188
Phizzy Pigtails	390187	Swiss Chocolate Extra Fine Mountain Bar Dark	434102
Pontefract Cakes	29582		
Praline Indulgent Bar	429528		
Praline Indulgent Bar Fr	897976		
Raspberry Mousse & Meringue Indulgent Bar	713276		
Red And Black Gums	50685		
Red Xmas Percy (f13 Line)	226837		
Reds & Blacks Sweet Suits	88688		

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Swiss Extra Fine Milk Chocolate	434041	White Chocolate Buttons - Character	862400
Swiss Hazelnut Milk Chocolate	52290	White Madagascan Vanilla	678643
Swiss Milk Chocolate	52252	Wine Gums	375566
Swiss Milk With Fruit And Nuts	684750	Yoghurt Coated Raisons	868242
Swiss Mountain Bar Milk 100g	434096	Yogurt Coated Raisins	907583
Swiss Mountain Bar White 100g	434126		
Swiss Promo 3 Pack Save ?1.00	672207	Delicatessen F04C	
Terrance Turtles	439657	10 Antipasti Skewers	842013
The Chewy One	52313	12 Brie And Cranberry Tartlets	152990
The Crunchy One	52344	12 Cheese And Onion Mini Muffins	824125
The Dark One	60806	12 Great British Cheese Bites	775496
The Everything Bar	87346	12 Handmade Vegetable Spring Roll Selection	670005
The Fruit & Nut One	52375	12 Mini Tomato And Cheese Rosti Topped Frittatas	574655
The Nutty One	87339	12 Oriental Vegetable Selection With A Thai Chilli Dip	570893
The Whippy One	52276	18 Indian Style Snack Selection	309431
The White One	60790	24 Cheese And Onion Mini Muffins	927840
Tobi Eton Mess Fudge	87759	6 Handcrafted Antipasti Skewers	27151
Tobi Lemon Meringue Fudge	87728	6 Handcrafted Stuffed Vine Leaves	231961
Toffee Assortment	50715	6 Onion Bhajis Child Spec	624725
Toffee Popcorn	899093	8 Falafels	352574
Transformers Net Of Discs + Add-on	669375	Antipasti Nibbles Selection	926256
Treacle Toffee	939218	Antipasti Selection	875714
Tropical Fish	88862	Antipasti Skewers	980937
Tropical Fish Cup	88879	Avocado Mayonnaise Child Spec	549912
Veggie Colin The Caterpillar Cherry Chews	992619	Bbq Relish Child Spec	549936
Veggie Colin The Caterpillar Cola Flavoured Gums	673341	Broccoli, Cheese & Tomato Quiche	176378
Veggie Colin The Caterpillar Fizzy Rainbow Sours	992626	Butternut And Chilli Harissa Dip	674591
Veggie Colin The Caterpillar Fruit Flavoured Sours	673358	Caramelised Onion & Potato Tortilla	464383
Veggie Colin The Caterpillar Fruit Gums	673365	Caramelsied Onion Houmous	862356
Veggie Fruit Gums	992640	Chargrilled Olives And Peppers	716550
Veggie Fruit Pastilles	992633	Cheese & Onion Quiche	523547
Veggie Gelatine Free Percy In A Twist	992725	Cheese & Onion Quiche	176262
Veggie Percy	787345	Chilli Olives	864411
Veggie Wine Gums	992701	Christmas Party Crudite Selection	244985
Whip Assorted 3 Pack	575027	Chunky Layered Morrocan Style Houmous	465182
Whip Assorted 3 Pack Franchise	373944	Classic Dip Selection	871204
White Buttons	936569	Classic Marie Rose Sauce	778398
		Co Butternut Squash Terrine	662635
		Cocktail Blinis	398190

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Product	Product Code	Product	Product Code
Courgette And Halloumi Triangles	862394	Marinated Italian Mozzarella	26970
Courgette, Asparagus And Feta	922937	Marinated Italian Mozzarella & Tomatoes	434515
Creamy 4 Classic Dip Selection	369701	Marinated Italian Slow Roasted Vine Tomatoes	622165
Dip Selection	549929	Marinated Italian Sundelisi Tm Tomatoes	922418
Dip Selection - Stacker Pack	547116	Marinated Vegetable Antipasti Selection	797689
Dip To Share Houmous And Chilli And Herb	712484	Mediterranean Nibbles Selection	926263
Dips To Share Cream Cheese And Basil Pesto	712507	Mesican Smoked Chilli Cheese Dip	57899
Ew Beetroot And Mint Dip	922425	Mozzarella And Pesto	667265
Feta And Herb Pastries	465175	Mushroom And Goats Cheese Frittata	546768
Feta Dip With Roasted Tomatoes And Olives Topping	862370	Mushroom And Stilton Tarts X 2	865531
Fiery Tomato Salsa	922760	Olive Selection	871181
Free Range Egg Mayonnaise Deli Filler 220g	728959	Organic Houmous	302661
Frozen Cheese & Onion Toasty Bites	514934	Pea And Wasabi Dip	712729
Fto Large Spinach And Feta Quiche	822152	Piri Piri Houmous	922494
Gap - Mushroom Pate	866248	Pitted Full Flavoured Spanish Cuquillo Olives	26949
Garden Vegetable & Feta Quiche	922623	Pitted Greek Halkidiki, Kalamata Olives & Feta	546713
Guacamole	835848	Pitted Lemon & Coriander Olives	26963
Handcrafted 2 Cheese & Onion Sausage Rolls	924498	Pitted Mild & Fruity Halkidiki Olives & Tomatoes	862424
Handcrafted Mature Cheddar And Caramelised Onion Pastry Rolls	928960	Pitted Piri Piri Olives	27045
Handcrafted Mature Cheddar, Onion And Leek Pasty	814294	Pitted Spanish Mild Manzanilla & Full Flavoured Cuquillo Olives	701235
Handcrafted Slow Roasted Tomato, Feta & Spinach Quiche	922722	Pitted Spanish Mild Manzanilla Olives	546720
Handcrafted Slow Roasted Tomato, Feta & Spinach Quiche	975285	Pitted Spanish Mild Manzanilla Olives & Manchego	712699
Houmous 200g	607537	Pitted Sweet & Smoky Chargrilled Olives	27250
Houmous 300g	234474	Portabello Mushroom & Spinach Quiche	862271
Houmous Eu	876247	Potted Blacksticks Blue With Fig Chutney	62732
Houmous Selection Pack	862387	Puff Pastry Tart - Butternut Red Pepper & Feta	864336
Ifg D 6 X Cheese & Onion Rolls	642750	Red Pepper And Feta Filo Rolls	862417
Indian-style Snack Selection	398428	Roast Red Pepper And Toasted Pine Nut Dip	797658
Individual Broccoli & Tomato Quiche	524230	Roasted Butternut Squash And Chickpea Salad	862509
Lemon And Coriander Houmous	862363	Roasted Red Pepper & Creme Fraiche Dip	549974
Marinated Antipasti Selection With Pitted Cuquillo Olives	701181	Skinny Egg Mayo	728935
Marinated Flame Seared Italian Artichokes	465021		
Marinated Greek Feta	27069		
Marinated Grilled Peppers	701174		

Products which are suitable for Vegetarians

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Product	Product Code	Product	Product Code
Skinny Houmous	145954	12 Mini Macaroons	700788
Skinny Houmous X 3	516891	12 Mini Melting Middle Puddings	526180
Spiced Butternut Parcels	506823	12 Posh Profiteroles	827041
Spicy Red Pepper Houmous	311304	16 Luxurious Lustered Macaroons	889322
Spinach, Feta And Olive Frittata Twin Pack	712774	2 Apple Filo Tarts	944540
Stone In Sweet & Buttery Italian Nocellara Olives	862493	2 Banoffee Cheesecake Slices	637565
Stone In Basil & Garlic Marinated Olive Selection	299596	2 Belgian Milk Chocolate Cheesecake Slices	770248
Stone In Basil & Garlic Marinated Olive Selection	398299	2 Berrymisu	859707
Stone In Full Bodied Greek Kalamata Olives	231855	2 Bramley Apple Crumbles	406895
Stuffed Cherry Peppers With Goat's Cheese	740265	2 Bramley Apple Turnovers	923828
Stuffed Olives With Garlic, Pimento & Jalapeno	712705	2 Bread And Butter Puddings	368605
Stuffed Olives With Pimento	465571	2 Chocolate Eclairs	395380
Tomato & Camembert Tarts	467070	2 Cream Doughnuts	472562
Tomato And Mozzarella Pastry Ravioli	975605	2 Cream Slices	599214
Tomato Salsa Dip	322171	2 Creme Caramel Desserts	606707
Tuna Pate	243155	2 Custard Choux Bun	597395
Tzatziki	399135	2 Egg Custard Tarts	951975
Tzatziki Eu	876261	2 Eves Puddings	406925
Vegetable And Mozzarella Frittata	797771	2 Exotic Fruit Tarts	294331
Vegetable Quiche	665254	2 Fresh Cream Meringues	681001
Vegetable Spring Roll	514828	2 Fresh Strawberry Tarts	423281
Vegetarian Party Selection	948432	2 Irish Cream Tart Slices	859790
X 2 Butternut And Pumpkinseed Tarts	862622	2 Pineapple Upside Down Sponge Puddings	774963
Yellow And Red Sunblush Tomatoes	797719	2 Raspberry Sherry Trifles	793704
Desserts F08C		2 Rhubarb Crumbles	406901
0% Greek Style Strawberry Yogurt	867405	2 Rice Puddings	421560
0% Greek Style Mango Yogurt	867412	2 Strawberry Scones	151153
0% Greek Style Rhubarb Yogurt	867399	2 Strawberry & Champagne Cheesecakes (pots)	860031
0% Greek Style Vanilla Yogurt	867467	2 Toffee Apple Puddings	690423
12 Assorted Chocolate Macaroons	984515	2 Ultimate Custard Tart Slices	859844
12 Churros With Chocolate Sauce	851251	2 Vanilla Slices	340823
12 Lusted Macaroons	852319	2 X Belgian Chocolate Rice Puddings	996068
12 Mini Chocolate Eclairs	951845	3 Fruit Trifles	228497
12 Mini Fruit Tartlets	881500	3 Lemon Cheesecakes	793667
12 Mini Fruit Tarts	472036	3 Mini Retro Jellies (multipack)	863339
		3 Mini Strawberry Tart Guilt Free Indulgence	863353
		3 Raspberry Jellies	863360
		3 Strawberry Cheesecakes	793803

Products which are suitable for Vegetarians

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Product	Product Code	Product	Product Code
4 Buttermilk Pancakes With Butterscotch Sauce	606332	Bramley Apple Victoria Sponge	604109
4 Chocolate Eclairs	264891	Bread And Butter Pudding	602501
4 Egg Custard Tarts	952118	Caramel Dessert	604765
4 Mini Rhubarb & Custard Doughnuts	860109	Caramel Frappe	770521
6 Billionaires Bar	56212	Cfto Luxury Upside Down Trifle	265775
6 Mini Luxury Raspberry Trifles	889353	Cfto Macaroon Gift Box	851992
6 Pancakes	456418	Cfto Profiterole Dessert	349192
6 Pancakes With A Delicious Chocolate Sauce	381482	Cheesecake Bites	983204
6 Pancakes With Zesty Lemon Sauce	134842	Cherries & Berries Cobbler	774956
6 Posh Profiteroles	877510	Cherry & Berry Streusel Tart	998765
9 Millionaires & Pecan Tarts	272902	Cherry & Vanilla Rice Pudding	996136
Amontillado Sherry Trifle	140508	Cherry And Plum Crumble Twin Pack	450904
Apple & Blackberry Crumble - Serves 2	818858	Chocolate & Vanilla Cheesecake	985970
Apple & Blackberry Custard Twin	944502	Chocolate And Vanilla Cheesecake	985987
Apple And Blackberry Crumble	58018	Chocolate And Vanilla Cheesecake Slices	986038
Apple And Blackberry Puff Pie	690447	Chocolate Brownie Dessert	304252
Apple Plum And Raspberry Pie	948067	Chocolate Melt In The Middle Pudding	522939
Apple Strudel	817127	Chocolate Swiss Roll	150163
Apple Tarte Tatin	998840	Chocolate Trifle	465618
Autumn Fruit Sponge	56076	Christmas Compote	246019
Ayr Customer Order 12 Mini Tarts - Millionaire's, Pecan And Orange Curd	814041	Christmas New York Cheesecake	700795
Ayr Customer Order 24 Mini Macaroons	817240	Clotted Cream Rice Pudding	640701
Ayr Customer Order 24 Mini Macaroons	948500	Cou Chocolate & Cherry Pudding	958998
Ayr Customer Ordering Large Tarte Au Citron	615327	Cou Chocolate Sundae	456616
Banana Loaf	634717	Cou Rice Pudding With Banana, Sultana & Honey	956994
Banoffee Cheesecake	996129	Cou Skinny Banana Milkshake	849692
Belgian Chocolate Creme Brulee	998727	Cou Skinny Chocolate Milkshake	849722
Belgian Chocolate Pot Minis	770651	Cou Skinny Strawberry Milkshake	849685
Billionaire Bullion Bar	56120	Cou Strawberry Trifle	268936
Billionaires Shortbread	849661	Cou Toffee	868891
Blackcurrant And Tahitian Vanilla Jelly	56144	Cou Vanilla Berry Pudding	959001
Bonfire Toffee Apple Parkin	996150	Count On Us Double Chocolate Sundae Fr	926706
Bramley Apple Crumble	58001	Count On Us Double Chocolate Sundae NI	951760
Bramley Apple Crumble - Seves 2	385718	Count On Us Strawberry Trifle Fr	926683
Bramley Apple Pie	637367	Count On Us Strawberry Trifle NI	951722
		Cr?me Brulee	999366
		Cr?me Brulee	42789
		Cracking Dessert	972819

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Product	Product Code	Product	Product Code
Cream Cake Assortment	663267	Hot Chocolate Fudge Pudding Dine In	996112
Creamy Rice Pudding With Apple & Blackberry Compote	891141	Hot Chocolate Profiteroles Filled With Caramel Custard	891165
Creamy Rice Pudding With Rhubarb & Ginger Compote	817158	Hot Pain Au Chocolat Puddings X 2	891158
Custard	377164	Inside Out Trifle	698474
Customer Ordering Large Strawberry Tart	870269	Jaffa Melt In The Middle	189859
Dessert Menu Madagascan Vanilla Thick & Creamy Custard	151917	Jam Roly Poly (visual Sharing Version)	691291
Dessert Menu Summerfruit Compote 500g	68567	Jewelled Apple & Blackberry Fool	859905
Dm 2 Tiramisu	849678	Jewelled Rhubarb & Ginger Fool	859752
Dm Peanut Butter Heaven 2 Pack	945356	Jubilee Macaroons	860048
Eat Well Berry & Cherry Jelly Terrine	559164	Key Lime Pie	681315
Exotic Jelly Cubes	975063	Key Lime Pie Dine In Version	813365
Extremely Fruity Strawberry Trifle	392839	Key Lime Pie Minis	770699
Extremley Fruity Strawberry Trifles	127042	Large Chocolate & Orange Tart	975872
Fat Free Fromage Frais	931434	Large Eve's Pudding	817196
Fresh Porridge	259484	Large Strawberry Trifle (mother's Day Special)	712156
Fromage Frais	931427	Large Tarte Au Citron - Xmas Only	899055
Fruit Cocktail Trifle	601047	Lemon & Bilberry Posset	56175
Fruit Jellies	770477	Lemon & Lime Meringue Tart	860116
Fruit Trifle	601153	Lemon & Ricotta Cheesecake	503075
Fto 12 Posh Profiteroles	925372	Lemon And Ricotta Cheesecake Slices	637572
Fto Chocolate & Vanilla Cheesecake	39703	Lemon Meringue Cake	860086
Fto Dm 2xapple Filo Topped Pies	952798	Lemon Meringue Pie	368735
Fto Large Millionaires	975797	Lemon Swirl Cheesecake	145442
Fto Luxury Gold Melt In The Middle Pudding	74018	Lemon Tart	322324
Fto Morello Cherry & Blueberry Sponge Twin Pack	948463	Lf Greek Yogurt 4 Pack	929202
Fto Morello Cherry Frangipane Tart	838931	Low Fat Natural Yogurt 150g	852203
Fto Profiterole Stack	556095	Luxurious Assortment Of Macaroons	998833
Fto Sicilian Lemon Ricotta Cheesecake	838917	Luxurious Assortment Of Macaroons	56106
Fto Tarte Au Citron	838924	Luxury Gold Melt In The Middle Pudding	56298
Greek Style Yogurt With Honey	852173	Luxuryupside Down Trifle	951814
Greek Yogurt With Honey	722667	Macaroon Tree	889346
Guilt Free Mini Banoffees	909556	Mallow Rocky Road Snow Mousse	950886
Guilt Free Mini Cherry Trifles	909563	Mandarin Dessert	234733
Hot Bourbon Chocolate Melts X 2	891196	Mandarin Dessert	435727
Hot Chocolate Fudge Pudding	487979	Melting Middle Chocolate Puddings	406918
		Midi Chocolate Petit Choux X 3	924047

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Product	Product Code	Product	Product Code
Midi Coffee Petit Choux X 3	924016	Raspberry & Lemon Suet Sponge	996075
Midi Lemon Petit Choux X 3	923972	Raspberry & White Chocolate Eclair X 2	924092
Milk Chocolate & Caramel Cheesecake	851244	Raspberry And Vanilla Cheesecake Slices	986014
Millionaires Shortbread	649360	Raspberry Cranachan	29735
Millionaires Shortbread	585477	Raspberry Royale	203029
Millionaires Shortbread	998864	Raspberry Royale	610827
Mini Indulgence Under 100 Cals 3 Pack Custard Profiterole	793780	Raspberry Screwball Cone X1	924030
Mini Indulgence Under 100 Cals 3 Pack Strawberry Scones	793766	Raspberry Sherry Trifle	827126
Mini Indulgence Under 100cals 3 Pack Apple Puff	793674	Raspberry Sundae	865135
Mini Pancakes	959018	Raspberry, Pomegranate And Elderflower Jelly	975117
Mini Tarts	615297	Saint Honore Tart	998857
Mixed Berry Jelly	923965	Sgl Profiterole Dessert (eu)	891295
Mixed Berry Tart - Customer Ordering	891189	Shortcrust Cherry Pie	150255
Mocha Frappe	770538	Sicilian Lemon Ricotta Cheesecake	430890
Mojito Jelly	864015	Spiced Pineapple & Gingerbread Sponge	56090
Morello Cherry & Wild Blueberry Sponge Puddings	948074	Spiced Plum Tart	951821
New York Vanilla Cheesecake	637596	St Clements & Orange Marmalade Sunken Cheesecake	29728
New York Vanilla Cheesecake Slices	770255	Sticky Toffee Pudding	486781
One A Day Split Pot Mango & Passion Fruit	867344	Sticky Toffee Pudding 2 Sharing Pack (dine In)	944533
Passion Fruit & Mango Sunken Cheesecake	98601	Strawberry And Rhubarb Puff Pastry Pie	358026
Passion Fruit & Orange Jelly	96737	Strawberry Compote Trifle	160117
Passion Fruit Jelly	923897	Strawberry Jelly Trifle 135g	719629
Passion Fruit Roulade	975100	Strawberry Jelly Trifle 600g	719612
Passionfruit & Coconut Dessert 200g	96751	Strawberry Victoria Sandwich	619653
Peach Melba Jelly	681193	Summer Berry Puff Slice	924085
Petit Patisserie	669320	Summer Macaroon Selection	924009
Pineapple And Glitter Jelly Crown	852470	Summerfruit Saturday Sundae (muddle)	923989
Pomegranate & Elderflower Jelly	771207	Sunken Salted Caramel Cheesecake	986021
Posh Profiterols With White Chocolate & Raspberry Eclairs	951913	Swiss Chocolate Mousse Cake	668675
Praline Ganache Tart	892421	Syrup Sponge Dessert	770170
Profiterole Dessert	98762	Tahitian Vanilla Cheesecake	998710
Profiterole Stack	524278	Tahitian Vanilla Cheesecakes	998758
Profiterole Stack	498692	Tarte Au Citron	979429
Profiterole Stack For Dine In - 8 Profiteroles	914055	The Ultimate Chocolate & Salted Caramel Eclair	865104
Prunes & Custard Twin	944496	Thick & Creamy Custard 750g - Dessert Menu For Xmas	371513

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Product	Product Code	Product	Product Code
Timperley Rhubarb & Strawberry Crumble Cheesecake	29674	Agua Fresca Watermelon & Lime	95518
Timperley Rhubarb Crumble Cake	892377	Almonds	943222
Tiramisu	846493	Ancho Butternut Squash Wrap	982924
Toffee Meringues	318365	Apple & Mint Iced Tea	30069
Toffee Mousse	775878	Apple And Cinnamon Super Seeds	82624
Triple Berry Tart With Lemon & Vanilla	924054	Apple And Sultana Chunky Bar	82594
Triple Chocolate Cookie Pudding	189781	Apple Crisps	82204
Triple Chocolate Eclair Polka Dot X 2	924108	Apple, Coconut Water, Cucumber & Spinach	30014
Triple Chocolate Sundae	126397	Baked Falafels With Reduced Fat Houmous Dipper	979894
Ultimate Chocolate Caramel & Banana	892438	Banana & Bio Yogurt Smoothie	334501
Ultimate Chocolate Caramel & Banana - For Dine In	911757	Banana Cake	983303
V Custard 500g - Ew	162005	Beefburger Crisps	927741
Very Berry Cheesecake	770200	Belgian Milk Chocolate Coated Rice Cakes	99134
Very Berry Cheesecake Slices	870276	Berries And Coconut Super Seeds	82730
Walnut Whip	770217	Berry Bircher Smoothie	975964
West Country Yogurt With Elsanta Strawberries And Cream	519007	Berry Medley	664103
West Country Yogurt With Honey & Ginger	518963	Bircher Muesli	13086
West Country Yogurt With William Pear And Blackberry	852272	Bircher Style Summer Berry Muesli	62855
Yuletide Log	407298	Blood Orange Sparkling Water	906388
Fish F62C		Bombay Spice Super Seeds	82761
2 Cheddar Cheese & Onion Crispabakes	126304	Brie, Rocket & Tomato Brioche Roll	671286
2 Vegetable Crispabakes	126298	British Strawberry Milkshake	866484
Melt In The Middle Garlic Mushroom Crispbake	648189	Caramel And Hazelnut Topped Brownie - Fotm	831734
Tomato And Mozzarella Crispabakes	794251	Cashew Nut Fruit And Nut Bar	82211
Food onthe Move F07C		Cashew Nuts	462907
(count On Us) Salt And Vinegar Baked Potato	498241	Cheddar Cheese Ploughmans	538343
100% Freshly Squeezed Orange Juice (with Bits)	117418	Cheerful Cherries	431668
100% Freshly Squeezed Orange Juice Smooth	78948	Chees & Tomato Roll Dual Tray Size	677714
2 Lemon & Sultana Danish	901338	Cheese & Celery Pasta	648592
2 Mini Yum Yums	785013	Cheese And Chive Potato Snacks	82716
Active Health Juice Booster Apple, Cucumber & Mint	78870	Cheese Ploughmans - Maylands Trial - Lower Upt	672702
Agua Fresca Orange, Lemon & Mint	390354	Cherry And Berry Cashews	82754
		Cherry And Cocoa Chunky Bar	82785
		Chili, Lime And Coconut Super Seeds	82686
		Chilli, Coriander And Coconut Nut Mix	82693
		Chocolate & Orange Layered Cake - Fotm	831741
		Chocolate Cheesecake	710220

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Product	Product Code	Product	Product Code
Chocolate Danish Twist	979917	Falafal, butternut Squash, Houmous & Roasted Veg	925570
Classic Fruit Salad & Melon & Grape Munchies	925150	Falafel & Feta Herby Bulgar Wheat Salad	889735
Cocoa And Coconut Fruit And Nut Bar	82150	Festive Cranberry & Orange Sparkle Jelly	946803
Cocoa And Orange Fruit And Nut Bar	82198	Festive Fruit & Nuts	850223
Cool Flavour Tortillas	82709	Festive Mini Macaroons	62022
Cornish Cruncher & Fresh Braeburn Apple Ploughmans	850117	Fish N' Chip Crisps	927659
Cou Choc Brownie Layered Dessert	955706	Food To Go Mango Chunks With Natural Yoghurt	470711
Cou Egg, Tomato & Spinach	22569	Fotm - Carrot Cake	823876
Cou Orzo Pasta Dual Tray Size	688222	Fotm - Gluten Free Pecan Crunch	932905
Cou Orzo Pasta With Slow Roasted Tomatoes Ftg Large Salad	534765	Fotm - Leek & Potato Soup	823357
Cou Roasted Butternut Squash, Red Pepper Houmas Wrap	783231	Fotm - Victoria Sandwich Cake	828185
Cou Sweet Chilli Veg Sushi Wrap	699792	Fotm 2 Mini White Sub-rolls	780292
Cracked Black Pepper & Salt Popped Potato Chips	99165	Fotm Apple And Raspberry 500g	664110
Cranberry And Blueberry Chunky Bar	82822	Fotm Apricot And Almond Flapjack	782722
Cranberry And Strawberry Chunky Bar	82860	Fotm Bbq Wholegrain Snacks	909495
D&n Oriental Mix	968553	Fotm Big Crinkle Flame Grilled Steak	805612
D&n Soy Seed & Nut Mix	968539	Fotm Big Crinkle Salt And Vinegar	805605
D&n Superberry Mix	968546	Fotm Butternut Squash Soup Hte	823302
Darjeeling Tea With Raspberry Juice Infusion	30076	Fotm Cajun Spiced Plantain Chips	86936
Detox Fresh Juice - Apple, Grape, Mint, Dandelion & Nettle - Fotm	851732	Fotm Cheddar Cheese Popcorn - Under 150 Calories	782760
Diet Cloudy Lemonade 500ml	741590	Fotm Chocolate Honeycomb Crispie Cake - Under 150 Calories	782746
Diet Cola	172899	Fotm Christmas Bag 2013	586498
Diet Florida Orange	393072	Fotm Cou - Tropical Fruit Dipper	925174
Diet Ginger Beer 500ml	900027	Fotm Cranberry And Cream Snowman Jelly	897105
Diet Lemonade 500ml	220347	Fotm Extremely Fruity Layered Mango Passion Vanilla Yoghurt	823272
Diet Pink Cranberry Lemonade 500ml	866576	Fotm Extremely Fruity Peach And Apricot Yoghurt	823289
E/w Thousand Island Dipper With Carrot Batons Ftg	364867	Fotm Extremely Fruity Strawberry Yoghurt	823296
Eatwell Lightly Salted Coated Rice Cakes	99158	Fotm Feta And Roasted Veg Open Wrap	790604
Egg & Tomato Sw	652384	Fotm Fresh Strawberry Tart	866507
Egg Tomato & Salad Cream Sandwich On Soft Malted Bread	869256	Fotm Gingerbread Man	18586
Elderflower Presse	32292	Fotm Gluten Free Chocolate Muffin	785785
Eu Ew Still 500ml	949927	Fotm Grape Pot	989893
Eu Sparkling 500ml	949453	Fotm Guilt Free Jaffa Cakes	853620

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Product	Product Code	Product	Product Code
Fotm Guilt Free Sour Cream And Chilli Lentil Curls	864299	Freshly Squeezed Pomegranate Juice	488532
Fotm Hand Cooked Coronation Chicken Crisps	869300	Freshly Squeezed Still Lemonade	117449
Fotm Hand Cooked Prawn Cocktail Crisps	869317	Freshly Squeezed Still Lemonade	464864
Fotm Hot Wrap - Cheese & Tomato	823319	Fruit Mix	878197
Fotm Lancashire Cheese With Autumn Fruit Chutney Sandwich	818520	Fruit Salad	826402
Fotm Lemon Curd Cheesecake Shot	866811	Ftg / Snack Salad - Wheatberry & Butternut Squash & Feta	583022
Fotm Mince Meat And Cranberry Cheesecake	692199	Ftg 500ml Vanilla Bean	377843
Fotm Mini Raspberry Bakewell Tart	866538	Ftg 500ml Vanilla Bean & Maple Dual Tray Size	677561
Fotm Monterey Jack Refried Bean Chips	869409	Ftg Apple & Mango Juice	667579
Fotm Mozzarella And Tomato Wrap	789288	Ftg Balsam Tissues	694131
Fotm Nacho Cheese Tortillas	890229	Ftg Banana & Blueberry Smoothie	666565
Fotm Passionfruit Cheesecake	865029	Ftg Banoffee Cake	730501
Fotm Pc Chocolate And Pecan Popcorn	854603	Ftg Chap Stick	686853
Fotm Pc White Chocolate And Strawberry Popcorn	854016	Ftg Chocolate Tart	741583
Fotm Rhubarb And Bramley Apple Crumble With Custard	866545	Ftg Cou Flat Bread - Chargrilled Vegetables & Pomegranate Dressing	607063
Fotm S&v Chipleets	892865	Ftg Cou Sea Salt Crisps	280433
Fotm Salt And Vinegar Rice And Corn Cakes	782937	Ftg Ew Cox's Apple	451642
Fotm Sizzling Fruit Salad	908160	Ftg Fc Tropical Juice	664844
Fotm Strawberry And Mini Meringue Eton Mess	866552	Ftg Festive Fruit And Nut Collection	515139
Fotm Sultana Danish	782692	Ftg Great British Naughty Little Tarts	723091
Fotm Super Fruit, Nut And Seed Flapjack	782807	Ftg Hand Cream	686846
Fotm Turkey Stuffing And Cranberry Crisps	894883	Ftg Hand Wipes	470742
Fotm Vanilla & Maple Smoothie 500ml	854474	Ftg Hc Light Salted Crisps	599320
Fotm Vegetarian Mini Roll Selection	818551	Ftg Hc Salt & Pepper Crisps	155656
Fotm White Stilton And Pear Sandwich	895606	Ftg Hc Salt & Vinegar Crisps	651851
Fresh Mango 180g	408219	Ftg Houmous & Carrot Dipper	619400
Fresh Porridge With Berry Compote	969963	Ftg Iced Spiced Bun	561112
Fresh Porridge With Honey	969970	Ftg Large Veg Samosa	545037
Freshly Squeezed Orange Juice & Crushed Mango	434355	Ftg Lightly Sea Salted Parsnip, Sweet Potato And Beetroot Mixed Vegetable Crisps	604024
Freshly Squeezed Orange Juice & Crushed Mango	434362	Ftg Low Fat Natural Probiotic Yoghurt With Raspberry & Redcurrent Compote	533560
		Ftg Mango	599238
		Ftg Mango Yoghurt Drink Smoothie	486620
		Ftg Melon & Grape 200g	790222
		Ftg Millionaire Shortbread	463447
		Ftg Mozzarella, Basil Pesto & Tomato Roll	422109

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Product	Product Code	Product	Product Code
Ftg Orange Melon	606530	Guilt Free Lightly Salted Popchips	99189
Ftg Peacan Nut Tart	741613	Halkidiki Olives With Mozzarella & Tomato Snack Pack	979900
Ftg Piel De Sapo Melon, Nectarine, Strawberry And Raspberry	619424	Ham Hock & Tewkesbury Mustard Hc Crisps - Xmas - Fotm	839884
Ftg Pineapple, Watermelon, Nect, Cantaloupe	716826	Handcrafterd 2 Mini Mince Pies	208925
Ftg Pomegranate	599245	Harissa Sweet Potato Handcooked Crisp	378635
Ftg Pomegranate And Raspberry Juice Drink	499491	Help Shelter Brie & Grape	310635
Ftg Pomegranate Juice	493239	Help Shelter Mini Luxury Mince Pies	946780
Ftg Pure Apple Juice From Concentrate	664820	Humous And Roast Vegetables Ftg	618748
Ftg Raspberry Sherry Trifle	587921	Iced Coffee Latte	974790
Ftg Rhubarb And Custard Dessert	743402	Individual Sicilian Lemon & Ricotta Cheesecake Slice Ftg	645218
Ftg Rose Le Froglet To Go	716994	Japanese Style Rice Crackers	975988
Ftg Sauvignon Blanc White Le Froglet To Go	863391	Lemon & Lime Sparkling Water	348157
Ftg Seasonal Mix With Plum, Rocha Pear, Apple And Blackberry	621304	Lemon And Rosemary Olives	82846
Ftg Summer Berry Medley	545112	Lightly Salted Air Popped Corn	82877
Ftg The Big Crunch Grilled Beef And Onion	716758	Lightly Salted Multiseed Tortillas	82853
Ftg The Big Crunch Salt And Cider Vinegar	716772	Lightly Salted Pitta Chips	83126
Ftg Tropical Fruit Sticks	619370	Little Treat Cake Bites	926126
Ftg Vanilla & Maple Smoothie	377812	Low Fat Greek Style Yogurt With Mango & Passionfruit Compote	975957
Ftg Watermelon	606516	Low Fat Greek Style Yogurt With Summer Berry Compote	968638
Ftg_belgian Chocolate Brownie Sandwich	710046	Ltg Vegetarian Finger Sandwich Platter	972840
Ftg_extremely Chocolatety Micro Bites	710022	Lty Vegetarian Platter	933360
Ftg_honey Comb Tiffen	710060	Made Without .. Cheese Ploughmans Sw	851206
Ftg_luxurious Key Lime Delight Dessert Shot	710152	Made Without.. Egg & Watercress Sw	981651
Ftg_millionaires Favourite Dessert Shot	710169	Mango Fruit Bar	82235
Ftg_white And Dark Decadence Dessert Shot	711500	Mango, Pineapple & Passion Fruit Smoothie	666411
Garden Salad Sandwich	927796	Mango, Pineapple & Passion Fruit Smoothie	778015
Gingerbread Man	850100	Maple Bacon Flavoured Popcorn	946728
Greek Salad (produce)	682794	Melon & Grape	790222
Greek Salad In An Olive Flatbread	709538	Mini Fruit Cake Trio	11914
Green Chilli, Lime And Coriander Pea Snaps	842877	Mixed Berry Fruit And Nut Bar	82297
Gtg Feta And Red Pepper Salad Sw - In Bag	633550	Morroccan Spiced Butternut Cous Cous Salad	889759
Gtg Salads - Super Garden Salad With Avocado & Feta	623643	Naughty Little Strawberry Tarts	671088
		Nectarine & Raspberry	808095

Products which are suitable for Vegetarians

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Product	Product Code	Product	Product Code
Never From Concentrate Aloe Vera, Grape & Apple	78887	Roasted Fefafel & Houmous Wrap Fotm Dual Upt	692953
Never From Concentrate Coconut Water 250ml	978576	Roasted Harissa Spiced Vegetables & Feta	925594
Nut Assortment	503051	Roasted Red Pepper Cous Cous Chips	378741
Olives - Chilli	828994	Roasted Spinach & Pine Nut Falafel	683470
Omega 3 Egg & Spinach Super Seedy Roll - Fotm	856966	Roasted Vegetable & Feta Tart Fotm	870764
Orange Fruit Jewelled Jelly - Fotm	831758	Salted Popcorn	782869
Paprika Handcooked Crisps	378703	Sea Salt & Rosemary Focaccia Chips With Extra Virgin Olive Oil	378758
Pasta With Feta Cheese And Slow Roast Tomatoes	671330	Simply Cheese & Marmite Sandwich	705790
Pea And Bean Super Seeds	83119	Simply Cheese & Onion On Oatmeal Bread Sandwich	671200
Peach & Raspberry Still Water	466301	Simply Cheese & Onion On Oatmeal Sandwich Franchise	556729
Pineapple, Mango, Kiwi & Blueberry Fruit Salad.	678858	Simply Free Range Egg & Watercress On Malted Bread Sandwich	485289
Pineapple, Melon & Grape	661966	Simply Free Range Egg & Watercress Sandwich On Malted Bread	187299
Pink Lady Apple Bag - Health - Fotm	786843	Simply Taw Valley Cheddar Cheese & Celery On Malted Bread Sandwich	672634
Piri Piri Pea Snaps	842884	Simply Taw Valley Cheddar Cheese & Celery Sandwich On Malted Bread	964180
Platter - Food To Order Lux Vegetarian S/wich	620604	Small Cheese & Tomato Roll	466851
Pressed & Crushed Apple, Pomegranate, Cherry & Acai Juice	976527	Small Egg & Watercress Roll	974851
Pressed & Crushed Pineapple, Golden Berry & Ginger Juice	30113	Smoked Salt And Mixed Pepper Pea Snaps	842860
Pressed & Crushed Pineapple, Watermelon & Aloe Vera Juice	976534	Soft Apricots	710084
Pressed Carrot Juice	92944	Sour Cream & Chive Baked Potato	545167
Pressed Greens	92951	Sour Cream And Black Pepper Air Popped Corn	82983
Pressed Pink Lady Apple Juice	472821	Sour Cream And Red Pepper Sweet Potato Snacks	82921
Pure Freshly Squeezed Orange Juice	944908	Spanish Peach Iced Tea	30045
Purely Coconut	978385	Sparkling Florida Orange 500ml	393041
Purely Mango	881302	Sparkling Irish Natural Mineral Water	159852
Purely Pineapple	997669	Spiced Seed And Nut Mix	83010
Rainbow Veg Sandwich	78726	Spicy Red Pepper Houmous & Crudite Dipper	619417
Raspberry & Pomegranate Juice Drink	976862	Still Irish Natural Mineral Water (1l)	925105
Raspberry Cheesecake Slice	975971	Still Irish Natural Mineral Water (500ml)	654708
Raspberry Sundae	936644		
Red Fresh Fruits Shaker	985383		
Red Pepper Pitta Chips	82938		
Refreshing Raspberry & Cranberry Juice Drink	831826		
Roasted & Salted Cashews And Peanuts	974776		

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Product	Product Code	Product	Product Code
Strawberry & Banana Smoothie	23085	Vine Ripened Tomato & Mozzarella Sw	981644
Strawberry & vanilla Dairy Smoothie	433242	Wasabi Popcorn	978613
Strawberry & vanilla Dairy Smoothie	474269	Wensleydale & Carrot Chutney Maylands Dual Tray Size	672771
Strawberry Fruit Bar	82242	Xmas Cake Slice - Fotm	850322
Strawberry, Grape And Apple ?2	676533	Yoghurt Coated Rice Cakes	99202
Strozzapreti Pasta With Feta Cheese And Slow Roasted Tomatoes	577663	Yogurt & Chocolate Coated Raisin Mix	974769
Summer Berry	808088		
Summer Mexican Lime With A Hint Of Chilli Handcooked Potato Crisps	671057	Frozen F02F	
Super Berry Smoothie	537797	(rm) Sweet Potato Fries	40099
Super Berry Smoothie	544894	10 Mini Fruit Ice Lollies	32148
Super Rainbow Wrap	78658	12 Mini Belgian Chocolate Cups	948081
Super Wholefood Salad With A Creamy Lemon & Mint Dressing	850957	12 Mini Brulee Cheesecakes (frozen)	828130
Super Wholefood With Blueberries & Mango	671378	12 Mini Chocolate Cups - 6 Praline & Choc And 6 Blood Orange (frozen)	828116
Superwholefood Shaker Salad	716963	12 Mini Chocolate Cups - 6 Raspberry And Lemon & 6 Salted Caramel (frozen)	828123
Sweet & Salted Popcorn	854030	12 Mini Millionaire Cheesecakes	824514
Sweet Citrus Medley	76685	12 Mini St Clements Cheesecake	893114
Sweet Potato Parsnip & Beetroot Hand Cooked Vegetable Crisps	120623	12 Vegetable Spring Rolls	772150
Swiss Style Summer Berry Breakfast Muesli	782852	12 Yorkshire Puddings	340649
Taw Valley Cheddar & Pickle Doorstep	652407	2 Raspberry Baked Alaskas	778145
Thai Red Curry Air Popped Corn	82969	3 Belgian Chocolate & Honeycomb Ice Creams (3x100ml)	859738
Totally Tropical	854023	3 Belgian Chocolate & Peanut Butter Crunch Ice Creams (3x100ml)	859783
Tropical Fresh Fruit Shaker	985390	3 Belgian Milk Chocolate And Almond Ice Creams	866224
Tropical Medley Fotm	808675	3 Belgian White Chocolate Ice Creams	965958
Tropical Smoothie	23078	3 Milk Chocolate Ice Cream Stick	866231
Vanilla Bean & Maple Syrup Smoothie	854467	3 Percy Pig Lollies (3x90ml)	796583
Veg Duo	683593	4 Raspberry & Mascarpone Meringue Roulades	869164
Vegetable Sushi	623711	4 Toffee & Pecan Meringue Roulades	869171
Vegetarian Sandwich & Wrap Platter - Ftg Stores	667982	4 Toffee Fudge Cones (4x100ml)	861373
Vegetarian Sandwich & Wrap Selection Platter - Lunch To Go	888035	6 Belgain Milk Chocolate & Almond Choc Ices	965996
Vegetarian Sandwich And Wrap Selection	179720	6 Marbled Yogurt & Fruit Lollies	34111
Vegetarian Sandwich Finger Platter	968652	6 Pineapple, Coconut & Lime Lollies	965941
Veggie Club	683609	6 Strawberry Split Lollies (6x150g)	712125
Veggie Feast	850391		

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Product	Product Code	Product	Product Code
6 Valencia Orange Ice Lollies	419246	Chocolate Honeycomb Ice Cream Stick	913881
8 Chocolate Chip Cookies	96454	Chocolate Meringue Roulade	696319
8 Double Chocolate Chunk Cookies	96423	Chocolate Pudding (frozen)	889018
8 Belgian Dark Choc Ices (8x80ml)	798013	Chopped Basil	851862
8 Belgian Milk Choc Ices (8x80ml)	546072	Chopped Coriander	851879
8 Croissants	41089	Chopped Oregano	851916
8 Mini Frozen Yogurt Sticks	976282	Chopped Parsley	851817
8 Pains Au Chocolat	41102	Cloudy Lemonade Lollies	712118
All Butter Puff Pastry	849746	Coconut And Dark Chocolate Semifreddo	31868
All Butter Short Crust Pastry	849760	Colin The Caterpillar Ice Lollies	796576
Alphonso Mango Sorbet	355841	Colin The Caterpillar...10 Mini Thick Shake Lollies (10x35ml)	663809
Apple And Blackberry Sponge 500g (frozen)	606950	Cookie Dough Chaos Ice Cream 150ml Tub	913959
Apple Crumble Topped Pudding (frozen)	888998	Cookie Dough Chaos Ice Cream 500ml	913935
Banoffee Pie	640558	Cookies, Cake & Cream Ice Cream 500ml	859745
Bechemel Sauce	851800	Cornish Clotted Cream & Strawberry Ice Cream	966030
Beer Battered Onion Rings	841962	Cornish Clotted Cream Honeycomb Dairy Ice Cream 1000ml	859998
Belgian Milk Chocolate Ice Cream	527521	Cornish Clotted Cream Lemon Curd Dairy Ice Cream	21548
Black Forest Gateau	486538	Cornish Clotted Cream Mint Choc Chip Dairy Ice Cream 1000ml	666220
Blackberry & Apple Lattice Pie (frozen)	889001	Cornish Clotted Cream Raspberry Ripple Dairy Ice Cream 1000ml	666244
British Broad Beans	689779	Cornish Clotted Cream Rum & Raisin Dairy Ice Cream 1000ml	666251
British Raspberries	343015	Cornish Clotted Cream Vanilla Dairy Ice Cream	527552
British Summer Fruit Selection	454278	Cornish Clotted Cream Vanilla Dairy Ice Cream 1000ml	666275
British Sweet Parsnip Chunks	586115	Cou Vanilla Iced Dessert 2013	918343
Butternut Squash Chunks	687553	Count On Us Sticky Toffee	265423
Caramel Pecan Crunch Ice Cream 150ml Tub	917520	Crinkle Cut Chips	62886
Caramel Pecan Crunch Ice Cream 500ml	857413	Dessert Menu Amaretto Gelato	21555
Carrot, Onion & Celery Base Mix	849777	Dessert Menu Chocolate & Hazelnut Gelato	21562
Casserole Vegetable Mix	849906	Dessert Menu Lemon Meringue Cheesecake Bar	919203
Cheese & Aubergine Pasta Bake	991025	Dessert Menu Mascarpone & Amarena Cherry Gelato	21654
Chocolate & Caramel Truffle Decadent Ice Cream	21623	Dessert Menu Millionaire Cheesecake Bar	919227
Chocolate & Cherry Roulade	570985		
Chocolate & Hazelnut Ice Cream Cones X 4	919210		
Chocolate & Hazelnut Layered Pavlova Meringue	824545		
Chocolate Honeycomb Cone 4 Pack	913966		
Chocolate Honeycomb Ice Cream 500ml	913928		

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Product	Product Code	Product	Product Code
Dessert Menu Pistachio Gelato	21517	Peanut Butter Heaven Ice Cream 150ml Tub	913942
Diced Garlic	851794	Peanut Butter Heaven Ice Cream Stick	913911
Diced Ginger	851886	Peanut Butter Ice Cream	857444
Diced Red Chilli	851909	Petits Fours (ug)	695558
Eton Mess Dessert 350g (frozen)	621236	Petits Pois & Sweetcorn	740739
Extra Chunky Chips	585781	Petits Pois 1kg	62770
Filo Pastry	849784	Petits Pois 500g	930239
French Fries	585798	Pineapple, Coconut & Lime Juice Lolly	30915
Frozen Tarte Aux Abricots	775632	Potato Croquettes	383004
Frozen Tarte Aux Pommes	775618	Puff Pastry	587617
Ftg Cornish Clotted Cream Honeycomb Dairy Ice Cream 130ml	859677	Puff Pastry	255974
Garden Peas 500g	849807	Raspberry & Blueberry Cheesecake	639538
Kentish Bramley Apple Crumble 600g (frozen)	643634	Raspberry & Mascarpone Meringue Roulade	201780
Kentish Bramley Apple Pie 765g (frozen)	606967	Raspberry Ripple Soft Scoop Ice Cream 1l	857338
Key Lime Semi Freddo	824552	Rhubarb Crumble	606974
Large New York Cheesecake	940092	Rice & Vegetable Mix X 4 Portions	849821
Lemon & Raspberry Brulee Cheesecake (upgrade)	423724	Rice & Vegetables	314237
Lemon Cheesecake 535g (frozen)	570930	Salted Caramel And Single Origin Dark Chocolate Profiteroles	451574
Lemon Meringue Pie 450g (frozen)	133753	Sauteed Onion	849791
Lemon Meringue Roulade	133791	Scottish Raspberry & Blackcurrant Juice Lollies	21531
Lemon Sorbet	657730	Shortcrust Pastry	587624
Made Without Dairy Coconut Milk Ice Cream	21647	Shortcrust Pastry	255721
Mandarin Cheesecake 510g (frozen)	696326	Simply Blackcurrant Cheesecake	696838
Maris Piper Crispy Wedges	312172	Simply M&s Frozen Green Beans	889049
Maris Piper Onion Rosti	892308	Simply M&s Frozen Spinach	889056
Mediterranean Style Potatoes & Vegetables	689885	Simply M&s Fruit Lollies - 8 Pack	918381
Milk Choc Stick	30922	Simply Steak Cut Chips	841948
Milk, Dark & White Chocolate Cheesecake	776462	Simply Steak Cut Chips	95020
Millionaire's Shortbread Cheesecake	776455	Simply Straight Cut Chips	323796
Millionaire's Shortcake Indulgent Ice Cream 900ml	857420	Simply Straight Cut Chips	95037
Mini Ice Cream Sticks 8 Multi Pack	919180	Sliced Peppers	849753
Mixed Berry & natural Frozen Yogurt	966023	Sliced Runner Beans	133838
Morello Cherry Pie 765g (frozen)	775588	Steam Veg Medley (broccoli / Carrot / Sweetcorn)	849838
New York Style Cheesecake	570947	Steam Veg Medley (cauli/ Carrot/ Petit Pois)	849852
Orange Liqueur & Belgian Chocolate Baked Alaska	778039	Strawberry & Cream Ice Cream Cones	918398

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Product	Product Code	Product	Product Code
Strawberry & Vanilla Decadent Ice Cream	21616	8 Poppadums	132619
Strawberry Cheesecake	170352	8" Woodfired Aubergine, Mozzarella & Sicilian Tomato	888042
Strawberry Cheesecake Indulgent Ice Cream 900ml	857352	8" Woodfired Buffalo Mozzarella & Sicilian Cherry Tomato Pizza	888080
Super Bean Mix	151306	Asian Rice	667470
Sweet Potato Chips	841955	Asian Slaw	939843
Sweetcorn	208352	Asparagus Lasagne	304573
T/a Colin The Caterpillar Ice Lolly	802086	Aubergine Achari	815697
T/a Percy Pig Lolly	796545	Basil & Ricotta Mezzaluna	772662
Tarte Aux Framboises	518888	Basmati Rice	939836
Toffee & Pecan Decadent Ice Cream	21609	Basmati Rice	664011
Toffee & Pecan Meringue Roulade	121668	Basmati Rice Eu	903837
Toffee Pecan Brulee Cheesecake	696333	Black Bean Sauce	667463
Toffee Popcorn Crunch Ice Cream 500ml	857369	Black Dahl	939980
Tomato Ragu Sauce	851893	Black Dahl Eu	945578
Triple Chocolate Decadent Ice Cream 900ml	857383	Bombay Aloo	161213
Valencia Orange Lolly	527491	Bombay Aloo Eu	903899
Vanilla & Raspberry Baked Alaska	965927	Bruschetta With Black Olive Tapenade	788694
Vanilla Soft Scoop Ice Cream 1l	368247	Butternut Squash Filled Ravioli With Sage Butter	820110
Vegetable Medley	741644	Catalonia Patatas Bravas With Creamy Aioli	610551
Vegetable Stock	851947	Channa Masala	815628
Very Berry Layered Pavlova	824453	Chargrilled Mediterranean Vegetable Pasta Melt	774635
White Chocolate & Berry Meringue Roulade (frozen)	889094	Cheese & Mushroom Toastie	94832
Global Meal Solutions F03C		Cheese & Tomato	482189
(red Onion & Fontal) Pantofola	635486	Cheese & Tomato	642934
12" Woodfired Buffalo Mozzarella & Sicilian Cherry Tomato Pizza	219440	Cherry Bell Pepper & Piquillo Pepper, Garlic & Crushed Tomato Spanish Flatbread	856355
12" Woodfired Chargrilled Vegetable & Basil Pesto Pizza	635646	Child File - Wok Toasted Sweetcorn Spring Roll	851213
16 Garlic Doughballs	259941	Chunky Onion Rings	668132
2 Garlic & Coriander Naans	817851	Cool & Creamy Dip Selection	993296
2 Large Garlic And Coriander Naans	485418	Coriander And Mint Raita	830515
2 Large Tandoori Naans	485388	Crispy Fried Cheese Ravioli	788649
2 Peshwari Naans	485432	Crispy Mushrooms	269612
4 Garlic& Parsley Ciabatta Sticks	29100	Crispy Vegetable Ball	685191
4 Onion Bhajis	269360	Crispy Vegetable Chaat Selection	949804
4 Stonebaked Garlic Breads	195157	Dahl Makhaani	817882
4 Vegetable Samosas	672610	Egg Fried Rice	107884
6 Vegetable Spring Rolls	90056	Egg Fried Rice Dual Tray Sizes	679695
6 Vegetable Steamed Dim Sum (te)	709835		

Products which are suitable for Vegetarians

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Product	Product Code	Product	Product Code
Egg Noodles	846950	Mini Onion Bhajis And Vegetable Pakoras	534468
Eu Channa Masala	816816	Mixed Pepper Twist	939560
Eu Peas And Paneer	816823	Mixed Pepper Vegetable Pack	667371
Flat Rice Noodles	667449	Mixed Vegetable Masala	647458
Four Cheese Ravioli	154222	Mozzarella & Cherry Tomato Pasta With Focaccia Crostoni	956925
Frites	253949	Mushroom Onigiri	194020
Fto Macaroni Cheese 1.5kg	860826	Mushroom Pappardelle	937726
Gap -mushroom Bhaji	859592	Mushroom Pilau Rice	815642
Gap Pasta Primavera	863216	Nachos	336765
Garlic & Parsley Tear & Share Doughballs	939539	Peshwari Naan Dough	962315
Garlic Mushrooms	622196	Pilau Rice Dine In	46657
Green Garlic Butter Artisan Baguette	788090	Pilau Rice Dual Tray Sizes	679718
Green Pesto	448710	Pizza Dough	962322
Green Vegetable Stir Fry Pack	667425	Potato Gnocchi	856713
Gunpowder Potatoes	939881	Promo 4 Pack Vegetable Spring Rolls	779975
Hot & Smoky Dip Selection	993371	Rice Pancake Vegetable Spring Roll	685245
Ifg Crispy Vegetable Ball	708500	Roast Mushroom & Cauliflower Biryani	817868
Ifg G Woodfired Margherita Pizza	652698	Roasted Butternut Squash, Balsamic Onion & Fresh Spinach Pizza	939645
Ifg G Wood-fired Spinach & Ricotta Pizza	652728	Roasted Butternut Squash, Beetroot & Feta Firebread	971362
Ifg Mushroom Pappardelle	714259	Roasted Onion And Paneer Naan Dough	962308
Ifg Tarka Dahl F73c	988827	Roasted Vegetable Lasagne	91244
Indian Dip Selection	830546	Saag Aloo	647441
Indian Dip Selection	465342	Simply 2 Garlic Baguettes	422703
Indian Starter Selection	465311	Simply 6 Garlic Baguette Slices	428170
Italian Ricotta & Spinach Ravioli	428101	Simply Fresh Free Range Egg Penne	635301
Italian Style Fiorentina Pizza	642859	Simply Garlic Baguette	528207
Italian Style Margherita Pizzetta	516310	Simply Italian Fresh Free Range Egg Spaghetti	635738
Italian Style Mozzarella, Tomato & Pesto Pizza Cups	771788	Simply Italian Fresh Free Range Egg Tagliatelle	635332
Italian Style Pizza Bases (2 Pack)	771665	Simply Thin & Crispy Cheese & Tomato Pizza	771757
Italian Tomato & Mozzarella Girsoli	449458	Simply Tomato Sauce - Gap	867238
Italian Wild Porcini Mushroom Tortellini	478793	Snackpot- Spinach & Ricotta Ravioli	774727
Lasagne Sheets	684965	Spicy Sweetcorn Fritters	39390
Mac 'n' Cheese Bites	22729	Spinach & Ricotta Cannelloni	635257
Macaroni Cheese	626866	Stir Through Mushroom Sauce	787840
Macaroni Cheese 1.5kg	856584	Stir Through Tomato Sauce	787833
Mattar Paneer	817844		
Mediterranean Vegetable & Pesto Focaccia	29322		
Melting Mozzarella Sticks	22750		

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Product	Product Code	Product	Product Code
Sweet & Sour Sauce	667333	3 Lemon & Poppy Seed Cuppa Bakes	87100
Sweet Chilli Sauce	667326	3 Raspberry & Coconut Cuppa Bakes	87124
Sweet Potato Bhajis	685269	3 Salted Caramel & Chocolate Cuppa Bakes	87117
Tarka Dahl	369848	3 Seed Granola	912754
Tarka Dahl Eu	903844	3 Tier Cake Stand	843348
Thick Egg Noodles With Parsley	668118	4 Berry Muesli	937429
Tomato & Basil Sauce	448727	4 Mini Garlic & Coriander Naan	689809
Tomato & Basil Sauce (large)	643658	6 Cookie Bags	843294
Tomato & Chilli Sauce	635387	6 Piping Bags & 2 Nozzles	951678
Tomato & Roasted Vegetable Sauce	460170	75 Cupcake Cases	587716
Tomato And Mascarpone Sauce	460163	8 Instant Cappucino Sachets	322812
Trattoria Lasagne Verde With Roasted Vegetables	856720	8 Instant Latte Sachets	322805
Vegetable Gyoza	39420	8 Mini Loaf Cases	951661
Vermicelli Egg Noodles	667302	8 Soft Flour Tortillas (long Life)	722179
Groceries F19A		80 Decaffeinated Tea Bags	334150
10 Apple, Sultana & Cinnamon Porridge Sachets	933520	80 Extra Strong Tea Bags	740555
10 Golden Syrup Porridge Sachets	933506	80 Extra Strong Teabags	716109
10 Peruvian Coffee Capsules	285629	A Terribly Clever Creamy Watercress Starter Sauce For Fish	800488
10 Porridge Sachets	933490	Afternoon Blend 80s	285421
12 Cake Cups	843300	Agen Prunes	981774
12 Mince Pie Pastry Cases	61544	All Day Quarter Caf - Ground Coffee	994309
16 Mini Cake Cups	843270	All Spice	914642
160 Extra Strong Tea Bags	740531	Ambient Breakfast Fruit Pots	809252
160 Extra Strong Teabags	859226	Apple & Cinnamon Crunch	818896
160 Red Label Teabags	177054	Apple & Cinnamon Flakes	818919
160 Red Label Teabags 2010	730846	Apple & Raspberry Bircher Muesli	318778
18 Wafer Fan Biscuits	738675	Apple, Cinnamon & Sultana Porridge	318815
2 Cake Boxes	843317	Apricot, Ginger & Sage Chutney	199681
2 Garlic & Coriander Naan	51705	Assam 50 Tea Bags	730877
2 Large Naan	689816	Baked Doughnut Mix	87032
2 Peshwari Naan	823494	Baking Powder	568234
2 Pizza Bases	790956	Balsamic Glaze	568241
20 Lemon And Ginger	730662	Balsamic Vinegar	234993
20 Pure Camomile Tea	730686	Basmati & Wild Rice	207669
20 Pure Green Tea	730679	Basmati Rice	538848
20 Pure Peppermint	730655	Basmati Rice 1000g	207553
20 Reviving Teabags 2010	730730	Bay Leaves	568265
20 Strawberry And Raspberry	730693	Berries Cherries & Flakes	819077
20 Wafer Curls	800396		

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Product	Product Code	Product	Product Code
Berry & Orange Granola	818964	Canned New Potatoes	823906
Berry Burst Porridge	319218	Canned Peach Slices	809030
Bicarbonate Of Soda	914604	Canned Pear Quarters	809092
Black & White Chia Seeds	327343	Canned Pineapple Chunks	809009
Black Bean Sauce	331869	Canned Pineapple Rings	809115
Black Onion Seeds	613934	Canned Red Kidney Beans	809054
Black Peppercorn Grinder	919548	Canned Tropical Mixed Fruit	809344
Black Peppercorns	719582	Caper Berries	726511
Black Turtle Beans	208659	Cardamom Pods	613637
Blanched Hazelnuts	574068	Caraway Seeds	613712
Blueberries	613279	Carrot & Coriander Soup	816380
Blueberry & Cranberry Great Grains	320108	Cashew Nuts	613385
Borrettane Onions	20961	Ceylon 50 Teabags	730891
Bouquet Garni	568289	Chai Teabags 50	735292
Brazilian Sul De Minas Ground Coffee	286176	Cherry Tomatoes	937177
Breakfast Blend 80 Teabags	740609	Chestnut Chutney	224345
British Baby Beetroot	738811	Chilli Flakes	613736
British Caster Sugar	964197	Chipotle Chilli Flakes	970389
British Cold Pressed Rapeseed Oil	813105	Chopped Mixed Nuts	574013
British Duck Rillettes	199636	Chopped Shallots	568159
Bucatini	20978	Chunky Leek & Potato	698214
Bulgar, Lentils & Barley	789219	Chunky Vegetable & 3 Bean Soup	816243
Bulgur Wheat	65184	Chunky Vegetable Soup	816298
Buttermilk Scone Mix	87049	Cider Vinegar	793933
Caf? Connoisseur Roast And Ground Coffee	730990	Cinnamon Sticks	568302
Caf? Noir	741415	City Blend 40s	740524
Cafe 10 Coffee Capsules	995917	City Blend 40s	328791
Cafe Granules 200g	461801	Classic 10 Coffee Capsules	995801
Californian Walnut Halves	981767	Classic Mincement	480093
Calming Lavender, Limeflower & Camomile	328845	Classic Roast And Ground Coffee	730938
Calming Teabags	730723	Classic Tea	372800
Canned Apricot Halves	809375	Clementine & Cranberry Curd	224291
Canned Butter Beans	809184	Cloves	568319
Canned Cannellini Beans	867191	Coarse Ground Black Pepper	676748
Canned Chantenay Carrots	809351	Cocktail Cornichons	737142
Canned Chick Peas	809368	Cocoa Powder	568364
Canned Garden Peas	809085	Coconut & Cocoa Nib Porridge	319386
Canned Mandarins	808996	Coconut Cream	959063
Canned Mango Slices	809108	Coconut Milk	568517
Canned Mixed Vegetable Curry	809825	Coffee Filters	741460
		Colombian Antioquia	285940
		Columbian	994316

Products which are suitable for Vegetarians

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Product	Product Code	Product	Product Code
Columbian Ground Coffee	735315	Dried Mixed Fruit	701648
Columbian 10 Coffee Capsules	995832	Dried Mixed Herbs Jar	676724
Columbian Beans	735308	Dried Parsley Herb Jar	676717
Columbian Decaf Ground Coffee	730983	Dried Porcini Mushrooms	573856
Columbian Microground Instant Coffee	285957	Dried Sage - Jar	739917
Coriander Seeds	613675	Dried Thyme - Jar	739870
Corn Bread Mix	91671	Drinking Chocolate (powder)	731089
Cou Three Bean Chilli (smaller Can)	809788	Earl Grey Green Tea Bags	285339
Cous Cous	573849	Easy Ginger	568142
Cranberries	613262	Easycook Long Grain Rice 1kg	109482
Cranberry & Pumpkin Seed Granola Mix	87063	Eat Well Hand Cut Grapefruit Segments In Juice	525930
Cranberry & Raspberry Instant Porridge Pots - Multipack	787635	Elderberry And Blackcurrant Jelly	162517
Cranberry And Blood Orange	162692	Empress Grey 50 Tea Bags	735346
Cream Of Asparagus Soup	816342	English Breakfast 50 Tea Bags	730853
Cream Of Tomato Soup	816359	Espresso R&g Coffee	196932
Cream Of Vegetable	698184	Espresso Roast And Ground Coffee	731003
Creamed Rice Pudding	601313	Ethiopian Sidamo Coffee Beans	286152
Cumin Seeds	613682	Ethiopian Sidamo Ground Coffee	285964
Darjeeling Teabags	735421	Extra Strong 240	740548
Dark Muscavado Sugar	568531	Extra Strong Loose Tea	741965
Date & Cinnamon Bircher Muesli	318730	Extra Strong One Cup Teabags 2010	740562
Decaf 80	740586	Extra Virgin Olive Oil	549233
Deliciously Nutty Crunch	819046	Fairtrade Demerara Sugar	542265
Deliciously Versatile Hoisin & Plum	273688	Fairtrade Drinking Chocolate	598682
Deliciously Versatile Miso & Ponzu	274296	Fairtrade Golden Granulated Sugar	542272
Deliciously Versatile Spiced Soy And Garlic	273701	Fairy Cake Cases	587723
Deliciously Versatileteriyaki	273640	Farfalle	671606
Dessicated Coconut	613378	Fennel Seeds	613729
Detox Teabags	735339	Fenugreek	613743
Dipping Oil. Extra Virgin Olive Oil, Chilli & Garlic	549677	Fine Egg Noodles	532006
Dried Ancho Chillies	573870	Fiorelli	671613
Dried Basil -jar	739863	Flaked Californian Almonds	574020
Dried Cayenne Pepper - Jar	739924	Fruit & Fibre Muesli	819039
Dried Chinese 5 Spices - Jar	739955	Fruit & Nut Muesli	819282
Dried Chives - Jar	739931	Fruit Tea Selection Pack 2010	735384
Dried Coriander Leaf - Jar	739894	Fruity Couscous	863803
Dried Cumin - Jar	739948	Fusilli	671620
Dried Ground Coriander - Jar	739900	Giant Wholewheat Couscous	65139
Dried Italian Herb Seasoning- Jar	739856	Ginger Crumble Mix	994248
		Glace Cherries	568470
		Gluten Free Flour	620833

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Product	Product Code	Product	Product Code
Gold	741361	Instant Coffee	741392
Gold	741323	Instant Latte	526227
Gold Decaf	741378	Instant Latte Sachets	731096
Gold Decaf Premium Instant Coffee	741385	Instant Mocha	526203
Gold Loose Tea	730860	Italian	741507
Golden Caster Sugar	568500	Italian	741491
Golden Flaxseed	327374	Italian 10 Coffee Capsules	995757
Golden Syrup	570831	Italian Amaretti	587785
Golden Syrup Instant Porridge Pots - Multipack	787642	Italian Beans	731010
Golden Syrup Porridge	322850	Italian Extra Virgin Olive Oil	336628
Greek Extra Virgin Olive Oil	336611	Italian Grain Pot	208697
Green & Jasmine	730716	Italian Kvi Spaghetti	671644
Green & Lemon	735391	Italian Mixed Peel	87230
Green Lentils	573733	Italian Risotto Rice	618434
Green Tea Everyday Blend 80 Teabags 2010	740579	Italian Roast And Ground Coffee	730914
Green Thai Curry Sauce	331739	Japanese Sencha Infusion	285124
Ground Almonds	919944	Jasmine Pearls & Green Tea	285131
Ground Black Pepper	919487	Juniper Berries	613750
Ground Cinnamon	619325	Kaffir Lime Leaves	613651
Ground Cloves	919449	Kenyan 50 Teabags	730884
Ground Coffee	30106	Kenyan Ground Coffee	730945
Ground Ginger	619189	Large Gherkins	738071
Ground Nutmeg	676731	Lasagne Sheets	692137
Ground White Pepper	914628	Lazy Weekend 10 Coffee Capsules	995818
Harissa, Red Pepper And Rasel Hanout, Bulgar Wheat, Cracked Frekah And Chickpea Grain Mix	208710	Lazy Weekend Roast And Ground Coffee	735407
Hedgerow (gamekeepers) Xmas Line	739184	Leek & Potato Soup	816212
Herbes De Provence	914635	Lemon Meringue Cube Mix	87247
High Fibre Fusilloni	89241	Light Muscavado Sugar	580564
Honduras Ground Coffee	285612	Lime Juice From Concentrate	870245
Hot Chilli Powder	919494	Linguine	671651
Hot Chocolate Flakes	188630	Long Grain & Wild Micro Rice	849425
Hot English	738064	Long Grain Micro Rice	380188
Hot Smokey Barbecue Marinade & Sauce	863698	Loose Assam Golden Tippy Tea	285636
House Blend Mexican Spices	970365	Loose Earl Grey Tea	735438
House Decaf 10 Coffee Capsules	995863	Loose English Breakfast	735445
Icing Sugar	568555	Loose Kenyan Golden Pekoe Tea	285674
Instant Cappucino Sachets	731102	Loose Leaf Earl Grey Tea	188098
Instant Coffee	741408	Loose Leaf Luxury Gold Tea	188104
		Loose Leaf Rwandan Tea With Safflower Petals	188067
		Loose Rwandan Tea With Safflowers	285438

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Product	Product Code	Product	Product Code
Luxury 8 Fruit, Nut & Seed	819565	Mexican Grain Pot	208734
Luxury Gold 160 Tea Bags	730808	Mexican Potato Wedge Seasoning	48637
Luxury Gold 80 Tea Bags	730792	Microwavable Basmati Rice	380171
Luxury Gold Teabag 240s	288033	Microwave Wholegrain Rice	849456
Luxury Mincemeat	480086	Mild Chilli Powder	616195
M&s Cafe - Ground Coffee For Cafetiere & Filter	994644	Milled Golden Flaxseed	327350
M&s Cafe Coffee Beans	994668	Milled Hemp & Cocoa	327336
M&s Cafe Hazelnut Syrup	994736	Milled Nuts & Flaxseed	327305
M&s Cafe Tin	981477	Milled Seeds & Berries	327312
Macadamia Halves	981811	Minestrone Soup	816403
Madagascan Vanilla Extract	568562	Mint	919425
Made Without Rice Porridge	18999	Mint Jelly	162500
Made Without Wheat 3 Fruit, Nut & Seed Granola	77828	Mixed Beans In Water	954730
Made Without Wheat 7 Fruit, Nut & Seed Muesli	78085	Mixed Peppercorn Grinder	914666
Made Without Wheat Baking Powder	77996	Mixed Spice	613804
Made Without Wheat Gluten Free Penne	811064	Morello Cherries In Kirsch	897136
Made Without Wheat Lasagne	989312	Morello Cherry Conserve	993685
Made Without Wheat Porridge	80095	Morroccan Mint Infusion	994675
Made Without Wheat Self Raising Flour	78023	Muffin Cases	587686
Made Without Wheat Spaghetti	811071	Mustard Seeds	613699
Made Without Wheat Victoria Sponge Mix	78016	New York Roast And Ground Coffee	730952
Made Without Wheat White Bread Mix	78030	No Knead Italian Dough	87193
Made Without Wheat Xanthan Gum	78009	No Knead Sourdough	87148
Make It Your Own Multigrain Muesli	847049	Non Pareille Capers	870085
Make It Your Own Multigrain Porridge	846776	Non Pareille Capers In Salt	870115
Make It Your Own Multiseed Granola	849364	Nutmeg	568487
Mango & Coconut Granola	280792	Oat & Barley Porridge 360g	319379
Maple & Pecan Great Grains	318792	Oat & Barley Porridge 60g	319515
Maple & Pecan Flakes	850315	Oatbran Gapfill	886703
Maple Syrup Flavour Porridge	319225	Oaty Crumble Mix	738149
Medium Curry Powder	919432	Olive Oil - Wise Buy 2011	549226
Medium Egg Noodles	616263	One Cup Classic Filters	730969
Medium Roast Instant Decaffeinated Coffee	741354	One Cup Columbian Filters	741477
Messicani	671668	One Cup Decaf Filters	731027
		One Cup Italian Filters	730976
		Orange, Fig & Hazelnut Mincemeat	50135
		Oregano	619073
		Organic Italian Evoo 2011	805834
		Organic Italian Extra Virgin Olive Oil	313742
		Organic Pasta Flour	919623
		Organic Rye Flour	919616

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Product	Product Code	Product	Product Code
Organic Virgin Coconut Oil	959070	Rigatoni	671682
Organic Wholegrain Spelt Flour	919609	Roasted Garam Masala	919470
Orzo Pasta	20985	Roasted Mixed Peppers	727235
Pad Thai Rice Noodles	359955	Roasted Moroccan Spice Blend	919517
Peanut Satay Sauce	274326	Roasted Vegetable, Olive & Lemon	208727
Pecan Halves	981804	Bulgar Wheat And Lentile Grain Mix	
Penne	816687	Rosemary	619080
Authentic Italian Pasta		Rough Cut Sugar Cubes	742016
Penne Pasta	124089	Rwandan Ground Coffee	285551
Peruvian Ground Coffee	994293	Saffron	568609
Petit Pois	310352	Salted Caramel Sauce	742030
Pickled Onions	568937	Sandwich Pickle- Pickled Onions	738279
Pilau Rice	364102	Sea Salt	719599
Pine Nut Kernals	574044	Sea Salt Grinder	914659
Pitted Black Olives	730457	Sea Saly Anglesey	389334
Pitted Dates	981781	Seeded Crumble Mix	994217
Pitted Prunes In Apple Juice	867214	Selection Of Fruit & Herbal Infusions	189064
Plum Tomatoes	821926	Sesame Seeds	574099
Poppy Seeds	87025	Seville Olives	730426
Porridge Oats	819367	Shelled Pistachios	981798
Power Berry Teabags	285117	Sicilian Lemon Juice	87223
Provender Balsamic Vinegar	481359	Silky Teabags Darjeeling 2010	735483
Pudding Rice	568692	Silky Teabags Gunpowder Green & Mint 2010	735490
Pumpkin Seeds	574075	Silky Teabags Lapsang Souchong 2010	735506
Purple Tea & Blueberry	285667	Simply 4 Pack Canned Chopped Tomatoes	900379
Puy Lentils	789196	Simply Bran Flakes	878098
Puy Lentils With Sun Dried Tomatoes & Basil	789202	Simply British Granulated Sugar	963602
Quinoa	65160	Simply Fruit And Fibre Cereal	882255
Rapeseed Oil	615341	Simply Fruit Muesli	882286
Ready To Roll Marzipan	574143	Simply Grapefruit Segments	809078
Ready To Roll Soft Icing	574136	Simply Macaroni Kvi (gap)	878609
Red & White Quinoa	789226	Simply Malt Vinegar	620796
Red Cabbage - Large Jar	772372	Simply Peach Halves	907705
Red Jalapenos	63203	Simply Plain Flour	250252
Red Label 80	730822	Simply Self Raising Flour	250269
Red Lentils	573740	Simply Sliced Carrots	77835
Red Thai Curry Sauce	331876	Simply Strong Wholemeal Flour	620888
Redbush 40 Teabags	735469	Single Origin Ceylon Teabags	188647
Reduced Fat Coconut Milk	622288	Single Origin Columbian Coffee Beans.	188487
Refresh Teabags	285322		
Rice Vermicelli Noodles	568456		
Rich Chocolate Truffle Sauce	742184		

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Product	Product Code	Product	Product Code
Single Origin Ethiopian Coffee.	188333	Sweet Chilli, Ginger & Garlic Sauce	331906
Single Origin Green Jasmine Teabags	188074	Sweet Paprika	919456
Single Origin Guest Coffees	994651	Sweetcorn	147538
Single Origin Kenyan Teabags	188050	Sweetcorn Tetrapack	809047
Single Origin Tea Selection	189293	Tabbouleh/ Moroccan Grain Pot	208703
Sliced Bamboo Shoots	846530	Tagliatelle	671590
Sliced Gherkins	971300	Taka Dhal Soup	851985
Sliced Green Jalapenos	722155	Tarragon	619141
Sliced Mangoes	541787	Thai Jasmine Rice	613873
Smoked Chilli And Garlic Grinder	605182	Thompson Raisins	701617
Smoked Paprika	568616	Toasted Sesame Oil	336710
Smoked/ Toasted Quinoa	208666	Tomato Puree	821919
Smooth Italian Hazelnut Chocolate Spread	220132	Triple Chocolate Crunch	819558
Soba Noodles	913775	Triple Mint Infusion	285605
Soft Tacos	48514	Turkish Sultanas	701624
Soy Sauce	455916	Turkish Sultanas	573986
Spaghetti	816717	Turmeric	619172
Authentic Italian Pasta		Tuscan Evoo 2011	951203
Spaghetti 1kg	878081	Tuscan Evoo 2011 (olitalia)	806404
Spanish Extra Virgin Olive Oil	729635	Twice The Fibre Porridge	280839
Spanish Paella Rice	798235	Udon Noodles	913768
Sparkling Peach & Prosecco Conserve	189248	Vanilla Pods	568647
Speciality Balsamic Vinegar	569026	Vostizza Currants	645737
Speciality Sicilian Dop Extra Virgin Olive Oil	642699	Walnut Oil	574129
Spelt Rigatini	89210	Walnut Pieces	574112
Spiced Marmalade	224161	Water Chestnuts	846516
Spiced Couscous	863797	Wheat Biscuits	819411
Spiced Tea	50104	White Bread Mix	573948
Spicy Chipotle, Coriander& Lime, Quinoa, Black Bean And Wheatberry Grain Mix	208895	White Breadcrumbs	573764
Sriracha Sauce	274319	Whole Apricots	575898
Star Anise	613705	Whole Blanched Calafornian Almonds	613392
Strawberry & Almond Crunch	819527	Whole Scottish Porridge Oats	280815
Strong White Bread Flour	568722	Wholegrain Micro Rice	486682
Sumac	970372	Wholegrain Rice	538831
Sunflower Seeds	574082	Wholegrain Rice, Red Rice & Quinoa	65146
Super Grain Mix	208918	Wholewheat Cavatappi	89180
Super Green Tea Bags	285261	Wholewheat Penne	671729
Super-fibre Porridge	913737	Wholewheat Spaghetti	671736
Sweet & Sour Sauce	331852	Wild Flower Honey	819671
		Yorkshire Pudding & Pancake Mix	900348

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Product	Product Code	Product	Product Code
Healthy Meal Solutions F64C		2 Cheese & Onion Pasties	999427
Banana Porridge	961585	Cheese & Onion Shortcrust Pastry Pie	36085
Butternut Squash And Goat Cheese Ravioli	811774	Poultry F01C	
Chargrilled Vegetable Pasta Bake	73462	Vegetarian Sage & Onion Stuffing	742894
Cheesy Pizza	226646	Prepared Veg F67C	
Cou Carrot & Swede Mash	216272	Cfto 2 Butternut And Sweet Potato Rosti	250948
Cou Cauliflower Cheese	119252	Three Squash Bake	251310
Cou Chive Mash	783040	Salads F16C	
Cou Leek & Gruyere Macaroni Bake	654609	Amazing Avocado Dipper	969567
Cou Penne Arrabiatta	458597	Avocado Bowl	920353
Count On Us Potato Mash With Cabbage And Spring Onion	245258	Baby Charlotte Potato Salad	188746
Ew Children's Tomato & Mascarpone Pasta Bake	685351	Baby Cherry	902076
Four Cheese Ravioli	847117	Baby Cherry Large	166300
Fruity Mango Dessert	961950	Baby Cos	977715
Meat Free Cumberland Sausages	794558	Baby Hass Avocado	229005
Med Veg Pasta With Red Pepper Sauce	470179	Baby Leaf Herb Bag	919135
Mexican Bean & Butternut Chilli Snackpot	794824	Baby Red Salad Onions	178273
Mighty Mac & Cheese Bake	994132	Baby Salad Onions	988650
Organic Broccoli, Pea, Parsnip With A Hint Of Pear	965897	Balsamic Dressing	920025
Organic Italian Bean Ragu	965859	Bean, Feta & Red Onion Relish	968799
Organic Super Green Vegetable Risotto	965910	Beetroot & Baby Plum Tomato Side	505864
Pure Apple Juice (kids Range)	492539	Beetroot Ribbon Salad	715539
Roasted Butternut Squash With Spiced Pulses & Feta	925297	Beetroot Salad	249270
Roasted Root Vegetable Tagine	811767	Beetroot, Apple & Pecan Salad With Scarlet Quinoa	969666
Roasted Vegetable Lasagne	377201	Bistro Tomato Selection	771115
Spiced Red Lentil Kofte With Tabbouleh	794794	Borlotti, Flageolet & Black Bean Salad Sop: 3 Bean Salad	537872
Spicy Paneer Curry Snackpot	796491	Brilliant Beetroot Dipper	968782
Spinach & Ricotta Cannelloni	180344	Brussels Sprout Slaw	997836
Tuscan Bean,pasta And Vegetable Stew	811798	Bunched Radish	869522
Vegetable Moussaka	675123	Carrot & Beetroot Ribbon Salad	968867
Zesty Ricotta Ravioli With Spring Vegetables	794817	Charlotte Baby Potato Salad	963824
Meat F38C		Charlotte Baby Potato Salad	392549
Spiced Vegetable & Lentil Haggis	786966	Cheddar And Apple Salad	968775
Pies F65C		Cheddar And Pumpkin Croutons	867962
		Cheese Coleslaw	961349
		Cheese Layered Salad	194044
		Cherry Vine Toms Dual Tray Size	684699
		Cherry Vine Toms Dual Tray Size	684682

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Product	Product Code	Product	Product Code
Claret On The Vine	934756	Fr Quinoa And Edamame Bean Deli Side	931922
Claret Tomatoes (irish)	809450	Fr Rainbow Deli Side	877398
Classic Side	905244	Fr Super Nutty Wholefood	877336
Co Large Rainbow Deli Side	869492	Franchise Store - Morroccan Cous Cous	701778
Co Lentil And Goat's Cheese 800g	901154	Franchise Trial - Ew Giant Cous Cous	701792
Coleslaw Co	401197	French Bread Croutons	467834
Coleslaw Side	771467	French Dressing	920056
Continental Salad Onion	920155	Fruity Coleslaw	248914
Coronation Coleslaw	505833	Fto Forager's Choice Hot And Fiery Salad	925822
Cou Trad Potato Salad	968805	Fto Large Santini Salad Bowl	975742
Couscous And Roasted Vegetables	185677	Fto Orzo Pasta Salad	975759
Cucumber	901383	Garden Side	969673
Cucumber Portion	901604	Giant Couscous & Wheatberries With Roasted Butternut Squash	495929
Deli - 'superfood' Salad	550239	Greek Feta & Olive Side	794985
Deli Coleslaw	349420	Greek Salad Bowl Eu	895927
Deli Coleslaw	961127	Growers Choice Salad Bag	773935
Deli Side Salad - Sprouting Seed	624121	Hass Avocado Loose	903318
Deli Style Greek Salad	199148	Hot Rocket Salad	868464
Discovery Seedless Red Pepper	846783	House Salad With Dressing	868549
Eat Well Carrot And Coriander Salad	156479	Iceberg	900706
Edamame And Sunflower Superbowl	798549	Iceberg Lettuce	151542
Edamame Bean Salad Dual Tray Size	683067	Iceberg Lettuce Bag H/t	683074
Edamame Soybean Salad	505994	Just Add - Beetroot & Red Onion	973250
Egg Salad Layer	868396	Large Coleslaw Ht	683081
Ew Pomegranate And 3 Grain Super Bowl	868358	Large Piccolo On Vine	564380
Ew Raw Garden Super Bowl	868365	Large Santini Salad Bowl With French Dressing	920063
Ew Super Green Bowl	868372	Lentils, Giant Cous Cous And Goats Cheese	797566
Extra Large Avocado	818780	Little Gem	900911
Extra Large Cucumber	630085	Litu Carrot Salad	671422
Extra Sweet Peppers	205887	Litu Crudite Selection And Dip	619431
F&n Avocado And Feta	963534	Litu New Charlotte Potato Salad	555180
Fat Free Mango And Chillli Dressing	870061	Loose Beef Tomatoes	900256
Forager's Choice Aromatic Salad	794930	Loose Cherry On The Vine	642972
Forager's Choice French Country Salad	868471	Luxury Crudite	37532
Forager's Choice Garden Salad	794978	Mango, Mangetout & Coriander Salad Sop: Mango, Mangetout & Coriander Salad	920391
Fr Greek Salad Bowl	931946	Mexican Coleslaw	868174
Fr Italian Bag	876957		
Fr Mixed Leaf Bag	876971		

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Product	Product Code	Product	Product Code
Mexican Corn	919975	Reduced Fat Coleslaw	319065
Mexican Rice, Quinoa & Avocado Salad Sop: Mexican Grain & Avocado Salad	31615	Reduced Fat French Dressing	354356
Mixed Leaf Duo Pack	868297	Reduced Fat House Salad Dressing	677493
Mixed Leaf Salad Bag	780506	Reduced Fat Twin Pack Coleslaw And Pot Salad	220163
Mixed Sweet Pointed Peppers	562027	Rice, Lentil & Roast Aubergine With A Garlic Dressing	898201
Moroccan Style Couscous Salad Co	431415	Rosebud Baby Beetroot	645348
Moroccan Style Fruity Cous Cous	891615	Round Tomatoes Tray Pack (irish)	809481
Multi Pack Peppers Dual Tray Size	683142	Ruby Salad	941846
Multipack Peppers	905350	Salad Bags - Wild Rocket And Red Chard	659666
New Potato & Free Range Egg Salad	605458	Salad Bowl Bag 100g	536745
Organic Celery	224567	Salad Bowl Bag 150g	459389
Organic Cucumber	981620	Salad Bowls - Beetroot And Carrot	687621
Organic Multi Pack Pepper	313513	Salad Bowls - House Salad	611251
Organic Watercress, Spinach & Rocket	255202	Salad Bowls - Tomato And Red Pepper	659444
Orzo Pasta Salad With Slow Roasted Tomatoes	564489	Salad Onions	902182
Parmesan & Cherry Tomato Italian Salad	868853	Salt & Pepper Croutons	139892
Pasta Salad With Spinach & Pine Nuts Co	431408	Santa Baby Plum Tomatoes	901161
Pasta With Spinach, Pine Nuts & Pesto Dressing	196819	Santa Baby Plum Tomatoes Eu	899413
Peashoots Bag	548106	Santa Large Plum Tomatoes	126977
Pepper Wild Rocket, Watercress & Spinach	187879	Santini Large Plum Tomatoes	126977
Peppers For Rst	495714	Santini Salad Bowl 225	933377
Peppery: Baby Leaf Rocket Salad	506397	Santini Tomato Side	539364
Peppery: Italian Style Baby Leaf Salad	169042	Santini Tomatoes (irish)	877305
Peppery: Italian Style Baby Leaf Salad	973151	Santini Tray Dual Tray Size	683180
Piccolini Cherry 250g (irish)	809498	Simply Frilly Mix.	919395
Piccolini Cherry Tomato 250g (irish)	809474	Skinny Slaw - Beetroot, Apple & Pink Cabbage	347358
Pointed Red Peppers Eu	899192	Skinny Slaw - Pickled Cucumber, Carrots & Spring Onion	347419
Pot Shots Soy And Ginger	920360	Small Beetroot Bowl	713313
Potato And Egg Tray Dual Tray Size	683098	Small Classic Bowl Ifg	713306
Pp6 Toms Dual Tray Size	684705	Small House Salad Bowl	771528
Quinoa And Edamame Bean Deli Side	868617	Small Italian Salad Bag	685382
Radish	910613	Solo: Lambs Lettuce	506250
Rainbow Deli Side	619448	Solo: Spinach	920124
Red And Gold Santini	482851	Solo: Watercress	902298
		Solo: Wild Rocket	699211
		Solo: Wild Rocket	818650
		Sorrell Salad	868495
		Spinach And Mizuna Super Salad With Dressing	868655

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Product	Product Code	Product	Product Code
Spring Onions Dual Tray Size	683111	6 Cheese Croquettes	708364
Super Green Salad	45681	6 Potato Croquettes	858526
Super Nutty Wholefood	797016	6 Potato Croquettes - Dual Tray Size	684606
Super Wholefood Salad With Basil And Mint Vinaigrette	547994	600g Carrot & Swede Crush	115636
Sweet Baby Leaf Twin Pack 2 X 50g	968874	600g Red Cabbage	162364
Sweet Chili Rosebud Beetroot	868648	600g Roast Parsnips	169547
Sweet Rosso Tomatoes	805544	900g Cauli Cheese	571876
Sweet: Baby Leaf Salad	968843	900g Ultimate Mash	330442
Sweet: Rosa Verde Salad	506267	Ayr Veg Box (meat Accomps)	817073
Tom & Mozzarella Bowl	920957	Braised Vegetable Casserole With Mini Parsley Dumplings	644631
Tomalini Tomatoes	715652	Brazil Nut, Date & Cranberry Roast With Mulled Fruit Topping 400g (counter)	644419
Tomato & Mozzarella Cheese Salad Co	401166	Breaded Camembert	387033
Traditional Coleslaw	242769	Broccoli & Stilton Soup	335041
Traditional Coleslaw	302739	Butternut Squash And Potato Massaman Curry With Jasmine Rice	997522
Traditional Coleslaw	951531	Butternut Squash Lasagne	821391
Traditional Potato Salad	798532	Butternut Squash Soup	641142
Traditional Salad Bowl	920377	Butternut Squash, Pepper And Red Onion For Roasting	59824
Waldorf Salad (gap Fill)	869041	Carrot & Coriander Soup	151351
Watercress Spinach And Rocket Super Salad With Dressing	868693	Carrot & Swede Mash	249751
Whole Cucumber Eu	899185	Carrots & Clementine	72748
Whole Cucumbers Dual Tray Size	683128	Cfto Brazil Nut Roast With Mulled Wine Fruit Topping	635196
Wsr Active Health	919418	Cfto Cauliflower Cheese	999496
Zesty Orange Salad With Crimson Sparks	794923	Cfto Luxury Vegetable Selection	80903
Traditional Meal Sol F63C		Cfto Mushroom Wellington	820219
12 Potato Croquettes	39710	Cfto Parsnip, Camembert And Chestnut Pithivier	999502
2 Baked Potatoes	122405	Cfto Potato Dauphinois	999533
2 Baked Potatoes Dual Tray Size	684637	Cfto Red Cabbage Sv2 1kg	943185
2 Mushroom En Croute	820226	Cfto Tarte Tatin	948210
2 Rainbow Root Vegetable Pies (dine In Version)	164979	Cfto Vegetable Selection	11563
250g Roast Parsnips	443012	Cheese And Onion	621328
3 Mushroom Pie With Mature Cheddar Cheese Crumble	55314	Cheese And Onion Melting Middle Croquettes X 4	708357
300g Carrot & Swede Crush	350211	Chestnut Mushroom Soup	311069
300g Red Cabbage	117982	Cornish Cruncher, Davidstow And Caramelised Onion Pie	997546
300g Roast Potatoes	136365	Country Vegetable Soup	107952
4 Baked Potatoes	122412	Cous Cous, Chickpea & Feta Cheese Pancakes	617000
4 Vegetarian Yorkshire Puddings	291293		
450g Cauliflower Cheese	858083		
450g Ultimate Mash	313643		

Products which are suitable for Vegetarians

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Product	Product Code	Product	Product Code
Cream Of Tomato Soup	772303	Mushroom & Onion Pie	644648
Creamy Spinach & Potato Gratin - Dual Tray Size	694117	Mushroom Risotto	38188
Crispy Potato Slices	59701	Mushroom Stroganoff Rice	997492
Di Macaroni Cheese	947503	Parmentier Potatoes	403573
Di Super Asparagus, Pea Spelt Risotto	63760	Parsnip Soup	940184
Dine In Chunky Chips	874502	Parsnip, Camembert And Chestnut Pithivier	999472
Dine In Frites 200g	689465	Pasta And Vegetables Bake - Dual Tray Size	684644
Festive Parsnip And Mulled Red Onion Roast	77002	Pea & Mint Soup	806107
Filled Red Peppers	531641	Pea Topped Mash	708395
Fto 4 Gastro Camenbert	926355	Peas & Carrots	649391
Fto Butternut Squash Soup X 3	907040	Petit Pois And Baby Onions 300g	805513
Fto Mushroom Stroganoff	35736	Portobello Mushroom & Red Onion Roast	943062
Fto Parmentier Potatoes	878883	Potato & Spinach Gratin	313797
Fto Peas And Carrots	878890	Potato Dauphinois	999458
Fto Red Cabbage	931465	Potato Gratin	578332
Fto Roasted Butternut Squash Lasagne With Goat Cheese	860697	Potato Gratin	852951
Fto Ultimate Mash	900300	Roast Potatoes - Dual Tray Size	684620
Fto Vegetarian Paneer Korma And Rice	946407	Roasted Butternut & Carrot Topped Mash	708401
Fto Vegetarian Root Vegetable Cobbler	946421	Roasted Butternut Lasagne	502924
Goats Cheese & Cherry Tomato Pasta Bake With Fresh Pesto	576567	Roasted Sweet Potato Cakes With Yoghurt & Mint Dressing	576550
Goats Cheese & Red Onion Lattice En Croute	55338	Roasted Tomato, Red Onion And Goats Cheese Tatin	773638
Honey Roast Parsnips	107556	Roasting Potatoes	59619
Ifg Creamy Spinach & Potato Gratin	714303	Root Veg Pie	164955
Large Carrot & Swede Mash	583435	Root Vegetable And Oatmeal Crumb Bake	644655
Large Parmentier Potatoes	481007	Root Vegetable Gratin	811941
Leek & Potato Soup	141307	Savoury Vegetable Rice	162180
Leeks In A Cheese Sauce	649407	Smoked Mash With Caramelised Ale Onion	942928
Lge Vegetable Moussaka	198721	Spaghetti & No Meatballs	843096
Macaroni Cheese	461207	Spiced Roast Parsnip Soup	287562
Meat Free Cottage Pie	843089	Spicy Lentil Soup	220552
Med Veg & Tomato Topped Mash With E.v Olive Oil	708388	Summer Minestrone	857673
Mini Favourites Cauliflower Cheese With Roasted Potatoes	356220	Super Beans And Orzo Pasta	60431
Minted New Potatoes	59589	Super Beetroot Soup	772334
Minted Pea & Feta Cakes With Creme Fraiche Dressing	576581	Super Butternut And Pecorino Barley Risotto	60448
Mushroom & Cashew Nut Roast	342971	Super Carrot And Four Grain Pilaff	60455
		Super Green Soup	690362

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Product	Product Code	Product	Product Code
Super Smooth Green Soup	71406		
Super Sweet Potato & Black Bean Soup	150613		
Super Tomato, Chickpea & Spinach Soup	70799		
Super Vegetable Soup Serves One	830980		
Superbean Lentil & Barley Soup	953061		
Tomato & Basil Soup	151344		
Tomato, Borlotti Bean & Kale Soup	946636		
Trad Roasting Vegetables	59756		
Tuscan Bean Soup	641111		
Veg Macaroni Cheese	936941		
Vegetable Cumberland Pie	304528		
Vegetable Pasta Bake	837996		
Vegetable Selection 600g	394147		
Vegetarian Kiev	252812		
Vegetarian Paneer Korma With Pilau Rice	936996		
Vegetarian Roasted Butternut Squash & Red Onion Tagine With Cous Cous	937009		
Vegetarian Root Vegetable Cobbler	936972		
Vegetarian Root Vegetable Cobbler - Dine In	945790		